
The National Membership Committee on Psychoanalysis in Clinical Social Work, Inc.

Affiliated with The Clinical Social Work Federation

Volume 20

Winter 2000

President's Message:

William S. Meyer, MSW, BCD
President



William Meyer
NMCOP President

"Do you know what I've gotten from being at this conference?" a younger woman colleague asked me at the conclusion of our New York conference. "I now feel that I'm part of a community and know that I have a heritage I can be proud of." How heartwarming this was for me. Heartwarming because it was precisely this sentiment that I could only hope our conference would engender, and it

succeeded beyond all expectations. To the 400 of you who joined us in New York I need not say more, but for the rest, permit me a few descriptive remarks.

The NMCOP conference, "Inclusions and Innovations: Visions for Psychoanalysis in the New Millennium," held in New York in late January, 2000, was not your typical psychoanalytic conference nor could it be compared to other conferences for social workers. It was a blending of the best of both traditions, and there was more than enough there to satisfy everyone, however diverse were the interests and high the expectations of the registrants.

What were the characteristics of this conference which made it so special? Partly, it was exceptional because it

occurred at a point in time when so many of us who are like-minded feel disenfranchised by the institutions we work for, by the third parties who pay us, and even by our own profession. It occurred at a time when many of us feel increasingly isolated and devalued, which may, at times, even have us questioning the worth of our own beliefs and practices – time tested beliefs and practices which have served us and our patients so well over the years in our clinical work. We find ourselves on shaky ground as our professional self-objects become an increasingly unreliable source of professional support.

But for those three to four days in New York it was magical. We were provided with a rare opportunity to regain our spirit and restore our vitality. This was our conference. We did not feel we were second class guests at the conference of another organization. We were joining other members of our profession to celebrate what psychoanalysis can bring to social work, and more importantly, what social work can bring to psychoanalysis.

There were two features of the presentations at our conference which distinguished them from those at other psychoanalytic conferences. One was the range of topics covered. Not only were there the more conventional

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... from the Editor

Donna Tarver
Editor



Donna Tarver

The newsletter welcomes reader's letters, articles and opinions on topics of the day, clinical issues, book reviews, notices or reports of conferences, and news of interest to our membership.

From the newsletter and membership of the COP a (HUGE!) **Thank You** to Rosemarie Gaeta, Judy Ann Kaplan and all those who worked so hard over the past two years to make the New York Conference such an outstanding success.

Diane Siskind gave me the chance to talk about the opportunities our Newsletter offers at the Conference Workshop for Writers. I am including an excerpt from that presentation here because it is important to the continuing growth and success of the Newsletter to hear other voices from our membership around the country.

Thanks to all contributors to this issue: Barbara Berger, Rena Bushman, Bill Meyer, Crayton Rowe, and Diana Siskind.

From Presentation at Writer's Workshop – New York Conference

This is my 4th year as editor of the Newsletter and during these four years we have been able to expand publication to three newsletters per year—Fall, Winter, and Spring; we have developed a design that is recognizable by sight; and have made headway in developing a standard

Please see from the Editor on page 6

NMCOP NEWSLETTER ADVERTISING RATES

Size on Page	Measurements	Cost
1/2 page (horizontal)	7 3/4" X 4 7/8"	\$400.00
1/2 page (vertical)	3 3/4" X 10"	\$400.00
1/3 page (vertical column)	2 3/8" X 10"	\$300.00
1/4 page	3 3/4" X 4 7/8"	\$200.00
1/2 column (vertical)	2 3/8" X 4 7/8"	\$150.00
1/2 column (horizontal)	4 7/8" X 2 3/8"	\$150.00

presentations related to psychoanalytic theory and practice, but there were numerous additional presentations with topics that comfortably fit under the combined auspices of psychoanalysis and social work. How unusual to attend a psychoanalytic conference in which there is so much focus on the mental health needs of certain sub-groups of women, the poor, the elderly, ethnic minorities, gays and lesbians, among others. How interesting and refreshing to be reminded that the traditional psychoanalytic perspective, however broad and deep, has at times been unduly narrow and limited in its usefulness to the understanding and care of various groups of individuals. Over and over again, speakers reminded us of the way the larger environment influences the intra-psychic. Second, I believe the presentations were distinguished by the openness of the presenters. Audiences were stirred by the many speakers who, rather than present remote psychoanalytic theory, spoke with great candor about the challenges of their life and work. When they shared such intimacies with their audience, they promoted a special bond with them. Quite a number of people told me that they were extraordinarily moved by the presentations they attended. Not only did we all have an opportunity to hear such prominent non-social workers as Harold Blum, Leon Wurmser, and writer Anne Roiphe, but all registrants had the opportunity to hear and interface with some of the most prominent clinical social workers and social work psychoanalysts who are practicing and writing today. We cannot underestimate how important it is for newer members to our field, (such as the woman described above) to see and hear the luminaries of our profession; for it is out of such contacts that professional identifications take root such that we add to the profession's infra-structure for the generations that are to follow us.

It must be mentioned that such great successes do not come about without the toil, sacrifices and devotion of many others. To Rosemarie Gaeta, Conference Director, Judy Kaplan, Conference Chair, and their hardworking committee, the entire NMCOP owes them a debt of gratitude which can never be repaid.

If you were not among those who could join us in New York, please note: our next conference is in Chicago, April 2002. If it is at all possible, come join us there. Once again, we will be sharing, mentoring, and celebrating with each other at our national conference. Come join the fold and be a part of us.

PRESIDENT ELECT'S MESSAGE

by Barbara Berger
President-elect NMCOP

The thing about an organization like NMCOP is that it actually does wonderful work and provides unique opportunities for professional clinical growth. The recent conference in New York, directed by Rosemarie Gaeta, is a prime example of excellent psychoanalytic education offered at an intensive and in depth level. Not only does this make me proud to be a part of the Board of this organization, it makes me very grateful to have had the opportunity to attend. Perhaps it's because the NMCOP is as enriching a group as it is, I feel that we need to be concerned with several related issues — the healthy growth of NMCOP and the potential to deliver the benefits of membership to a broader group of professionals in clinical work. Any group that wants to remain vital must have a continuous flow of new energy and enthusiasm into its membership roles. Without such additions, the older members tend to become the only ones available to keep the momentum. As a result, the group can grow increasingly inbred and isolated from the greater community. There are two populations of clinicians on whom the NMCOP could focus its efforts toward expansion. Each of these groups offers its own enlivening components and can be as important to the organization as the organization can be for them. The first of these includes the Institutes for analytic training that are attended by social workers. Many of these clinicians seem to lose their identifications with social work. This may, in part, be related to a lack of

awareness of a broad community of social work psychoanalysts and psychoanalytic psychotherapists. It is often a sense of community that inspires the loyalty of its members. Cohesiveness can evolve through the connection of common roots and interests. Knowledge of the NMCOP, with its collegiality, opportunities and benefits, could help sustain allegiance within the field and bring well-trained, advanced clinicians to the roster. Another fertile group for inclusion is that of the newer professional. The interest in learning about psychoanalytic theory and technique is certainly present in these clinicians. Access to information and to collegial connection, however, is growing more and more limited for them. The NMCOP offers unique opportunities for professional association, access to education, and encouragement around professional growth issues. The newer professional offers the incomparable enthusiasm that emerges from those who have energies as yet unsapped. Their ideas and excitement are contagious to the members of an organization whose core values include the desire to give back to the community. There is no more potent way to evoke renewed satisfaction than by a natural response to the eagerness of others to learn from those more experienced. Reaching out to these groups of professionals and finding a way to be better known among them is a great challenge. Although a major conference is a means of communicating to a broader professional community, I believe that another of our most potent resources is the area chair representative. These are a dedicated group of people who generate activities in their own regions and who are a major access for discovery of the NMCOP within the professional community. It is through their efforts that more is made possible. My own admiration for this group of hard-working people grows with each of my contacts with them. In my next column, I hope to introduce this readership to the work the area chairs have done nationally.

The Newsletter is published three times yearly in February, May and October. Deadlines for submission are January 15, April 15, and September 15.

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ARTICLES IN UPCOMING ISSUE:

- ◆ Book Reviews.
- ◆ Summary of Chapters
- ◆ Information on the 8th National Clinical Conference to be held in Chicago in April of 2002.



Diana Siskind
Book Review Editor

BOOK & FILM REVIEWS

The Social Work Psychoanalyst's Casebook: Clinical Voices in Honor of Jean Sanville

Edited by Joyce Edward and Elaine Rose
Reviewed by Crayton E. Rowe

Congratulations to the National Study Group on Social Work and Psychoanalysis for honoring Dr. Jean Sanville with an exceptional clinical work representing contemporary psychoanalytic perspectives by renowned clinical social work psychoanalysts. This volume clearly shows the enrichment that fundamental social work principles – beginning where the client is, self determination, individualization, and the development of a reciprocal relationship between client and worker – bring to the theory and practice of psychoanalysis.

The excellence of this volume speaks to the respect and gratitude that the clinical social work profession has for Dr. Sanville's unparalleled contributions.

In the *Overture* and in the first chapter, *Playing in Time and Space: An Interview with Jean Sanville*, we see how Dr. Sanville's multifaceted accomplishments as a theoretician, clinician, educator, scholar, and editor not only have benefited clinical social workers, but have enriched the broader psychoanalytic community.

As we learn of Dr. Sanville's career, we also learn the history of the development of nonmedical psychoanalytic training in the United States. We are reminded of past struggles that clinical social workers have endured in their efforts to ensure a permanent place for psychoanalysis within clinical social work.

Chapter two is entitled: *The Opening Phase of the Analysis of Mr. B: A Dramatic Transference Phenomenon*. The authors, Kerry Leddy Malawista and Peter L. Malawista use the opening phase of an analysis of a narcissistic and histrionic 45 year old man to illustrate a treatment approach that arouses the patient's interest and

curiosity in self exploration. This approach can be especially useful with a diversity of intellectual and sophisticated patients who are new to psychoanalysis. The authors present a series of analytic sessions that dramatically highlight their approach through moment to moment interchanges between analyst and patient that provide the patient a new, unexpected, motivating, and engaging experience.

In chapter three, *Nobody's Baby: A Psychoanalytic Creation Story*, Gail Sisson Steger presents the analysis of a severely disturbed patient who has had a history of separation experiences that have left her with a multiplicity of conviction-like fears of annihilation and impending death.

While many psychoanalysts would be fearful of beginning psychoanalysis with a patient with such severe symptoms, Steger clearly explicates how psychoanalysis can and should be the choice of treatment. Calling upon the work of Sanville, and, Matte-Blanco, she leads the reader through the termination of treatment that concludes with the patient's resolving inhibiting anxiety and making substantial changes in her relationships.

Laurie S. M. Hollman in her chapter, *Consideration of Constructs That Organize Clinical Data: Analytic Play, Analytic Surface, Analytic Space*, elucidates the integration of play with the more traditional drive/conflict model of psychoanalysis through her treatment of an obsessional woman who was severely inhibited in achieving wished for goals. Hollman, demonstrates through clinical excerpts how the analyst brings the patient from a state of not being able to play into a state of being able to play. She showed how expanding analytic play was essential in furthering the understanding process and in the lessening of her patient's defensive organization and harsh superego.

Samoan R. Barish's contribution, *A Woman of Her Time (Or Was She?)*, demonstrates the curative effects of psychoanalysis in her work with a woman in her 70's. Her work explodes the belief held by some that psychoanalysis is not for the elderly. Her patient, a lonely, isolated and dependent woman, gained a heightened sense of self worth, independence and an ability to actualize latent creative talents. Barish points to her own emotional development that she gained from the treatment relationship. She rightly emphasizes that treatment is a

reciprocal process where both patient and analyst can grow.

Toni C. Thompson through her work with a mentally and sexually abused patient further adds to our knowledge about who can benefit from psychoanalysis. Her contribution, *Trauma, Transference and Healing: A Case Presentation*, beautifully illustrates how the effects of trauma can be understood and worked through in the transference. As a result, the patient's persecutory ideas diminished. She gained a more realistic and positive sense of herself, and was able to establish constructive relationships.

Karla R. Clark contributes, *The Unstopped Heart: The Awakening of the Capacity to Love in a Person with a Schizoid Disorder of the Self*. She offers an example of an analysis of a 54 year old schizoid woman who entered treatment with little conscious empathy for others and with seemingly no need for empathy from others. In fact she entered treatment without admitting a need for help.

Using treatment perspectives from developmental, self, and object relations theory, Clark was able to establish a warm relationship with her patient. In time and through the careful analysis of transferences including the monitoring of her own emotional needs, Clark observed that her patient was able to allow thwarted idealizing needs to emerge and to experience love for family and friends.

Cathy Siebold's chapter, *Vacation Breaks: Opportunities for Partings and Reunions*, highlights ways that a relational focus can influence the patient and analyst at times of breaks in the work and resummptions of treatment. Calling upon attachment and intersubjective theory, Siebold shows how a two person participant approach with her suicidal and addictive patient was essential in making it possible for her patient to question her negative attitude to herself and become less resistant to form a positive attachment in the treatment.

Monica J. Rawn contributes, *A Case of Stalemate Reversed: A Second Chance*. She courageously shares her theoretical and treatment reconsiderations in a second analysis of a patient. The reader is afforded an unusual opportunity to follow her step by step shifts in coming to a new understanding of her anorexic patient. As a result of Rawn's flexibility to rethink her initial analysis of her patient in the light of contemporary theories, the second analysis led to a reversal of a long standing stalemate.

It is fitting that the final chapter, focuses on termination. Ellen G. Ruderman's contribution, *The Patient, The Analyst, The Termination Phase: Transference and*

Countertransference Considerations, highlights the salient movements in her treatment with a 41 year old man who, though successful in his profession, was unable to enjoy life because of intense unconscious conflicts that left him emotionally constricted and unable to relate. Self destructive and provocative behavior endangered both his personal and professional relationships.

Unique in Ruderman's presentation is her emphasis on the termination phase as an opportunity to work through the revival of issues of attachment and loss. We learn that it is not only the patient that benefits by the working through process, but the analyst is also afforded the opportunity for introspection, reparation and growth.

In sum, the nine clinical chapters in this impressive volume represent a wide range of theoretical and practice considerations that deserve careful study by all who practice psychoanalysis.

Reviewed by Crayton E. Rowe, Jr., Past President and founder of the National Membership Committee on Psychoanalysis.
Publisher: The Analytic Press; 1999; 256 pp; \$42.50

Aims And Purposes Of The NMCOP

- ❖ To further the understanding of psychoanalytic theory and practice within the profession of social work and to the public.
- ❖ To promote a unique and special identity for all social work professionals engaged in psychoanalytically informed practice.
- ❖ To work for equal recognition and professional parity for qualified psychoanalysts and psychoanalytic psychotherapists in social work with other mental health disciplines through education, legislation, and collaboration with other disciplines.
- ❖ To effect a liaison with other disciplines identifying themselves with the theory and practice of psychoanalysis.
- ❖ To advocate for the highest ethical standards of practice and for quality mental health care for all.

format—with recurring columns by the President and President-Elect, with a Book and Movie Review section edited by Diana Siskind; and we have worked to publicize important COP projects—such as the clinical conferences and the two books published by the Study Group. Another primary goal I have been hoping to achieve is to offer the Newsletter as a forum for new writer's to gain experience and exposure for their writing—to encourage writing and publishing among a wider group of social work analysts and psychoanalytically informed psychotherapists. I see this as key to bringing social work analysts more to the forefront of the psychoanalytic movement in this country and to gain some headway in getting the teaching of psychoanalytic theory and technique into the curriculums of social work programs across the country.

I am inviting all of you—particularly the novice and want-to-be writers here today to consider the newsletter as an opportunity to develop skills and confidence in your writing; to use the newsletter to gain exposure for publishing of theoretical and clinical articles—even for works in progress, a paper that will become a journal article or later be expanded into a book; or to communicate your ideas about social work practice, education and training, needs in your community, news items or other of your interests and concerns. There are many different formats that can be used—interviews, profiles of people of interest, and many more. There is room in the newsletter for this and more and I would like the newsletter to reflect a broader spectrum of thought than just that of the Officers and Board of the COP.

Your submission does not have to answer every question it raises. I think that one of the primary purposes of writing is to stimulate critical thought—not to supply all of the answers. Many people are inhibited from writing by the fear that they cannot produce a perfect enough piece...and thus we miss out on valuable contributions to our thinking and practice.

In a newsletter particularly, we are looking for a concise, clearly written piece—from 300 word news and informational articles to book reviews which may run longer, at times up to 1600 or 1800 words. As a rule of thumb, a typical article should ask a question or questions, provide information to answer the questions, and clearly present the writer's findings and conclusion. If you have questions about an article that you are thinking of writing, please contact me and we can discuss it. If you have concerns about your article, submit it and we will work with you to edit it if needed. You should submit two double-spaced hard copies of your article, and if possible

the article on disk in either MS Word or WordPerfect format.... Alternatively, the article can be submitted to me by e-mail. If you have further questions about the Newsletter, please contact me. If you have an interest in contributing or ideas to enhance the Newsletter, please send me your Name, Address & Phone Number, and I will be in contact with you.

INNER TORMENT: LIVING BETWEEN CONFLICT AND FRAGMENTATION

Salman Akhtar, M.D.

Jason Aronson, Inc.

Northvale, New Jersey; London, 1999, 318 pages

Reviewed by Rena Bushman, C.S.W.

My introduction to Salman Akhtar occurred during a recent scientific conference of my alumni association, New York School for Psychoanalytic Psychotherapy and Psychoanalysis (NYSPP). He presented his paper in such an engaging way that he captivated the group, led us through the complexities of psychoanalytic thought as he integrated treatment and technique. I was delighted when Diana Siskind invited me to review his book and expected the task to be a longer more indulgent version of the earlier event. The title intrigued me as it did one of my patients who noticed the book on my desk. She saw it, gave me a furtive smile, and then wondered during the session about its contents. She wanted it to be about her so that I might know about her inner torment without us having to work it through in the psychoanalytic process or as Dr. Akhtar describes in discussing Mahler's development. To some extent, my patient got her wish as it meshed with my intention to read this book with an eye to a better understanding of the inner struggle of various patients who felt tormented themselves or tormented others and the ones that evoked that countertransference reaction in me.

We do not use a procrustean bed when patients do not fit the theoretical model that informs us. Rather, we look at our patients as unique individuals. Akhtar's work bridges the gaps to find what is valuable in theories and theoreticians that may be at odds with one another. He refers to the controversies, debates and schisms of Freud and Ferenczi, Klein and Balint, Kernberg and Kohut but shares with us his ability at synthesizing the literature, and juxtaposing information to give us a palate to use, to mix with our own thoughts, experiences and creativity. As we look with him at conflict and variation in theory

we have the opportunity to expand our knowledge and tools of our trade. There is only one chapter of his book that is specifically devoted to conflict—that between Kohut and Kernberg. However, he contrasts opposing theories in each part of his book. For example, in his chapter on aggression he considers the instinctual destructive nature of aggression from the perspective of Freud, Ferenczi, Klein and Federn at one extreme and then the variations on this concept in the theories of Anna Freud, Hartmann, Kris and Loewenstein, Waelder and Brenner, and the further modifications of these ideas in the non-destructive components of aggression proposed by Winnicott, Parens and Kernberg. Finally, at the other extreme he describes the ideas of Suttie, Fairbairn, Guntrip and Kohut which omit an instinctual basis of destructiveness altogether.

Akhtar wends his way through psychological literature with great skill. In his first section on foundations, he talks about object constancy, stressing the work of Mahler and her exposition of the mother-child relationship. He reminds us of the necessary balance and modulation of internal and external stimuli which must be supported to allow for the development of structure formation. He also notes the work of Blum to address the ensuing results of mother's failure: poor frustration tolerance, and impulse control, fragile self-esteem and unneutralized aggression which lead to sado-masochistic dispositions and rage reactions (p. 13). Looking at my patient mentioned earlier we can see these effects. Overstimulated rather than soothed, she relies heavily on others for soothing to keep her self-loathing at bay. She is alternately grateful or enraged with family members, colleagues, or me for supporting or failing her, and she continually searches for a new object, a new support group. Always she envisions the good feeling outside of herself because there is no secure internal self-regulation. She is as Akhtar would tell us both dependent and in a rage at those around her, alternately destroying and engaging them. Her weak object constancy impairs her capacity to mourn, tolerate ambivalence and maintain optimal distance (p. 21).

He discusses needs and wishes and we can see how they impinge on the development of object constancy. He develops some of his own ideas in the concepts of

“someday..” and “if only....” Unsupported in one's independent strivings makes it difficult to live in the present. There is intense nostalgia and in this state one is “constantly wringing one's hands over past events” (p. 18). Her lost job opportunities, or old boyfriends become overvalued while current career advancement of life partner is devalued. She is either stuck in the past, in the notion that if something were different she would not be suffering so, or in the magical belief that someday everything will be made right. There is a continual search for the good mother representation from the symbiotic phase which she looks for through infatuations and perverse sexuality. She obtained very thin support to aid in her independent strivings and now in treatment she struggles between the fear of engulfment and longing for symbiotic bliss.

While Akhtar makes some references to technique, as in his comment that the analyst must avoid interpretive intrusions, his work is more focused on a dynamic understanding of personality. He studies the foundations of personality structure: object constancy, aggression, love, hate, wishes, needs, freedom and boundaries. Topics are examined individually, as they relate to one another and to the whole personality. For example, that aggression is necessary for mastery and structuring of the object (object constancy) and that object constancy will affect the force and form of the aggression. Drives will affect the affects of love and hate and affects will influence the expression of the drives.

Akhtar examines what is often taken for granted looking at words and concepts theoretically, intuitively, practically. He has the ability to accept paradox, to simplify a concept, but also to value it as a whole along with a contradictory one. In that way he is a gifted teacher both creative in his own understanding of character formation and personality structure while making the concepts accessible to the reader to develop his own dynamic formulation of his patients and the therapeutic process. I find this ability to convey neutrality vital. We have no absolutes in our psychological understanding and Akhtar helps us listen with an even hovering attention.

Akhtar always leaves us with questions and it is struggling with the answers to these questions that continues to help us in our professional growth and work with our patients.

Copy Deadline for our next issue

is

September 15, 2000

Rena Bushman, C.S.W. is a practicing psychoanalytic psychotherapist in Greenwich Village, Manhattan, formally of the board for the Society of the New York School for Psychoanalytic Psychotherapy and Psychoanalysis.

VERY EARLY BIRD REGISTRATION

**(RE) PRESENTATIONS OF THE PAST
PSYCHOANALYTIC REFLECTIONS ON REPETITION**

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IMPORTANT BOOK NEWS: A BOOK IS ON THE WAY

Diana Siskind

Directly following our *WORKSHOP ON PROFESSIONAL WRITING* held at the NMCOP conference in January 2000 in NYC a member of the audience approached one of our panelists, Jason Aronson, the publisher. She described the subject matter of a book she had been working on and wondered whether it might be of interest to him. It was.

Dr. Aronson told me of this encounter later that evening as we ate our dinner at the Chinese banquet that followed the day's rich events. He spoke of this encounter with enthusiasm and when he told me the subject matter of the proposed book I understood his eagerness to see what had been written so far. At his request, the aspiring author agreed to mail her work to him as soon as she returned home.

Last week while speaking to Jason Aronson about another matter I remembered this conversation (of two months ago), and asked whether there was a sequel to his conversation with the person who had had the promising book idea. "Why the book is already in production" he said, "It's being copy edited right now. It wasn't just a book idea, it was a completed book". He told me that the author had sent him a manuscript a few days after the conference. He liked it so much that he accepted it for publication on the spot. The book title is **UNDERSTANDING THE BORDERLINE MOTHER**. The author, Christine Lawson, came to our conference from a small town outside of Indianapolis, Indiana.

After speaking to Jason Aronson and learning this wonderful news I called Dr. Lawson to congratulate her and to tell her that I was planning to share this news with our members. She described how thrilled she was and how surprised that everything was moving so fast. She told me that she couldn't bring herself to put away the conference program; she keeps it in sight as a reminder of what had been a momentous event in her life. I asked her whether she knew that the book already had a publication date: October 19, 2000. She had not known this and she was very excited to have an actual date to look forward to.

When I originally proposed a workshop on professional writing to the program committee my primary goal was to bring together aspiring writers with published authors and publishers so as to inspire, instruct and generally demystify the process leading to publication. That it so quickly matched an author with a receptive publisher is a

bonus beyond my expectations. I hope that many other aspiring writers will be motivated by this event and follow suit.

UNDERSTANDING THE BORDERLINE MOTHER by Christine Lawson, Jason Aronson Publisher, due date October 19th, 2000, will be reviewed in these pages as soon as it comes off the press.

REFLECTIONS 2000 SETS SCHEDULE

THE SOUTHERN CALIFORNIA AREA COMMITTEE is pleased to announce that its **REFLECTIONS 2000 SERIES: WOMEN IN THE MILENNIUM; CLINICAL AND TREATMENT PERSPECTIVES** given once a month at the home of Dr. Jean Sanville, has been enthusiastically received by the Los Angeles mental health community. A series on psychoanalytic and psychotherapeutic thoughts about women and the reciprocal impact of society and culture upon them, the series focuses on women in America, embedded in a culture in which they experience the many challenges of paradox, flux and change. This diverse program offered by the Southern California Area Committee elaborates upon these challenges, and addresses the multiple issues encountered by women of the millennium as they face the confusion and complications of their multiple roles in a changing society.

Professional and clinical issues and theoretical and treatment concerns have been topics for discussion as the Reflections 2000 Series on Women focuses its lens upon women at work, women in familial and social relationships, and women in therapy. In addition to attachment and separation and individuation issues for women in this society, minority women are caught in cross-cultural demands and must face additional pressures of racism and chauvinism. How psychotherapists and psychoanalysts may address these issues by highlighting differing transference and countertransference paradigms has been a crucial part of the series.

This exciting Series began on January 8, 2000 and will continue throughout the year. We have been particularly delighted with the audience response and the lively and interactive exchanges following each presentation. In addition, clinical social workers have an opportunity to meet with colleagues prior to the presentations and during the refreshment breaks.

Reflections 2000 continued on page 9

JANUARY 8, 2000:

PSYCHOANALYSIS, WOMEN, AND CULTURE

Ellen G. Ruderman, Ph.D.: Nurturance and Self-Sabotage:
Reflections on Womens' Ambivalence About Success

Jean Sanville, Ph.D: Death of Gender Stereotypes or the
Birth of New Fictions?

FEBRUARY 12, 2000:

**ATTACHMENT THEORY AND THE REGULATION
OF AFFECT: DEVELOPMENTAL CHANGES FOR
WOMEN ACROSS THE LIFESPAN**

Penelope Katz, Ph.D.

Pat Sable, Ph.D.

Judith Schore, Ph.D.

*This program will be co-sponsored with the California
Institute for Clinical Social Work.

MARCH 11, 2000:

**ISSUES FOR MINORITY WOMEN IN OUR
CULTURE: IMPLICATIONS FOR CLINICAL
PRACTICE**

Masayo Isono, LCSW

Rita Ladesma, LCSW, Ph.D.

Amy Iwasaki Mass, Ph.D.

Martha Watson, LCSW

APRIL 8, 2000:

**WOMEN IN MID-LIFE: THE BODY-MIND
CONNECTION**

Rosalyn Benitez-Bloch, DSW

Larrian Gillespie

Estelle Shane, Ph.D. - Discussant

MAY 20, 2000:

**LESBIAN LIVES: TOOLS FOR PSYCHOANALYTIC
REMODELS: STRAIGHT EDGE RULERS AND
LESBIAN RULERS**

Maggio Magee, MSW

Diana Miller, M.D.

JUNE 17, 2000:

**SHIFTING PRIORITIES FOR WOMEN. INNOVATIVE
REVISIONS OF PSYCHOANALYTIC THOUGHTS ON
WOMENS' DEVELOPMENT**

Margaret Frank, LICSW, BCD: Women and Ambition:
Outer World Pressures and Inner Conflicts

Ellen G. Rudernan, Ph.D.: Discussant: Ambition,
Assertiveness, and Achievement in Women:
Countertransference Considerations

SEPTEMBER-16, 2000:

THE AGEING WOMAN CLINICAL PERSPECTIVES

Samoan Barish, Ph.D.

OCTOBER 21, 2000:

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