

# National Membership Committee on Psychoanalysis in Clinical Social Work, Inc.

Letter

Spring 2006

## From the President

### *NMCOP—Psychoanalysis, Social Work Style*

Our Board has been very active since my last report in the Winter 2006 issue of this Newsletter. We are continuing to pursue the three main objectives we adopted for 2005–2007: to make our 2007 conference, “The Examined Life,” our most successful educational event ever; to expand membership by supporting outreach at the grass-roots level; and to increase our visibility as a national clinical social work organization. Toward that end, we have doubled the number of telephone conference call meetings and we have appointed new national committee chairs: Anne Garity (MN) has

agreed to head up our new Research Committee, and John Chiaramonte (NY) is now our membership chair. Should you wish to join either committee, I guarantee both chairs would be delighted to hear from you. The *Call for Papers* for the conference has also been sent out. If you missed it, contact Barbara Berger (IL), conference chair. (See last page for e-mail addresses and phone numbers.)

### **NMCOP PRESIDENT**

*Marsha Wineburgh, DSW*

Our board of officers and committee chairs meet more or less twice monthly via a telephone conference system. Although conference calling is convenient for nationally scattered board members, it has its interpersonal limitations. Consequently, each year we gather for one in-person board meeting which was recently held on the west side of Manhattan over April Fool’s weekend. This year, for the second time, we coordinated meetings with the Study Group, chaired by Drs. Eda Goldstein (NY) and David Phillips (NY), and met at the same hotel so we could interact, exchange ideas and share reports. The Study Group, as you know, consists of a dozen or so social work scholars who develop original contributions to clinical social work through book publications, film-making and educational programs. They are a committee of the NMCOP and are fully supported by our funds. Currently, they are in the midst of planning our pre-conference program

*See President’s Message on page 16...*

**NMCOP —**  
*rooted in the past, focused on the present,  
looking toward the future*

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**www.nmcop.org**

# from the Editor...

Donna Tarver,  
Editor



The NMCOP board met for its annual in-person board meeting April 1 & 2 in New York. The location, accommodations, food, etc. were all so well done. We thank Penny Rosen for making these arrangements for us! She is really an expert at this and too modest to take credit for it. Besides the rather mundane business of running an organization like the NMCOP, we had the opportunity of meeting some new members and hearing about some interesting new ideas. We had the opportunity to meet Samoan Barish our new president elect (see facing page). Samoan joined our monthly conference calls a few months ago, but it was great to meet her in person. We also met John Chiamonte, who is to be our new membership chair. John is an energetic, resourceful person who will be able to take over the membership reins from Anne Gearity without missing a beat. We thank Anne for her long years of service as membership chair and her many innovations that have made possible our ability to track and understand our membership patterns. We are happy that we are not losing Anne from the board. She will be taking over the leadership of the Research Committee, and we look forward to the developments in this heretofore un-developed area.

We had the opportunity to hear about two special projects. Cathy Siebold and Ellanor Cullens reported on the CEU website, which is up and running (see article on page 7). Thanks to both for their work in researching and getting this great idea implemented so quickly. Be sure to check it out at [www.psychoanalyticce-credit.com](http://www.psychoanalyticce-credit.com).

Joel Kanter made a second presentation to us about developing an online journal. This gives an opportunity for papers to be presented on the web on a variety of topics and to be presented on issues of the moment. This is a project that the Study Group has been working on over the past year. With the board's approval, Joel will be moving on to set this up and we will look forward to seeing more about it soon.

Congratulations to Carol Tosone who will become the next editor of the *Clinical Social Work Journal*. Carol spent some time with us sharing her plans and vision for the future of the journal. We look forward to working with Carol and hearing more about her plans. Many thanks to Carolyn Saari, who is retiring from editorship, for her many fine years and success as editor.

In addition to the aforementioned board activities, we heard reports from many of the areas; a comprehensive financial assessment from Terrie Baker, our treasurer; news of the upcoming conference—"The Examined Life"—from Barbara Berger, conference chair; and reports from our other committee chairs. We were delighted to meet Joan Rankin, who gave us a report of Southern California activities. There is the possibility that Joan will assume the Southern California Area chair position from Ellen Ruderman in the near future.

The Newsletter welcomes readers' letters, articles, and opinions on topics of the day, clinical issues, book reviews, notices or reports of conferences, and news of interest to our membership. The Newsletter encourages social workers who have an interest in writing to use the Newsletter as a vehicle for converting their interest into the writing process.

Thanks to all contributors to this issue: Karen Baker, Barbara Berger, Judy Kaplan, Lynn Lawrence, Penny Rosen, Ellen Ruderman, Cathy Siebold, Diana Siskind, Carol Tosone, Wendy Winograd, and Marsha Wineburgh. ■

25<sup>TH</sup> ANNIVERSARY

N M C O P

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# Samoan Barish, NMCOP President Elect

By Donna Tarver

It is a pleasure to have the assignment of introducing our new president elect, Samoan Barish, to you—our members and readers. We could not have had a better introduction to Samoan than her article in last fall's issue, "Suffering and Its Vicissitudes: My Brother, Myself, and My Patients." She speaks to us as a therapist, a sister, and as a fellow human being struggling to find a way to better understand and think about suffering. She draws from psychoanalytic writings and theories, literature, religion, philosophy, anthropology, and from her patients (often our best teachers). If you did not read her article, I urge you to do so.

Samoan has a connection with both California, her present home, and New York, where she lived until receiving her BA from City University of New York in 1959. This uniquely prepares her to be our president as these two states historically have held more members of the NMCOP than any others. While doing undergraduate work, Samoan was carefully considering the careers that she thought best suited her interests and aptitude and settled on social work. Upon graduation, she took her first flight ever to attend graduate school at the University of California, Berkeley School of Social Welfare, receiving her MSW in 1961. Subsequently, she received her DSW from the University of Southern California School of Social Work in 1975 and her PhD in 1992 from the Southern California Psychoanalytic Institute. She has had a long commitment to enhancing the social work profession.

Samoan's present roles include board member, International Federation for Psychoanalytic Education; faculty and former dean (1992–1999), Sanville Institute (formerly California Institute for Clinical Social Work); training and supervising analyst and former board member, Institute for Contemporary Psychoanalysis, faculty and former board member, the New Center (formerly the Southern California Psychoanalytic Institute); and membership on the steering committee for the Soldier's Outreach Project. She is also a member of the Social Service Commission, City of Santa Monica. Samoan maintains a private practice in Santa Monica and Pasadena, CA, where she sees patients and does private individual and group supervision.

Additionally, Samoan has served on the Joint Merger Implementation Committee (2003–2005) of the Southern California Psychoanalytic Institute (SCPI) and the Los Angeles Psychoanalytic Society and Institute (LAPSI); on the "Uprooted Mind" Conference Organiz-

ing Committee for All Southern California Psychoanalytic Institutes (2003–present); as a lecturer at USC; and as a consultant to Chrysalis Social Service Agency for Homeless (1998–2001). Earlier in her career she was chief psychiatric social worker, Glendale Guidance Clinic, Glendale, CA (1967–1972); psychiatric social worker, Pasadena Guidance Clinic, Pasadena, CA (1964–1966); and on the staff of Oakland Naval Hospital, Neuro-Psychiatric Department (1961–1963).

Over her career, Samoan has published and made presentations on topics including clinical listening, self psychology, interruptions in treatment, women and the meaning of work for women, therapeutic neutrality, the therapist's experience of termination, and, more recently, on marriage and marital therapy, self and society, and the history of CICSW, as well as the article on suffering for our fall newsletter. She has presented and been published in many forums, a few of which include NMCOP conferences, multiple California psychoanalytic institutes, the California Society for Clinical Social Work, *Clinical Social Work Journal*, and *American Journal of Psychoanalysis*, and has published chapters in *The Social Work Psychoanalyst's Casebook*, as well as in *Therapies With Women In Transition*.

Perhaps fulfilling her social consciousness, which strongly developed in her early adolescence, Samoan was appointed in 1996 and continues to serve as a commissioner of the City of Santa Monica Social Service Board. As part of this work, she has taken a special interest in issues affecting the homeless, as well as in looking at the poorer areas of the city where there are gaps in social services.

In preparing for introducing Samoan to you, I read several of her articles. I was struck by how clearly her presence was felt in each one. Without intruding on her subject, she gave a clear picture of how her topic became of interest to her, how her thinking about it developed over time, and the conclusion she has drawn from her study of the topic. Similarly, I hope that I have been able to bring Samoan to life for you in this profile.

In our next issue I will interview Samoan. ■

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**Fall Issue...**

*Deadline for submissions is September 15, 2006*

# Writing for Publication: Some Reflections and Tips\*

By Cathy Siebold, DSW, LCSW

In a recent issue of the *New Yorker* (June 14 & 21, 2004), Joan Acocella wrote about the origins of the construct of writer's block, a condition afflicting writers' productivity. According to Acocella's research, the English Romantics were the first to describe writing inhibitions. The Romantics ascribed the inability to write to external, almost mystical, forces. The French Symbolists were the next to proclaim difficulties in producing the written word. For the Symbolists, however, the root cause was a lack of adequate words. They complained that the existing language was too vague or cliché ridden to adequately capture their sentiments. In America, the inability to write entered the discourse in the 1940s and '50s. Mad genius or frustrated oral strivings were the proclaimed source of these writing difficulties. Psychoanalysis became the treatment of choice to free writers of the internal forces that blocked their creative efforts. If we recognize that ascribing psychological meaning to any number of life events is a recent construction, this helps us to understand why acknowledging the existence of writer's block is a relatively recent social phenomenon.

Since the 1950s, the idea that creative abilities can be influenced by unconscious processes has gained broad acceptance within psychoanalysis. Clinicians, too, are engaged in a creative process. Each patient brings a unique experience, which we strive to find ways to understand and mitigate. One way that we learn about our patients and ourselves is through writing about our knowledge and experience. Like novelists, clinicians have a compelling story to tell. Yet, like other writers, clinicians struggle with their own particular demons when trying to write.

The difficulties in exposing our work in print are as varied as the clinicians who attempt to write. Is it good enough? Do I know enough? Will I be shamed for exposing myself? Will I harm my patients by writing about them? Am I exploiting the patient for my own grandiose needs? These are among the questions/thoughts that come to mind when contemplating the emotional source of the clinician writer's struggles. Such questions are best addressed through personal analysis or writers' workshops. What I would like to address in the rest of this article is of a more factual nature—the nuts and bolts, if you will, of clinical writing. There are

a number of issues to consider in regard to writing for publication, among them the types of publications, the review process, and the rules about confidentiality when writing about patients.

There are diverse ways to begin publishing your ideas. Among the easiest is to write a book review or newsletter article. I say easiest, not because these reviews and articles don't require the same attention to writing as peer reviewed journal articles, but because they do not require that the idea be original, extensively researched, or lengthy. Newsletter articles can be informative—as I am attempting to be in this one. Such articles can also articulate something of interest to a particular clinician that he or she would like to share with colleagues. What a book review or newsletter article does not require is that the clinician present an innovative idea or that he or she demonstrate a thorough grasp of the relevant research associated with the topic.

Newsletter articles are usually reviewed by the newsletter's editor. The National Membership Committee on Psychoanalysis, Division 39, and the National Federation of Clinical Social Work are organizations that publish newsletters. These organizations, too, are interested in a range of topics about clinical work, new legislation or book reviews. All journals and some newsletters have book review editors who look for possible submissions. The book review editor usually makes the decision about whether the submission is acceptable. Possible reasons for rejection might be that there had already been a review of the book, that the book's contents were not relevant to the journal, or that the writer did not demonstrate a clear grasp of the material.

In the modern age, the Internet, too, has become a place for publishing one's ideas. As with newsletters, internet articles are often published without peer review. Usually the editor or the person in charge of the website is the determiner of acceptance. Recently, NMCOP has developed a website to provide Continuing Education Credits for clinicians. Although most of the website offerings are published books, articles that are unpublished but explore psychoanalytic practice in a meaningful way are also being used for self study. Presentations offered at conference but not in a format that would be published by a journal are an example of the kind of written article that would be of interest to the CEU website. You can see for yourself at

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\* A version of this paper was published in the PPSC E-Newsletter in 2005.

<http://www.pschoanalyticce-credit.com>

Essays are another category of written work that permits the author more freedom than peer review journal articles. Citations are not significant because usually an essay reflects personal opinion. Essays, too, can be a way to begin writing about your ideas without researching extensively to see what else has been written and how your idea fits in with past and current thinking. The 2007 NMCOP Conference *Call For Papers* is looking for essay submissions. Presenting at a conference is another way to write and obtain feedback about your ideas. If you are concerned about whether your piece is appropriate for a conference or publication, a quick email to the editor may get you an answer. Alternatively, journals usually have a statement about their emphases on the first or last page of the journal. They also include all the information about how to submit a journal article, including length, format and citations.

Most journals are peer reviewed. That means each submission is reviewed by the editor and at least two other members of the editorial board to see if the article is acceptable for publication. It helps to review the journal's publications to see if what you want to write about is a topic of interest to the journal. Some journals have a particular theoretical orientation or are more interested in clinical material or research. Reviewing a few issues will tell you about the types of articles that the journal is interested in publishing.

Both the *Clinical Social Work Journal* and *Psychoanalytic Social Work*, for example, are interested in publishing articles about clinical experience from a range of perspectives. *Modern Psychoanalysis* is an example of a journal that emphasizes a particular theoretical perspective. The *International Journal of Psychoanalysis* publishes a range of articles about practice, but it also publishes articles about philosophy or education. Like the *Psychoanalytic Study of the Child*, the *International* also publishes formal research papers.

Psychoanalytic journals are as diverse as are ideas about psychoanalysis. One can even find a *Journal of Psychohistory*. The authors' task is to find a journal that will embrace their ideas rather than reject them. Many doctoral candidates want to publish their results. Seeing where your ideas best fit will be helpful in obtaining a positive reaction to your article. If the first response to your article asks for revisions, take heart. This is the most common reply to authors. It is rare that an article is complete when it is first submitted.

After the initial narcissistic blow of not being im-

mediately accepted for publication, look at the review again; it probably has some helpful ideas. If it seems to you that the reviewer is grinding his or her particular axe into the review of your article, try another journal or have a colleague, who is willing to offer constructive criticism, look at it. Be prepared when seeking such critique to relinquish your favorite sentence or paragraph. The outside observer usually has a point when questioning the need for certain material. In my experience as a reviewer, among the most common difficulties is that the author is vague about the focus of the article or buries a major thesis somewhere in the middle of the article.

When writing for a journal, be prepared to wait to hear if your article has been accepted. Depending on the journal, the wait can be anything from one to six months, sometimes longer. The time frame relates to the number of submissions that the journal receives and the wait for editorial board members to review and submit their comments. Submitting your article to different journals at the same time is not common, nor is it an acceptable practice. Once an article is accepted, there is also usually a wait before it appears in the journal. So patience is helpful. One final form of article is the book chapter. Although most books are written by a single author or an editor who chooses the authors to write for the book, periodically there will be a call for papers to be part of a book. The process of review may be similar

*One way that we learn about our patients and ourselves is through writing about our knowledge and experience. Like novelists, clinicians have a compelling story to tell. Yet, like other writers, clinicians struggle with their own particular demons when trying to write.*

to that of a journal, or it may be overseen by the editor of the book. Either way, paying attention to how well your ideas fit the book's stated purpose is the best way to decide if you should submit an article.

Another issue of concern when writing an article is confidentiality. More often than not articles contain information about patients. When writing about a patient, it is always the clinician's responsibility to protect the patient's anonymity. A number of articles have been written describing how to protect the patient's privacy (e.g., Clift, 1986). To summarize some of these articles' major points, the best way to protect a patient's identity is to forgo telling exact names, ages,

*See Writing on page 15...*

# Health Care Privacy & Confidentiality

by David A. Rodgers, PhD

President Elect, National Academies of Practice, and Distinguished Practitioner, National Academy of Practice in Psychology

Major federal effort is being directed toward controlling the privacy of health care information. Two examples are the Health Insurance Portability and Accountability Act (HIPAA) and its implementing regulations (already in place) and HR 4157, a proposed bill currently under serious legislative consideration. While both have desirable features, both contain serious flaws that can allow dangerous breaches of privacy.

The National Academies of Practice (NAP) is an honorific group representing the major health care professions in the United States. Henry Saeman, Founding Editor of the National Psychologist was a Distinguished Honorary Member of NAP. After review, NAP has concluded that current trends in privacy policy are exposing national health care to disastrous unintended consequences. NAP Council recently adopted a white paper that describes its concerns. That paper is accessible at [www.napnet.us/policypapers/privacyrecords](http://www.napnet.us/policypapers/privacyrecords). The public needs to be alerted to our concerns.

Effective health care depends on completely open communication between the patient and the health care professional. Without such openness, relevant and effective health decisions cannot be made. Before such unguarded communication will occur, the patient must know that sensitive information will remain absolutely confidential. Health information falling into the wrong hands has caused people to lose their jobs, their insurance coverage, and even their normal freedoms. The hazards are, and always have been, sufficiently great that people will not communicate openly if they are not protected from those hazards.

Confidentiality was the bargain that was struck some 2400 years or so ago, with the Hippocratic Oath. That oath and its guild-enforced promise of confidentiality guided the development of Western health care. Until less than a century ago, the professional could promise confidentiality, because the patient-professional relationship was essentially one-on-one. That is no longer the case. Today, the health care system has grown such

that information is necessarily shared among numerous professionals, is screened by insurance carriers for economic reimbursement, and is archived on permanent records accessible to many. The individual professional no longer controls the information, and cannot guarantee confidentiality.

An ever-growing systems approach to health care has created a bubble of "need-to-know." The patient and everyone else benefits if the relevant information circulates freely within that bubble, but it must remain confidential from the outside world if patient trust and system functionality are to be maintained. The solution is to allow the "bubble of confidentiality" to expand but to surround it with an absolute shield of privacy. Except for use within the health care system itself, the records must be sealed and the pledge of confidentiality of everyone with access to the information, including commercial interests, must be assured.

Current trends in privacy law are establishing more a sieve than a shield around the confidential information. Three influences seriously jeopardize privacy:

1. Increasing reliance on vulnerable electronic media for basic health care records.
2. Increasing acquiescence to commercial demands for information, for marketing and other profit motives.
3. Increasing demands of security and other justice systems for health information, for investigative and prosecutorial purposes.

Current electronic records are housed within a sieve. They are subject to hacking, to instant access from remote locations, to rapid copying and easy transportation, etc. These holes require technological solutions, not just regulatory ones. Such solutions are possible, and the benefits of an electronic record clearly warrant pursuing them. However, to date, insufficient attention has been given to the need, and vulnerable electronic records are given to the need, and vulnerable electronic

See *Privacy* on page 14...

*Founded in 1981, the National Academies of Practice is a 501(c)(3) organization consisting of elected distinguished practitioners and scholars from ten healthcare fields including social work, medicine, nursing, dentistry and others. NAP works to promote the public's health through interdisciplinary care and informing public policy. Following is a brief version of a position paper on privacy and confidentiality. This is one in a series of public policy statements by the NAP. For the full version and other information please visit the NAP website at [www.napnet.us](http://www.napnet.us).*

# Read Any Good Books Lately?

by Cathy Siebold

Over the past year Ellanor Toomer Cullens and I have been working with a web designer to establish a Continuing Education Website allowing NMCOP members, as well as other mental health providers, to obtain CEU credits through self study. I am pleased to say that our website is up and operating and can be viewed by going to <http://www.psychoanalyticce-credit.com>.

There are a number of NMCOP members who have contributed books and articles to the website. It is our hope that members will use this means of self study to obtain future Continuing Education Credits. Many states accept this method of study. But it is important that members check to see that their state accepts this form of credit. California, Illinois, Georgia and Massachusetts are among that states that allow social workers to obtain continuing education credits in this manner. On the website, you can click on the link to see if your state is approved.

At this time, I would also like to invite members to contribute new course offerings to the site. For those who would like to do this, we will waive the cost for a course of equal credit. Contributors would be required to write a brief description of a book or video, its author, and some questions about the book or video. If you have read a book or seen a video that you feel would provide useful knowledge to our members and would like more specific information about how to obtain a free course for yourself, please contact either Cathy Siebold, [c.sieboldsw@verizon.net](mailto:c.sieboldsw@verizon.net), or Ellanor Cullens, [etcullens2@worldnet.att.net](mailto:etcullens2@worldnet.att.net).



## MESSY SITUATIONS IN SUPERVISION

The Pre-Conference / Thursday, March 8, 2007

On the day before the full conference begins, Thursday, March 8, 2007, the Study Group of the NMCOP traditionally sponsors a full day of additional conference activity. It's a day that often isn't advertised with the energy of the main conference—so, sometimes, it doesn't receive the attention it deserves. But, this precursor for "The Examined Life" conference will be an incredible conference kick-off. Everyone needs to know that it will be an unusually informative and fun experience. Hopefully, this advance notice will provide the information necessary to encourage participants to plan accordingly to include the pre-conference in their conference going agenda.

Jeffrey Applegate, PhD, will moderate a whole day of panels, presentations and interactive experiences on "Messy Situations in Supervision." Under the best circumstances, supervision is itself a challenge. But, what happens when all is not well? The dilemmas become supervisory conundrums—a maze of pathways that overlap teaching with treating, educating with ethical considerations. Resources for understanding and working with such difficulties are few and often unavailable to many supervisors, whether they are working in agencies, privately or in school fieldwork programs. Dennis Miehl, PhD, clinician and associate professor at Smith College, will contextualize in theory the supervisory quandaries that will be the subjects of our explorations.

Vicarious trauma is one of the most difficult of challenges for supervisors. How does one work with the emotional and psychological effects on clinicians caused by constant, repeated exposure to the details of the traumatic experiences of others. Mary Jo Barrett, MSW, director of the Center for Contextual Change in Evanston, Illinois, will present her extensive work in this area. Jill Gardner, PhD, lecturer at the School of Social Service Administration, University of Chicago, and clinician in private practice, will speak about supervising the impaired clinician. Whatever the nature of psychological issues facing a supervisee and interfering with the therapy, the supervisor may find herself in a situation mined with complexity and complications. Finally, Philip Ringstrom, PhD, will conduct an interactive discussion on countertransference gone awry and boundary violations in supervision. He'll use Dr. Jennifer Melfi of *The Sopranos* as a case example to which everyone can relate. Vignettes from the television drama will be used to bring the case to life.

This day will provide a rare opportunity for learning in a collegial setting, with an outstanding faculty. Join us for this additional day—the pre-conference day—"Messy Situations in Supervision." Then stay for "The Examined Life," March 9–11, at the Swissotel, Chicago.

# Area Representatives' Corner

## California (Northern)

Velia Frost, MSW, Chair  
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This has been an active year for us. Our first program in December 2005 focused on film clips portraying woman therapists from 1970 to the present. The presentation by Dr. Laurel Samuels and discussion by Billie Lee Violette were both informative and entertaining. In January 2006, we co-sponsored, along with the Society and the Sanville Institute, a morning program titled "Trauma: Cross-Cultural and Psychoanalytic Perspectives." The program included a tribute to Jean and a wonderful paper presented by Paula Shatsky on the experience of working with a Latina mother whose son was tragically killed in the Iraq war. A panel of four very astute therapists offered perceptive and insightful discussion and I hosted a luncheon afterwards.

On March 25 we have what promises to be a unique presentation. Three therapists—Arlene Berman, Sarah Henry and Saralie Pennington—who have been in a peer consultation group for twenty years, are speaking on "Aging with Our Clients." In an event on May 13, Arlene Berman presented her work on the "Vulnerability of the Therapist."

*Velia Frost, Area Chair*

## California (Southern)

Ellen Ruderman, PhD, LCSW, Chair  
818.784.7090 or [ERUDERMAN@aol.com](mailto:ERUDERMAN@aol.com)

Our area chapter was very pleased to work in concert with two outstanding NMCOP members in Orange County and their devoted committee to present the first Orange County conference in a number of years. This was part of an effort to reach out to more Orange County practitioners and acquaint them with the NMCOP and its aims and purposes. Following is a report by Karen Redding, PhD, LCSW, and Barbara Manalis, LCSW, who were co-coordinators of the outstanding February 4th event:

"The Southern California Area Committee on Psychoanalysis is pleased to announce that, with an

interest in expanding COP to Orange and San Diego counties, we sponsored a conference on Saturday, February 4, 2006, that was generously hosted by the USC School of Social Work, Orange County Campus, also presenting refreshments and lunch to the many clinicians who attended. The conference was entitled "Reflections on Aging and a Life Well Lived: A Conversation with Renowned Psychoanalyst and Activist Heddar Bolgar, PhD. Bolgar, at 96 years of age, was an inspiring presenter. The meeting attracted more than 80 people and covered a broad range of participants across disciplines and from the community at large, including many mothers and their daughters in attendance. The response was overwhelmingly enthusiastic, and we are looking forward to planning another event tentatively scheduled for this fall."

Another unique event that including two board members of the Southern California Area Chapter took place on January 21, at the University of California's Laurel Heights Conference Grounds at San Francisco, to honor Jean Sanville, MSW, PhD, for her enormous contributions to the mental health field over the course of her long career in social work and psychoanalysis. The conference was entitled "Trauma: Cross-Cultural and Psychoanalytic Perspectives" and was co-sponsored by the Sanville Institute, the California Society for Clinical Social Work, and the Northern California Committee on Psychoanalysis. Southern California COP board member Paula Shatsky, MFT, presented a paper on the experience of working with a Latina mother whose son was killed in the Iraq War, with a focus on the inner process of the therapist as well as the impact on the patient. The session was moderated by Karla Clark, MSW, PhD, and responded to by Ellen G. Ruderman, MSW, PhD, Southern California Area Chair, who addressed the aspects of listening to the countertransference. With Robert Bennett, MSW, PhD, who presented his paper "Trauma," and Francisco Gonzales, MD, who spoke on war and its impact on society and culture, the conference considered complexities in focusing on the needs of patients and the feelings of therapists when the realities of traumatic events mutually and deeply affects the lives of therapist and patient. The presenters felt that the audience response enhanced the topic and led to an even more stimulating day. All were appreciative of Billie Lee Violette, PsyD, MSW, who chaired the planning committee, and her committee members who were a most able and welcoming group. Thanks to Velia Frost and Chet Villalba for a wonderful lunch and dinner.

The Southern California Area continues to attract newer members from the field to its Forums, known as



the "Reflections" Series. We are delighted also with the continuing return of an experienced group of clinicians, known as "regulars," whom we see at so many of our presentations. Such was the case with the following past "Reflections" presentations.

March 19, 2005—"Sotto Voce: Internalized Mysogyny and the Politics of Gender in Corporate America," given by invited speaker Carol Tosone, PhD, associate professor, Ehrenkrantz School of Social Work, NYU; member of National Academy of Practice. Discussed by Estelle Shane, PhD, supervising training analyst, faculty, and former president of Institute of Contemporary Psychoanalysis, Los Angeles, California.

May 14, 2005—"Capturing Implicit Relational Knowing in the Clinical Hour," given by Joan Rankin, LCSW, senior candidate at the Institute of Contemporary Psychoanalysis in Los Angeles and a board member of the Southern California Area Chapter, and Margaret Allan, LCSW, also a senior candidate at ICP who is from Sydney, Australia.

September 24, 2005—"The Roots of Masculinity—Creating Manhood: A Contemporary Psychoanalytic Perspective," given by Dr. Michael Diamond, a training and supervising analyst at the Los Angeles Institute for Psychoanalytic Studies, and on the teaching and supervising faculty of the Wright Institute.

Kudos, also, to board member Pat Sable, PhD, who was invited to Harvard to present her paper "Using Attachment Therapy in Adult Psychotherapy" at the Harvard Medical Center Conference on Trauma.

We are looking forward to working out a date and having Geraldine Esposito, executive director of the California Society for Clinical Social Work, come to the Southern California area to share important information on legislation affecting social workers and mental health practitioners. Geri came to Southern California on a past visit and the information she generated was greatly appreciated.

Currently, the Southern California committee is at work on their next "Reflections" Series. Due to the efforts of an able sub-committee in concert with the entire planning committee (which is the executive board), we are looking toward our next presentations, which will focus on families, parents, and children in a threatening world. Our sub-committee, consisting of Patricia Walter, MFT; Martha Watson, MSW; and Evelyn Tabachnick, PhD, have focused on stimulating areas such as letting children go in a dangerous world; cross-cultural issues between therapist and patient and/or supervisor and supervisee; immigrant families and differing concepts of individuation; and the multigenerational family in different socio-economic groups:

supports and intrusions. In each presentation, focus will be on manifestations of anxiety and depression in parents, families, and children amongst differing socio-economic groups.

In closing, appreciation goes to the entire Southern California executive board who make the term "in concert" a reality. Each does an outstanding job serving on the board and Planning Committee. Many have been mentioned within this submission; to those who have not, thanks also to Rosalyn Benitez-Bloch, DSW; Roni Blau, LCSW; Joan Kurtzman Brody, LCSW; Lisa Halotek, LCSW; Masayo Isono, PsyD; Cynthia Skale, LCSW; and our liaison to the California Society for Clinical Social Work, Joyce Parker, PhD, LCSW.

*Ellen G. Ruderman, Area Chair*

## **Michigan/Ohio**

Karen E. Baker, MSW, Chair

734.996.8185 or [kembaker1@comcast.net](mailto:kembaker1@comcast.net)

The Michigan/Ohio chapter is moving in a positive direction. In the last year we have doubled in membership! We increased our membership from eight members to sixteen members. It is gratifying to see the results of our steady outreach to clinical social workers in Michigan and Ohio.

In March 2004, Michigan passed the Social Work Licensing Bill and Governor Granholm signed it into law in April 2004. Since then, David Stanislaw has been appointed to the licensing board. We are pleased to have him representing clinical social workers as the rules and regulations are being devised pertaining to the specification of continuing education requirements, supervision, and the specific rules governing the provision of psychotherapy.

In the spring of 2005, Anne Segall became a member of the NMCOP National Study Group, and this fall, we launched our program year with Joel Kanter, editor of the book *Face to Face with Children: The Life and Work of Clare Winnicott*. His paper "Remembering the Child in Social Work: Lessons from Clare Winnicott" was well received by the audience and stimulated an interesting discussion about Clare Winnicott's work and psychotherapy with children.

In January 2006, Jerrold Brandell presented his paper "From G. W. Pabst to Terry Gilliam: Cinematic Visions of Freud's 'Royal Road'" at the meeting of the Michigan Psychoanalytic Council. Using cinematic examples representing different genres and periods in history, Dr. Brandell discussed the various ways in which

*See Area Representatives on page 11...*

# CALL FOR PAPERS



## I. CALL FOR PROFESSIONAL PAPERS

PLEASE INCLUDE:

- Cover sheet: Name, address, phone number, fax number, e-mail, title of paper, and a one-paragraph professional biography (credentials, education, affiliations, area of practice, etc.)
- Four copies of the final paper with no biographical data attached or included. Presentations will be allotted 90 min. (please leave room for discussion and questions).
- One one-page abstract summarizing core ideas of paper

Papers submitted without the above items will not be considered for review and will be returned for corrections. Papers will be evaluated on the basis of quality of theoretical integration and clinical application, clarity of expression, scholarship, and general interest to a clinical audience.

## II. CALL FOR STUDENT PAPERS

The same submission guidelines and evaluation criteria apply for all student submissions. Previously published submissions will not be accepted.

A special honor award will be granted to the most outstanding student paper. This paper will also be invited for presentation.

## III. CALL FOR ESSAYS

PLEASE INCLUDE:

- Cover sheet: Name, address, phone number, fax number, e-mail, title of paper, and a one-paragraph professional biography (credentials, education, affiliations, area of practice, etc.)
- Four copies of the essay (6-8 pages, double-spaced) with no biographical data attached or included. Presentations will be allotted 20-30 minutes.

DEFINED:

An essay is an elucidation of original ideas and speculations in relation to a particular theme (as opposed to an attempt to discuss the ideas of others). It should draw from personal experience more than existing scholarship and theory, and should demonstrate beautiful, provocative, and lucid writing.

Essays will be evaluated on the basis of originality, creativity, complexity, independence of thought, evocativeness, contribution to psychoanalytic theory, and beauty of writing. Submissions should be no longer than 8 pages in length, double-spaced. Previously published submissions will not be accepted.

Special honor award to be given to the best original essay. Four will be chosen for presentation.

## SUBMISSION GUIDELINES

SUBMISSION DEADLINE:

All papers and essays must be received by June 1, 2006. All papers received after this date will not be considered for review.

PLEASE MAIL ALL SUBMISSIONS TO:

Jennifer Tolleson,  
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Chair, Call for Papers  
NMCOP Conference  
3560 N. Pine Grove #2  
Chicago, IL 60657



*Area Representatives, continued from page 9*

patient's dreams have been represented and interpreted in films depicting psychoanalytic treatment.

A panel presentation chaired by Karen Baker, titled "Building a Solid Foundation: Blending Educational and Psychoanalytic Knowledge to Create a Preschool Community" is planned for May. Other programs are in the process of being scheduled.

We are actively encouraging our group to attend and participate in the 2007 conference, "The Examined Life."

*Karen Baker, Area Chair*

## **New Jersey**

Wendy Winograd

201.919.0108 or [wendywinograd@gmail.com](mailto:wendywinograd@gmail.com)

Wendy Winograd has just accepted the position as NJ area chair, taking over for Janice Victor. Wendy is new to the organization. She reports on the most significant thing that is happening in New Jersey: The state passed a certification law for psychoanalysts, the terms of which are now being debated. Some social workers are concerned about their ability to practice psychoanalysis under their social work licenses once the certification

law goes into effect. Others, however, believe that although psychoanalysis is not specifically listed in the social work licensing statute as part of the scope of practice for clinical social workers, we will still have the right to practice psychoanalysis (assuming we are appropriately trained) even without getting the psychoanalytic certification. Janice Victor was scheduled to testify before the certification rules committee on April 5, 2006.

## **New York**

Penny Rosen, MSW, Chair

212.721.7010 or [rosenpmsw@aol.com](mailto:rosenpmsw@aol.com)

Report for New York Area, April 2005–April 2006

### *1. October 30, 2005: Local Program on Long Island*

Joyce Edward organized a program for Sheila Felberbaum to speak at the home of Monica Rawn on Long Island. The topic was "Life Threatening Illness, Death and Countertransference." Joyce reported that thirteen people showed up to hear Sheila's beautifully written, moving paper with discussion that followed. Roz Goldner showed interest in presenting to the Long Island group in the Fall of 2006 and Joyce agreed to again organize this meeting at Monica's home.

### *2. March 2006: Symposium "On Shame"*

The NMCOP was a sponsor of the conference. Five hundred revised "Invitation to Join" fliers were placed in the folders of the symposium. Also, the 2007 Conference *Call for Papers* was placed in the folders.

### *3. February 11, 2006: Conference "Hide & Seek: When Secrets Haunt the Treatment"*

The NMCOP co-sponsored this conference with the Psychoanalytic Psychotherapy Study Center (PPSC). Laurie Sloane, the executive director of PPSC, and I collaborated on this endeavor. The committee was composed of PPSC and NMCOP members. The speakers were: Gilbert Cole on "Suspicious Privacy: A Problem with the Ideal of Authenticity"; Andrew Morrison on "Shame: A Major Instigator of Secrets"; Cathy Siebold on "The Patient, the Analyst, and the Couch: Secrets Revealed"; and Joyce Slochower on "The Analytic Ideal and the Analyst's Delinquencies." Arlene Litwack was an excellent moderator.

The conference received excellent feedback. Fliers were designed and 3500 were printed; 3000 fliers were mailed. We had 132 registrants at the four-hour conference. Expenses were \$2000 for each group and we each had a profit of over \$3000.

*Penny Rosen, Area Chair*

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## Message from Judy Ann Kaplan

I would like to extend my heartfelt thanks to two of our members who are retiring from the board—Marilyn Schiff and Ellie Muska—for their outstanding work in service to the NMCOP.

Marilyn's contributions to the NMCOP have been invaluable. She first served as the New York area chair, then as the large-area board-member-at-large, and she then went on to become the chair of Development/Funding Resources. Marilyn also tirelessly worked to bring to fruition many of the excellent workshops that were co-sponsored by the NMCOP and the New York State Society for Clinical Social Work.

Ellie first served as the New Jersey area chair, then she became the first small-area chair board member, and most recently, she served as the treasurer of NIPER, all positions to which she brought great wisdom and council, and in which she did an exceptional job.

I am pleased to have had the pleasure and honor of working with both Marilyn and Ellie, and I wish them all the very best in their future endeavors. ■

*Privacy, continued from page 6*

records are becoming almost common-place.

Commercial interests thrive on leaks and exceptions to privacy protection. Consider the marketing strategies that can be developed to serve "special interest" populations, the insurance savings that can be achieved by selective exclusion of high-risk groups, and the increased comfort zone of the employer who can exclude employees with conditions to which his or her own prejudices do not resonate. Such commercial interests exercise powerful influence in the corridors of Congress, usually toward making privacy a sieve rather than a shield. To the extent that those interests are served, the trust relationship on which health care depends is inevitably destroyed.

Justice system interests also see health information as valuable, for purposes that are directly antithetical to the patient's self interest. The information is seen as a resource to identify would-be security risks, to solve crimes, even to "blackmail" suspects into confessions, and of course it can be used corruptly as well as wisely. Not surprisingly, the justice system is working within government to insert broad privacy exceptions for security purposes, exceptions that would throw a strong pall over patient trust. There may be occasions when confidentiality should be breached in the public interest, and such breaches are already incorporated into guild or statutory law. They generally concern evidence of future behavior that could harm others, not past behavior that may be critical for diagnosis and treatment. These exceptions come under the concept of "duty to protect," i.e., to prevent harm to a potential victim, not under the concept of "duty to punish" or "duty to detect," the conventional goals of the justice system. If the healing professions make health information available for the detection and punishment of past acts, that will instantly chill communication and kill patient trust on which effective care depends.

Changes in health care practices are both desirable and inevitable. Privacy law will play an important part in those changes. However, the introduction of privacy law into health care is proceeding without adequate sensitivity to the critical issue of patient trust. To correct this disastrous drift, NAP urgently calls for the deliberate incorporation of knowledgeable health care practitioners into all policy decisions concerning health care information. NAP itself stands ready to provide such expertise if so requested. I urge all psychologists to become sensitized to the issue. We must support the tradition of open confidentiality within an impervious shield of privacy, without which, national health care is destined for catastrophe. ■

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*Writing, continued from page 5*

geographic location or workplace. Most of the time such information adds little to whatever clinical issue you wish to explore.

Anything about the patient that is unusual and might make them identifiable is best left out of your description. For example, saying someone is a lawyer or a nurse is unlikely to expose her or his identity. Saying someone is the premier scholar in genetic research, however, might. Wanting to describe details about our patients' status or accomplishments may be more related to our exhibitionistic desires than to our intentions to convey an understanding of theory or technique. Changing the time frame of when you saw the patient, the age at which they entered treatment, the family constellation, or exact details about significant events in the patient's life are among the ways to protect confidentiality. Attempting to present a case that is a composite of several patients is another way that author's protect their patient's anonymity. Of course too many alterations may be unhelpful. Altering gender, for example, when describing a lengthy treatment process would probably distort whatever clinical points you are trying to make.

Although there are useful ways to disguise case material, it is rare that we can do so in a way that maintains the integrity of the process and keeps a patient from recognizing him or herself. Different practitioners take different points of view on whether or not to involve the patient in the publication process. A recent survey by Kantrowitz (2004) found that some clinicians opt never to tell their patients while others always tell their patients that they are the subject of a journal article. Clinicians who don't inform their patients when writing about them try not to write about patients who might read their articles. There are also clinicians who sometimes tell and sometimes do not tell their patients that they are writing articles about them. This latter group of clinicians reported that they tried to assess the benefits and limitations of disclosing their intentions to a particular patient at a particular point in the treatment. I think it is fair to say that the field is still undecided about this issue. Although involving patients in the writing of an article has increasingly become part of our discourse, with some journals asking clinicians to disclose to patients, each individual clinician still decides for him or herself whether or not to disclose.

*See Writing on page 18...*

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<sup>1</sup> <http://www.universityofcalifornia.edu/senate/inmemoriam/EnricoE.Jones.htm>

*President's Message, continued from page 1*

for the 2007 conference which is shaping up to be terrific. Specifics will follow at a later date.

From my vantage point, as president, this was a very productive meeting. Social workers as a group love to "process" and discuss, but successful meetings, for me, are measured by what is accomplished. Here are some of the highlights:

- Joel Kanter (DC) has agreed to chair our new Online Journal which will select for clinical issues which are not ordinarily published in journals. Those interested to joining his committee or contributing material, please contact him directly.

- Donna Tarver (TX) has agreed to be our Archivist. All those NMCOP documents you have from past service to the organization can be sent to her.

- We are again reconsidering updating the name of our organization to one that reflects more clearly our history as well as those whom we represent. An Ad Hoc Committee, chaired by Samoan Barish (CA), met to consider possibilities and two suggestions made it to the top of the heap: The National Psychoanalytic Association in Clinical Social Work (NPAC) and The National Clinical Social Work Association for Psychoanalysis and Psychoanalytic Psychotherapy (NCSWPPP). Your comments are important to us so please share them with Samoan.

- The By-Laws Committee, chaired by Barbara Berger (IL), is studying how we might restructure the area chair level of the organization into regional chapters with the election of officers in each region. We are aiming to make it easier to attract new members and to promote leadership growth on the local level. Again, suggestions welcome. Please send them to me, MWineburgh@aol.com.

- Annual MSW/DSW/PhD student membership dues have been reduced to \$30 from \$50 to hopefully attract more entry level professionals.

Other business of interest includes the Legislative Report. The NMCOP has joined the American Psychoanalytic Association's Legislative Task Force with the other members of the consortium to watchdog licensing efforts for psychoanalysis on a state by state basis. In addition, our Legislative Committee continues to follow the regulatory process in New Jersey, as that state seeks to determine the standards for training for Certified Psychoanalysts. The first set of standards developed, which were lower than the consortium standards for training psychoanalysts, were successfully opposed. We hope a more representative board will be appointed and that they will draft more appropriate standards. In any case, mental health professionals licensed by

*Continued on page 17...*

# Carol Tosone To Replace Carolyn Saari as Editor-in-Chief, *Clinical Social Work Journal*

Professor Carol Tosone has been appointed editor elect of the *Clinical Social Work Journal*, replacing Professor Emeritus Carolyn Saari of Loyola University as editor-in-chief effective January 2007. The *Clinical Social Work Journal* was founded in 1973 by Mary Gottesfeld as a forum for social work clinicians and educators to enhance their practice-based skills. Jean Sanville, editor emerita, also served as editor-in-chief of *CSWJ* for 10 years, before being replaced by Professor Saari.

Dr. Tosone, a frequent contributor to the journal and recipient of the New York University Distinguished Teaching Award, plans to continue the rich tradition of *CSWJ* while responding to the existing demand for innovative and evidence-based practice approaches. Toward that end, Dr. Tosone welcomes submissions from the National Membership Committee on Psychoanalysis that reflects their theoretical innovations, clinical research endeavors, and applications of contemporary practice paradigms.

Dr. Tosone believes that as the principal providers of mental health services, clinical social workers are in the ideal position to advance the conceptual frameworks and therapeutic approaches of the larger practice community. She describes the journal as dedicated to advancing the clinical knowledge and acumen of practitioners, educators, researchers, and policy makers, noting that *CSWJ* publishes leading articles germane to



contemporary clinical practice with individuals, couples, families, and groups. Dr. Tosone plans to continue the journal's rich tradition, established in previous years under the able direction of Drs. Sanville and Saari, of publishing papers from the NMCOP national conferences which have successfully passed a rigorous peer-review process.

The editorial board includes distinguished members of the NMCOP and its National Study Group. Dr. Tosone plans to further harness the intellectual

talents of the NMCOP and to reach out to the international social work community of scholars, as well as scholars in related fields, to ensure that *CSWJ* readers are kept abreast of progressive and developing trends in the mental health field.

The *CSWJ* is available to members of clinical social work societies throughout the country, either as part of their membership or at a greatly reduced cost. The journal is published quarterly in print, as well as online. Individual subscriptions are also available nationally and internationally. To subscribe, contact Springer Publishers at 800.777.4643 or by e-mail at [journals-ny@springer-sbm.com](mailto:journals-ny@springer-sbm.com). ■

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*Continued from page 16*

New Jersey (LCSWs) will not be impacted by this certification board.

On the social front, Judy Kaplan (NY) and Sarah Pillsbury (DC) have been representing us in meeting with the Austrian Embassy in Washington. Sigmund Freud's 150th birthday will be celebrated on September 15, 2006. There will be a public symposium and reception to which we are invited. Contact Judy or Sarah for details.

All areas chairs were invited to the board meeting (unfortunately, at their own expense) and happily, the new chair from New Jersey, Wendy Winograd, was able to meet with us. Also, Joan Rankin looked us over from Southern California. She accompanied Ellen Ruderman, CA chair and also a member of the Study Group. Penny

Rosen, NY chair; Ellanor Toomer Cullens, GA chair; Terrie Baker, NC co-chair; and Karen Baker, MI chair, also attended wearing more than one hat. Crayton Rowe (NY), our founding president, and his wife, Florence, were able to attend an evening gathering along with Miriam Pierce, program chair for the 2003 Conference, and Marilyn Shiff (NY), former chair of the Development/Funding Committee.

Among the outstanding needs identified was a new chair and members for the Development/Funding Committee. If you have an interest, contact Samoan Barish (CA).

That sums up many of the important issues we touched on in our in-person meeting. We need volunteers for many of our national committees, so don't be shy. ■

## Aims & Purposes of the NMCOP

- To further the understanding of psychoanalytic theory and practice within the profession of social work and to the public.
- To promote a unique and special identity for all social work professionals engaged in psychoanalytically informed practice.
- To work for equal recognition and professional parity for qualified psychoanalysts and psychoanalytic psychotherapists in social work with other mental health disciplines through education, legislation, and collaboration with other disciplines.
- To effect a liaison with other disciplines identifying themselves with the theory and practice of psychoanalysis.
- To advocate for the highest standards of practice in mental health to assure access and quality for all in need of care.

*Writing, continued from page 15*

Writing for publication is one of the ways that clinicians communicate with each other. Publishing our experience is also a way of exhibiting our expertise and acquiring the attention of our colleagues. The pleasure of seeing yourself in print often combines with fears of being unmasked as a charlatan, or guilt for increasing your prestige at the expense of your patient. As I noted earlier, the reasons for struggling with writing are as diverse as the people who seek to write. ■

*Cathy Siebold, DSW, LCSW, is faculty, supervisor, and training psychoanalyst at PPSC and The New Jersey Institute for Training in Psychoanalysis. She is on the editorial board of the Clinical Social Work Journal and has written a book, book chapters, book reviews, and articles on topics such as adoption, attachment theory, object relations theory, and termination of treatment. Dr. Siebold is in private practice in New York City and Highland Park, New Jersey.*

### Bibliography

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Kantrowitz, J.L. (2004). Writing about patients' ills: Comparisons of attitudes and practices of analysts residing outside and within the USA. *Int J of Psycho-anal* 85(3):691-712.

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## 2006 MEMBERSHIP FORM

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Degree: \_\_\_\_\_

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May we include your e-mail address on our website?  Yes  No (if left unchecked, you will NOT be included)

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Practice Areas

What is your client population (check all that apply)?  Children  Adolescents  Young adults  Adults  
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Membership runs from January 1 through December 31 of each year. Please visit our website at: [www.nmcop.org](http://www.nmcop.org).

**Members joining by March 31<sup>st</sup> will be included in the 2006 Membership Directory.**

#### Mail this form and dues/donation to:

Deborah Dale, NMCOP Administrator  
1403 Meadow Lane, Chapel Hill, NC 27516  
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#### Questions? Contact:

Anne Gearity, PhD, MSW  
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