

Staying in the Moment: The Ongoing Challenge

Sunday, June 22, 2025, 11:00 am - 2:00 pm EDT (Live Online – Virtual, Lecture/Discussion)

American Association for Psychoanalysis in Clinical Social Work (AAPCSW) Program

Sponsored by: NIPER; Co-sponsored by, PPSC, ICSW-Chicago *

PROGRAM

Karen E. Baker, MSW

Reflections on Child Work During the Pandemic and Afterwards: A Case Presentation

The traumatic effects of the COVID-19 pandemic, similar to other traumatic events such as war, school shootings, racism, family dysfunction-impact relational dynamics and mental health. Despite the prevailing circumstances of the times, psychotherapists are charged with addressing the impact and challenges these traumas impose on patients. Their conflicts and difficulties are revealed in the moment-to-moment interactions within the therapeutic dyad, including moments of connectedness, enactments, ruptures and repair, and within the transference/countertransference paradigm. The presenter will illustrate through poignant moments in therapy of a 5-year-old boy, who suffered early parental loss, the clinical progression as he began his first school experience as well as therapy online, due to the COVID-19 pandemic restrictions, then concluded therapy in-person.

After attending this presentation, participants will be able to

- Identify concepts and techniques applied in particular moments in the therapy.
- Describe how the underpinnings of early trauma emerged in transference/countertransference.

Golnar A. Simpson, PhD, LCSW

Is There Really an “I” Without a “You”: Reclaiming “Otherness”

The current multidisciplinary perspective on human functioning suggests that we are constituted by each other's otherness. Unfortunately, the concepts of “Other” and “Otherness” have become charged with negativity and distorted meanings. Their complex and constitutive functions are often lost, resulting in “Othering” acts of exclusion and violence. This presentation will briefly delve into the self/other/context dynamics involved in these processes from a psychoanalytic, neuroscience, and socio-cultural perspective. A clinical case vignette will illuminate the discussion.

After attending the presentation, participants will be able to

- Describe an overview of dynamics of “Otherness” in a given situation.
- Identify the challenges involved in reclaiming “Otherness” in clinical encounters and in life.

Janice Berry Edwards, PhD, MSW, LICSW, LCSW-C, BCD

The Body Remembers: How History is Written in the Psyche of the Descendants of the Enslaved

The enduring legacy of trauma from slavery's effects and its remembrance in the body impacts the mental and physiological health of the descendants of enslaved African Americans today. The abolition of slavery did not mark the end of racial oppression; instead, subsequent generations have faced systemic racism, segregation, and discriminatory practices that perpetuate economic, social, and

psychological disadvantages. The cumulative impact of these experiences has been transmitted across generations, underscored within the bodies' genetic memory. Epigenetic research indicates that trauma can have biological effects, altering gene expressions that may predispose descendants to mental health issues such as depression, anxiety, and post-traumatic stress disorder (PTSD). This discussion will explore factors associated with the collective interpsychic memory of the descendants of the enslaved.

After attending this presentation, participants will be able to

- Analyze the social political effects of slavery's effect on the individual from a biopsychosocial perspective.
- Describe the intrapsychic conflicts related to the challenges associated with racism and the client's experience of these challenges.
- Describe how collective memories are written in the psyche of the descendants of the enslaved.

Moderator: Lance Stern, MSW, LCSW, BCD

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BIOGRAPHIES

Karen E. Baker, MSW Past President, AAPCSW. MI Council for Psa. and Psychotherapy. Faculty, Institute for Clinical Social Work-Chicago. Past Child Development Director, Allen Creek Preschool. Author, articles on schizoid and sadomasochistic defenses, dissociation, parent work, and child analysis. Co-editor, Special Issue, Child/Adolescent Psychoanalysis/Psychotherapy, *PSW*. Distinguished practitioner, National Academies of Practice. Private Practice, Ann Arbor, MI.

Janice Berry Edwards, MSW, PhD, LICSW, LCSW-C, BCD President, AAPCSW. Prof, Howard Univ School of SW. Principal Investigator, HRSA 2-million-dollar workforce development grant for servicing medically underserved communities. Graduate, MSW, Howard Univ School of SW; PhD, National Catholic School of SW, Catholic Univ. Board, Washington School of Psychiatry. Co-Editor, *Empowering Clinical Social Work Practice in a Time of Global Economic Distress*. Author, papers on education, policy, and race. Editorial Board, *Clinical Social Work Journal* and *Psychoanalytic Social Work Journal*. Private Practice, Washington, DC.

Golnar A. Simpson, PhD, LCSW Board Member, AAPCSW. Member, ICP+P. NASW Foundation- Pioneer. Founding Dean, Clinical Social Work Institute of Washington, DC. Past President, Clinical SW Federation. Recipient, AAPCSW Lifetime Achievement Award (2017). Co-author, articles on clinical social work education, theory and practice. Co-Guest Editor, Special Section, Articles on Dialectical Perspectives on Contemporary Clinical Practice, *PSW*. Distinguished Practitioner, Former Chair of Social Work Academy of National Academies of Practice. Private Practice, McLean, VA.

Lance Stern, MSW, LCSW, BCD Member, NY Inst for Psychoanalytic Self Psychology, NJSCSW. Private Practice, Upper Saddle River, NJ.

Committee: Janet Burak, Michael De Simone, Judy Ann Kaplan, Gerard Perna, Penny Rosen (chair), Judith Rosenberger, Carol Thea, Lance Stern

3 CE Contact Hours Offered

Licensed Social Workers

NY: *(applicable to other states, except those indicated below)*

National Institute for Psychoanalytic Education and Research in Clinical Social Work, Inc., is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0022

CA, DC, IL, MI, OH: The Institute for Clinical Social Work in Chicago is approved to offer continuing education for this program.

Licensed Psychoanalysts (LP)

NY: Psychoanalytic Psychotherapy Study Center is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0040.

Licensed Mental Health Counselors (LMHC)

NY: Psychoanalytic Psychotherapy Study Center is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0166.

Licensed Creative Arts Therapists (LCAT)

NY: Psychoanalytic Psychotherapy Study Center (PPSC) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0083.

Licensed Psychologists

NY: Psychoanalytic Psychotherapy Study Center (PPSC) is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0118.

Licensed Marriage and Family Therapists (LMFT)

NY: Psychoanalytic Psychotherapy Study Center (PPSC) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists # #MFT-0119

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