

American Association for
Psychoanalysis in Clinical Social Work
AAPCSW



**A Time to Think,
A Time to Act**

Caring about the known and the unknown

Plenary Preview



November 4–7, 2021

DoubleTree by Hilton Philadelphia Center

237 South Broad Street, Philadelphia, PA 19107

www.aapcsw.org/events/conference

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A Time to Think, A Time to Act Caring about the known and the unknown

How do we hold in mind the tension between thinking and acting, at the conscious and unconscious levels? Whether it be the unknown of our inner world, the unknown of the world around us, or the unknown embodied in those from whom we feel different, we grapple with the dilemma of what is and isn't known. We know about the mind in conflict and meaning-making in various ways. We know about injustice. We place high value on introspection while also addressing activism. Now, as in all times of global change, we are also called upon to explore the impact of societal factors in clinical encounters through a fresh lens. Given the complexity of the human condition, this conference will ask us to reflect on such matters from multiple psychoanalytic perspectives.

Friday, November 5, 2021

PLENARY

Unknown: Fear and Courage in Times of Uncertainty

Fanny Brewster, PhD, MFA, LP
Mario Starc, PhD, LCSW, BCD, Moderator

Our fears allow us to develop a larger sense of our deeper selves, as we are moved into the Unconscious. Through the ego's dreams, personal disasters and anxiety, we can learn self-compassion and the quality of weathering life storms. We bring the personal to the collective when we are faced with cultural and collective trauma. This paper investigates how best to join and engage the deeper knowledge of the Unconscious Self, with the strength of the ego including cultural factors.

After attending this presentation, participants will be able to

- Identify the relationship between Jungian concepts of Self archetype and ego awareness/strengthening.
- Describe cultural and collective trauma features and their relationship to individual psychological analysis.

On Being a White Therapist: Countertransference, Color and Culture in a Diverse Psychodynamic Practice

Barbara Berger, PhD, BCD
Mario Starc, PhD, LCSW, BCD, Moderator

Using a language and current sociological concepts, this paper applies psychodynamic theory to case illustrations. The complexity of interracial and cross-cultural therapeutic relationships is illustrated, including ruptures and repairs.

After attending this presentation, participants will be able to

- Describe the application of psychodynamic theoretical ideas in working through ruptures due to racial or cultural rifts in the transference.
- Discuss the complexity of interracial and cross-cultural therapeutic relationships when the intersection of socio-cultural and psychological issues occur in treatment.

PLENARY, FILM PRESENTATION (CE 2.5)

Crip Camp— A Disability Revolution

Judith Heumann, Discussant
Edward Ross, MSW, LCSW, Moderator
William Meyer, MSW, Chair Film Committee

Directed by Jim LeBrecht and Nicole Newnham; Produced by Barack and Michelle Obama; Winner—Audience Award: 2020 Sundance Film Festival

Crip Camp starts in 1971 at Camp Jened, a loose, free-spirited summer camp in New York for teens with disabilities. The documentary focuses on the evolution of those campers over the years as they waged a war for disability rights for all Americans. "This camp changed the world, and nobody knows this story. *Crip Camp* offers something we could all use more of—hope for the future" (Roger.Ebert.com). "*Crip Camp* has a universal message: Inspirations that begin in youth can lead to radical, world-changing results" (*NY Times*). Ms. Heumann, a protagonist in the film and the author of *Being Heumann: An Unrepentant Memoir of a Disability Rights Activist*, is a disabled activist in the forefront of the disability movement for five decades. Her advocacy work changed the lives of every disabled person worldwide.

After attending this presentation, participants will be able to

- Describe milestones of adolescents with physical disabilities around identity, sexuality, individuation, peer groups.
- Discuss the barriers affecting disabled people that led to their struggle for self-determination, independence, accessibility, and citizenship rights, culminating in public policy changes.

Saturday, November 6, 2021

PLENARY

Jane Addams and Donald Winnicott: Psychoanalysis, Community Engagement, and “Insight For All”

Deborah Anna Luepnitz, PhD
Daniel Buccino, LCSW-C, BCD, Moderator

Jane Addams and Donald Winnicott were groundbreaking figures in social work and psychoanalysis who continue to inspire contemporary efforts that combine action and reflection. This paper will describe their influence on the presenter who, in 2005, launched a program to connect psychoanalytically oriented therapists with homeless and other socially excluded individuals in free treatment.

After attending this presentation, participants will be able to

- Define Jane Addams’ concept of “sympathetic knowledge” and its possible applications.
- Identify two Winnicottian ideas relevant to the care of homeless adults and children.

Why Freud Asked Social Workers to “Mobilize a Corps and Battle the Neuroses”

Elizabeth Ann Danto, PhD
Daniel Buccino, LCSW-C, BCD, Moderator

From the early history of psychoanalysis, Sigmund Freud included, the profession has shared with social work a mutual commitment to social justice and community-based treatment for people from all socio-economic classes. Blending archival and oral history research, this descriptive overview shows how the core values of humanism and democracy have undergirded a common set of theory and practice principles.

After attending this presentation, participants will be able to

- Explain how social work and psychoanalysis are grounded in a shared concept of “social right.”
- Describe the importance of historical research for psychoanalysis in clinical social work.

Sunday, November 7, 2021

PLENARY

Trauma and Trance: Why Does the Door Swing Both Ways?

Harold Kudler, MD
Rebecca Mahayag, LCSW-C, Moderator

Recent interest in psychedelic-assisted psychotherapy for PTSD prompts review of the intertwining history of trauma and trance. Traditional healers have long relied on trance states and modern psychotherapy is rooted in Mesmerism and hypnosis-induced *cathartic treatment*. Successful treatment of neuropsychiatric casualties in World War II with hypnosis or sodium amytal assured the dominance of psychoanalytic thought and practice over the next four decades. Ketamine is now provided for a variety of mental disorders, and the U.S. FDA has granted MDMA and psilocybin *Breakthrough Therapy* status. Less obvious is the role which psychotherapy plays in the effectiveness of these compounds. This presentation will review historical, biological, psychological, and cultural aspects of trance states in the treatment of psychological trauma to elucidate the role they have played over the centuries and make recommendations for new theory and practice.

After attending this presentation, participants will be able to

- Articulate the historical, theoretical, and clinical interconnections of psychological trauma and trance states.
- Assess the relative contributions of biological and psychological aspects of trance states in the treatment of disorders of traumatic stress.

Toward Effective Treatment for Dissociative Symptoms and Dissociative Disorders: Optimizing Interventions and Avoiding Unhelpful Misunderstandings

Richard P. Kluff, MD, PhD
Rebecca Mahayag, LCSW-C, Moderator

Most approaches to the treatment of dissociative difficulties and conditions have been imported from established therapies originally developed to address different conditions. Consequently, clinicians applying them frequently find themselves deskilled, frustrated, and stalemated in their efforts to help such patients. This presentation offers a model derived from 50 years’ experience with dissociative patients, built upon pragmatic “Bottom-Up” rather than “Top-Down” premises. Most of its components can be applied unobtrusively in the context of psychodynamic trauma therapies.

After attending this presentation, participants will be able to

- Describe enhanced therapeutic alliances and communication across dissociative barriers.
- Identify dissociated entities in free association, dream analysis, exploration of the transference, and treatment planning.

Biographies of Participants

Barbara Berger, PhD, BCD Past-President, AAPCSW. Faculty Emerita/Board Trustee, Inst for Clinical SW, Chicago. Distinguished Practitioner, National Academies of Practice. Recipient, Distinguished Service Award, Inst for Clinical SW; and AAPCSW Lifetime Achievement Award (2013). Editor, *Clinical SW Journal*, and *Psychoanalytic SW*. Author, papers on developmental issues. Private practice, Chicago, IL.

Fanny Brewster, PhD, MFA, LP Prof, Pacifica Graduate Inst in the Integrative Therapy and Healing Practices Dept. Faculty, New York C.G. Jung Foundation. Member, Philadelphia Association of Jungian Analysts. Author, *African Americans and Jungian Psychology: Leaving the Shadows*, *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*, and *The Racial Complex: A Jungian Perspective on Culture and Race*. International lecturer/workshop presenter, on Jungian related topics, African American culture and creativity.

Daniel Buccino, LCSW-C, BCD Co-President, AAPCSW. Clin Mngr., Johns Hopkins Broadway Center for Addiction. Asst. Prof., Johns Hopkins U School of Medicine. Author and presenter, on civility, ethics, psychoanalysis. Private practice. Baltimore, MD.

Elizabeth Ann Danto, PhD Emeritus Prof of SW, Hunter College, City Univ of New York. Recipient, Gradiva Book Award and the Goethe Prize. Consulting Curator, Freud Museum London. Author, *Freud's Free Clinics—Psychoanalysis and Social Justice, 1918–1938*, and *Historical Research*. Co-editor, *Freud/Tiffany: Anna Freud, Dorothy Tiffany Burlingham and the 'Best Possible School'*.

Judith Heumann International Disability Rights activist. Author (with Kristen Joiner), *Being Heumann: An Unrepentant Memoir of a Disability Rights Activist*. Featured in *Crip Camp: A Disability Revolution*, a 2020 American award winning documentary film, directed by James LeBrecht and Nicole Newnham, produced by the Obama Higher Ground Production. Senior Fellow, at the Ford Foundation (2017–2019), wrote "Road Map for Inclusion: Changing the Face of Disability in Media". Served in the Obama and Clinton Administrations.

Richard P. Kluff, MD, PhD Clinical Prof of Psychiatry, Temple Univ School of Medicine; Waiver Training Analyst, Psychoanalytic Center of Philadelphia; Co-Founder, ISST&D; Author, over 275 articles and book chapters (also edited and solo books) on trauma, dissociation, dissociative disorders, hypnosis, psychoanalysis,

and the history of psychiatry (including *Shelter from the Storm*); Novelist (including *Good Shrink/Bad Shrink*, *An Obituary to Die For*, *A Sinister Subtraction*). Private practice, Bala Cynwyd, PA.

Harold Kudler, MD Retired Chief Consultant for Mental Health, VA Central Office. Adjunct Associate Prof, Duke Univ. Author, over 80 peer reviewed articles on many aspects of PTSD, including its diagnosis, its biological and psychological characteristics, and its treatment.

Deborah Anna Luepnitz, PhD Faculty, Inst for Relational Psa of Philadelphia. Author, *The Family Interpreted: Psychoanalysis, Feminism, and Family Therapy*; *Schopenhauer's Porcupines*; articles, on the growing conversation between British and French psychoanalysis. Founder, *Insight For All* (pro bono psychotherapy with homeless and formerly homeless adults). Private practice, Philadelphia, PA.

Rebecca Mahayag, LCSW-C AAPCSW Member-at-Large and DC Metro Area Co-Chair. Washington Center for Psa. Greater Washington Society for CSW. Private practice, Rockville, MD.

William S. Meyer, LCSW, BCD Past-President, AAPCSW. Duke Medical Center. Psychoanalytic Center of the Carolinas. Recipient, Heart of SW Award, Edith Sabshin Award; APsaA, DayGarrett Award, Smith College School for SW; and AAPCSW Lifetime Achievement Award. Author, Articles on Long term Treatment; Ferenczi; Bettelheim; History of Psychiatry and LGBT. Private practice, Durham, NC.

Edward Ross, LCSW Faculty, NY Inst for Psychoanalytic Self Psychology. NPAP. Director, Behavioral Health, Lighthouse Guild. Formerly Director, Behavioral Health, Int'l Center for the Disabled. Private practice, New York, NY.

Mario Starc, PhD, LCSW, BCD Dean Emeritus, The Sanville Inst for Clinical SW and Psychotherapy. The C.G. Jung Inst of San Francisco. The Psychotherapy Inst, Berkeley, CA. Author, papers on refugee identity and culture; ethics and the ethical attitude. Private practice, Oakland, CA.

