### American Association for Psychoanalysis in Clinical Social Work

### AAPCSM

Pull-out Catalog Spring 2009 AAPCSW is a national organization with over 16 chapters throughout the country and is open to all clinical social workers who wish to support our aims and purposes (see page 2 of the *Newsletter*). Our membership includes private practitioners, social workers in community agencies, psychoanalysts, psychoanalytic psychotherapists, and also professionals, friends, students, and retirees who share our interests. We actively promotes the contributions of psychoanalysis within schools of social work and to the general social work community. This special catalog is intended as a resource guide for our newsletter readers. **See page 2 for list of contents.** 

The Institute for Expressive Analysis
150 East 84th Street, Suite 2P NYC 10028
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The Institute for Expressive Analysis offers training in psychoanalysis.

All MA level professionals welcome to apply.

Est. 1978. New York State License Qualifying Program

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Self Psychology
Relational and Intersubjective Theory

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- \* Option to explore non-verbal creative arts techniques
- \* Earn certificate in psychoanalysis

Please contact our director of admissions, Susan Harding, at (212) 802 - 5462 for more information or for an interview.

#### Institute for Expressive Analysis (IEA)

Founded in 1978, the Institute for Expressive Analysis is a New York State license-granting institute dedicated to the exploration and application of creativity in the processing and analysis of the transference-countertransference continuum in psychoanalysis. Our goal is to help each candidate in training discover their own evolving definition of what it means to think and work creatively.

Our training focuses on building a solid clinical background useful for both institutional work and independent practice. Along with an emphasis on our belief that by definition therapy should be both an intellectual and creative medium, we provide a thorough understanding of developmental, technical, and practical issues. Students apply these fundamentals of clinical work to a wide range of therapeutic situations, incorporating both verbal and, if and when appropriate, nonverbal approaches.

Because no single theoretical framework can encompass the complexity of depth-oriented treatment, the Institute offers a wide range of approaches culled from Object Relations theory, Self-psychology, Relational Psychoanalysis, Intersubjective theory, Jungian theory, and modem Freudian psychoanalytic theory. Additionally, there is an ongoing dialogue with current developments in contemporary psychoanalytic thinking, including brain research and attachment theory.

We invite LMSWs, LCSWs, and others who have completed a minimum of a master's degree to apply to the Institute. Our aim is to help each student discover and develop his or her own unique style of working.

For more information, contact Judith Young, director of admissions, at jayoung@nyc.rr.com or 212.988.1809, or visit our website www.ieany.com. IEA, 150 East 84th Street, Suite 2P, New York, NY 10028.



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## The Westchester Center for the Study of Psychoanalysis and Psychotherapy

WCSPP was chartered in 1974 by the Regents of the University of the State of New York to meet the training needs of mental health professionals. WCSPP is interdisciplinary, nonhierarchical, and committed to the collaboration between faculty and candidates in the development of curriculum, policies, and a strong educational milieu. The faculty represents a range of contemporary psychoanalytic perspectives. It is committed to a continuing reassessment of psychoanalysis and psychotherapy in the light of new knowledge and developments in the profession. WCSPP is committed to offering financial assistance to candidates in all training programs.

The Psychoanalytic Training Program (four years) is designed to provide candidates with a firm grounding in psychoanalytic theory and practice through courses, supervised psychoanalytic clinical work, and a personal analysis.

The Adult Psychotherapy Training Program (two years) provides candidates with advanced training in psychotherapy, through courses and supervised clinical work.

The Child and Adolescent Psychotherapy Program (two years) provides candidates with advanced training in psychotherapy with children, adolescents, and their families, through courses and supervised clinical work.

The Psychoanalytic Supervisory Training Program (one year) is designed to develop the skills and theoretical background consistent with supervisory responsibilities.

The Treatment Service of WCSPP provides psychoanalysis and psychoanalytically oriented psychotherapy for those in the community interested in obtaining such treatment at low cost.

For further information, please contact WCSPP at 260 Stuyvesant Avenue, Rye, NY 10580, phone 914.967.1300, or at www.wcspp.org. We welcome your interest and inquiries.

## New Professionals Mentorship Program

Seasoned professionals (eight or more years post-license) working with new professionals, giving guidance and direction to help with career development and career enhancement.

Contact Leah Harp 312.243.0919 or leahharp@gmail.com



## Professional Education Is A Lifelong Process

- Four-Year Psychoanalytic Training Program
  - Financial Aid Available
- Two-Year Adult Psychotherapy Training Program
- Two-Year Child and Adolescent Psychotherapy Training Program
- One-Year Supervisory Training Program
- Treatment Service (Sliding Scale)

Chartered by the Regents of the University of the State of New York in 1974, WCSPP provides training in psychoanalysis and psychotherapy across a range of contemporary psychoanalytic approaches.

WCSPP, 260 Stuyvesant Ave., Rye, NY 10580

Please call for a brochure and information about our next Open House: 914-967-1300 www.wcspp.org



### THE NEW JERSEY INSTITUTE FOR TRAINING IN PSYCHOANALYSIS, INC.

121 Cedar Lane, Suite 3-A Teaneck, NJ 07666 201-836-1065

COME TO NJI's OPEN HOUSE! Sunday, September 13, 2009 Noon – 2 p.m.

We cordially invite you to join us for an informal lunch with our faculty and candidates to learn about our programs.

- 5-Year Certified Adult Psychoanalytic Program (Accredited by ABAP, Inc.)
- 3-Year Psychoanalytic Psychotherapy Program
  2-Year Child and Adolescent Program
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# Psychoanalytic Training Institute of the **New York Freudian Society**

#### Two-Year Psychoanalytic Psychotherapy Program in NYC

To meet today's career and training demands, this innovative program of once-a-week evening classes features:

- a curriculum that spans the life cycle from a developmental perspective
- a theoretical foundation in dynamic models of the mind
- an integration of theory with technique as applied to clinical practice
- distinguished lecturers and experienced faculty

Free weekly supervision is included in tuition, and a certificate is awarded upon program completion.

For more information call Loretta Hayes at 212-463-8036.

Visit us at www.nyfreudian.org



# Psychoanalytic Training Institute of the **New York Freudian Society**

#### **Training Programs in New York City**

Our innovative programs emphasize analytic listening, clinical immersion, and an integration of contemporary psychoanalytic perspectives.

#### We offer:

- Child and Adult Psychoanalysis
   Programs leading to membership in the International Psychoanalytical Society
- Two-year Psychoanalytic Psychotherapy Program
- Anni Bergman Parent-Infant Training Program (in partnership with IPTAR)
- One-year introductory Explorations Program
- One-year Fellowship Program involving mentoring with senior faculty

For more information call Debra Gill at 212-534-0669.

Visit us at www.nyfreudian.org

## The Psychoanalytic Training Institute of The New York Freudian Society (PTI of NYFS)

The Psychoanalytic Training Institute of the New York Freudian Society (PTI of NYFS) offers a variety of programs in both New York City and Washington DC for students interested in adult psychoanalysis, child psychoanalysis, psychoanalytic psychotherapy, and parent-infant treatment. It is a Component Institute of the International Psychoanalytical Association (IPA).

Our Adult Psychoanalysis Programs and our Child and Adolescent Psychoanalysis Program are informed by post-Freudian developments and theoretical perspectives, as well as by current research on infant development and attachment. We have a modern Freudian curriculum that places analytic listening at the center of the learning process. Seasoned clinician-instructors present detailed clinical material that includes how they as analysts thought and felt as they made choices as to what to address in the hour. Within this rich and complex context, candidates learn to listen to a wide range of clinical material from multiple vantage points and at many levels.

The **Adult Psychoanalysis Programs** in New York are offered in two tracks: **Track A** is for clinicians who have a New York State license in the fields of psychiatry, psychology, social work, or nursing (as a nurse practitioner); **Track B** (pending approval by NYSED) is for applicants who are interested in a certificate of completion in order to qualify to apply to the New York State Department of Education for a license in psychoanalysis (LP). Applicants for Track B may include clinicians who are licensed creative arts therapists, licensed mental health counselors, or licensed marriage and family therapists, as well as graduates of other master's and doctoral programs who have a strong interest in psychoanalysis.

The **Adult Psychoanalysis Program in Washington** is designed to enable candidates who live in other geographical locations, or who have schedules that preclude taking weekly classes, to train in a program that meets from 9:00 a.m. to 5:00 p.m. on 12 Saturdays each academic year. (Please note that this program will not qualify applicants to apply for the LP credential in New York.)

The **Anni Bergman Parent-Infant Training Program**, designed for the graduate analyst or advanced psychoanalytic candidate, is offered in New York in collaboration with the Institute for Psychoanalytic Training and Research (IPTAR).

For the student interested in **Psychoanalytic Psychotherapy**, we offer a two-year program involving coursework and supervised counseling or therapy in New York. Applicants must hold a license in New York State such as a PhD, LMSW, LCSW, or be a psychiatric nurse clinician, or hold a license that includes conducting psychotherapy in the scope of practice, such as the LCAT.

Our **Explorations Program**, also in New York, is a one-year sequence of classes designed for those who want to learn more about the principles of the psychodynamic therapies.

Please visit our website—**nyfreudian.org**—for detailed descriptions of our innovative training programs.

#### The Psychoanalytic Psychotherapy Study Center

The Psychoanalytic Psychotherapy Study Center is dedicated to using multiple theoretical perspectives to provide high-level training in psychoanalysis and psychoanalytic psychotherapy to psychologists, social workers and other qualified mental health practitioners. While the curriculum and study environment are formulated to provide a solid grounding in basic psychoanalytic theory, PPSC operates from the premise that psychoanalytic training is enriched by exposure to all major theoretical orientations. We believe openness to different approaches will greatly facilitate the growth and development of the clinician. The study environment challenges the candidate to compare and integrate significant contributions of all major orientations: contemporary Freudian analysis, modern psychoanalysis, object relations, self-psychology, relational, interpersonal, and intersubjective theory.

Our goal is to graduate psychoanalysts and psychotherapists who represent our unique tradition of diversity, recognition and respect for the individual. PPSC's focus is on helping practitioners find a consistent, theoretically based approach that works best for them. Classes, group supervision, personal analysis, individual supervision and an integrated curriculum enable the candidate to accomplish these goals.

PPSC offers a four-year **Psychoanalysis Training Program** and a three-year **Psychoanalytic Psychotherapy Training Program**. The four-year program requires more intensive personal analysis and supervision and final year of course work that further compares and integrates theory.

PPSC also offers **Continuing Education** seminars and an extensive lecture series integrating psychoanalysis and addictions and workshops throughout the year.

In the spirit of what we believe psychoanalysis to be, PPSC is committed to community, curiosity, and collegiality that foster openness to learning from each other.

### The New York School for Psychoanalytic Psychotherapy and Psychoanalysis

NYSPP recognizes that psychoanalytic psychotherapy is a distinct professional discipline within the mental health field and requires its own rigorous training. The school's training program is based on contemporary theory which integrates the perspective of psychosexual development and ego psychology with the contributions of object relations, conflict theory, and self-psychology. This blend of proven, contemporary theory provides a dynamic and clear understanding of the human mind. Graduates complete their training with the skills necessary to evaluate and treat a wide range of patient problems.

NYSPP's **three-year program** is relevant and oriented to the needs of clinicians who practice in a variety of settings. Classes meet in Manhattan on Monday evening for two 15-week seminars over three years.

NYSPP offers an additional **two-year training program in psychoanalysis**. This program is open to graduates of our psychotherapy program and to other equally qualified candidates.

NYSPP offers a two-year **Child and Adolescent** training program. This program blends contemporary psychoanalytic

See NYSPP on page 7



#### **BUILD YOUR PRACTICE AND EARN SUPERVISED LCSW HOURS**

### ...CONSIDER NYSPP...

for advanced clinical training in

#### Adult Psychotherapy Adult Psychoanalysis Child and Adolescent Treatment

NYSPP offers an ego structuring and object relations curriculum that deepens the craft of Psychotherapy by integrating traditional and contemporary analytic thinking.

- Small interactive clinically oriented classes, outstanding faculty integrating supervision, academic work and clinical practice.
- Undertaking of personal treatment to deepen therapeutic self-awareness.
- Collegial and supportive membership society that fosters networking, mentoring and continuous professional growth.
- Ongoing intellectual pursuits through an annual program of seminars and scientific presentations.
- Opportunities for clinical experience through the Institute's Referral Service.



#### THE NEW YORK SCHOOL FOR PSYCHOANALYTIC PSYCHOTHERAPY AND PSYCHOANALYSIS

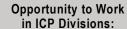
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### INSTITUTE FOR CONTEMPORARY PSYCHOTHERAPY

Four Year Training Program in Psychoanalysis

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- Relational / Interpersonal
- Contemporary Freudian
- Object Relations
- Self Psychology
- Private Referrals to Licensed Candidates



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ADOLESCENT
SERVICES



## Institute for Contemporary Psychotherapy Two-Year Evening Training Program in Contemporary Psychodynamic Psychotherapy

Develop yourself as a psychotherapist

Learn current theoretical approaches

Join a professional community where analytic

curiosity and personal growth are fostered

#### **PROGRAM COMPONENTS:**

- Theoretical and Clinical Courses Group Supervision
   6:00 – 9:15 Tuesday evening
- Weekly Individual Supervision Choose from a list of senior analysts
- Personal Psychotherapy Referrals available to analysts offering reduced fees for enrolled candidates
- Two Clinical Hours per Week See patients from ICP's clinic (if eligible), your private practice or work setting

Graduates eligible to apply to enter 2<sup>nd</sup> year of Analytic Program

Application deadline June 1st, 2009

LILIANA MANCA, ASSOCIATE DIRECTOR ICP – 1841 BROADWAY, 4<sup>™</sup> FLOOR, NEW YORK, N.Y.10023

(212) 333-3444 ext 105 lmanca.training@icpnyc.org

#### The Institute for Contemporary Psychotherapy

#### Four-Year Program in Psychoanalysis and Psychotherapy

The Institute for Contemporary Psychotherapy (ICP) was founded in 1971, and was granted a provisional charter by the Regents of the University of the State of New York in September of 1973. The Institute received its permanent charter on January 8, 1978, and it is presently incorporated as a nonprofit corporation.

The aims of ICP are to provide training in psychoanalysis and psychoanalytic psychotherapy for qualified professionals and to provide, at moderate cost, the full range of psychotherapeutic services and a research setting in which knowledge of the psychotherapeutic process can be advanced.

It is our philosophy that the development of treatment skill and competence can best be carried out in a setting in which the continued personal growth of the therapist is fostered. The program, therefore, emphasizes the development of personal awareness, as well as the development of technical skills and theoretical knowledge. Courses are offered from a variety of theoretical and clinical perspectives, including Freud, Sullivan, object relations, dreamwork, self-psychology, relational theory and development from infancy to older adults.

In addition to our adult treatment division, there are divisions for the treatment of trauma, children and adolescents, family and couples, persons with eating disorders, older adults, artists, groups, and gay and lesbian affirmative psychotherapy. Candidates have the opportunity to work in these divisions and accrue hours towards the requirement for graduation.

Candidates are assigned patients from the Institute's clinical services which provide psychoanalysis and psychoanalytic psychotherapy for a current population of over 600, a third of them seen more than once a week. Professional treatment staff currently number over 150. In addition, there are over 100 supervisors and faculty members. Considerable attention is given to both the development of a treatment plan and to the suitability of the therapist for the particular patient and problem under consideration.

#### Two-Year Evening Program in Contemporary Psychodynamic Psychotherapy

ICP's Two-Year Program in Contemporary Psychodynamic Psychotherapy is a convenient evening program designed to provide an intensive learning experience combining course work, individual and group supervision, patient contact and individual psychoanalytic psychotherapy.

The program starts in September and consists of two semesters of 15 weeks each. Classes meet on Tuesday evenings from 6:00 to 9:15 p.m., with participants attending one clinical course, one theoretical course, and one group supervision course. The coursework covers the essential concepts of psychoanalytic psychotherapy with an emphasis on clinical application. Through class work and supervision, participants will be helped to develop their understanding of patients, their capacity for effective therapeutic communication, and their ability for use of self in the treatment setting.

Each student will work with two patients in weekly psychotherapy. Students may be assigned patients from the Institute's clinic and be paid on a fee-per-session basis. Upon approval by their supervisors, students may opt instead to work with patients from private practice or work settings.

Every student will participate in one group and one individual supervision session weekly with a program supervisor. Students are expected to be in psychoanalytic psychotherapy at least once weekly, starting with their first semester.

Graduates are eligible to apply to the four year analytic program. If accepted, they may receive credit and start in the second year of the four year program.

In addition to the formal program, students learn by participating in the environment of a vital institute. ICP provides a lecture series, trauma and sexuality workshops and the opportunity to be part of a professional community.

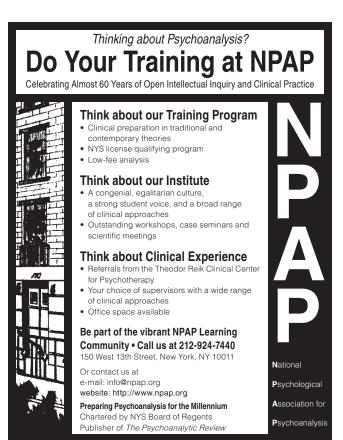
For further information, please call the Institute for Contemporary Psychotherapy at 212.333.3444.

## The National Psychological Association for Psychoanalysis

Writers, professors, social workers, physicians, psychologists, lawyers, artists, philosophers, and others comprise NPAP, one of the oldest and largest nonmedical institutes in the United States. NPAP evolved from pioneering seminars begun in 1948 by Theodor Reik, a student of Sigmund Freud and a seminal voice in psychoanalysis. Mindful of a legacy reaching back to Freud and Reik's position as a nonmedical analyst, the Institute currently offers comprehensive psychoanalytic training that encompasses a range of theoretical orientations designed to prepare candidates for the professional practice of psychoanalysis. It also honors the principle, made clear by Freud in The Question of Lay Analysis (1926), that psychoanalysis is a profession independent of other training. Chartered by New York State to train candidates with at least a master's degree, NPAP offers a program that is enriching, stimulating and interdisciplinary. NPAP is proud of several distinctive aspects of its training.

- Clinical experience is provided for candidates via referrals from the Theodor Reik Clinical Center for Psychotherapy (TRCC).
- Candidates are eligible to apply for the NYS License in Psychoanalysis after completion of the license-qualifying program.
- Candidates have an active part in the governance of NPAP through the student organization.
- Our democratic, nonhierarchical, and collegial atmosphere offers a stimulating experience that begins with the training process and continues after graduation through membership in the organization and the opportunity to participate in scientific programs, continuing education and study groups.

For further information, call 212.924.7440, e-mail info@npap.org, or see our website www.npap.org. Check out dates for our semi-annual open houses.



NYSPP, continued from page 5

theories with practical interventions to support families and children facing difficult realities. Students study infant development research and ego psychology, with contributions of object relations and other modern psychoanalytic theory. We recognize the importance of knowledge within a multicultural environment such as New York City and emphasize the role of culture and ethnicity throughout our training. Practice courses offer the opportunity to discuss clinical case material in a supportive and confidential learning environment.

NYSPP maintains **Clinical Services** on Long Island, in Westchester and New York City, and in New Jersey. An annually published membership directory facilitates networking and referrals.

NYSPP has an active **Alumni Association** that sponsors major professional meetings open to the public. It also hosts smaller meetings for members and candidates, and special workshops and seminars for ongoing learning.

NYSPP, 200 West 57th Street, New York, NY 10019, 212.245.7045, Fax 212.873.4979, **nyspp.org**.

### AAPCSW Continuing Education: Earn CEUs\* Online Go to psychoanalyticce-credit.com

\*CEU credits are approved for most states——see the website for information regarding your state.

#### **AAPCSW Member Book Discounts**

Visit www.aapcsw.org, go to Books & Journals, and click on the Online Bookstore link to shop at our bookstore at Mental Health Resources (MHR).

### AAPCSW Member Journal Discounts (Journal prices vary for institutional subscriptions)

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Psychoanalytic Social Work • \$16 for two issues/year (reg. \$103) Smith College Studies in Social Work • \$24 for four issues/year (reg. \$76)

To order, fill out form below. Please enclose a check made out to Taylor & Francis or provide credit card information and signature. Mail to: 325 Chestnut Street, Suite 800, Philadelphia, PA 19106. Or call 800.354.1420 (toll free), then press 4. (Outside the US, contact Customer Service at tf.enquiries@tfinforma.com.) Include discount code AAP 01.

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#### From William Allanson White Institute:

Contemporary Psychoanalysis Journal • \$56 for four issues/year (reg. \$70)

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