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American Association for Psychoanalysis in Clinical Social Work

Spring 2017

newsletter

From the Acting President

Penny Rosen, MSW, BCD-P

This column, written following our March 2017 conference—“Mind & Milieu”—is an opportunity to report on several of its main features. The high-quality presentations touched on topics of psychoanalytic theory and practice as well as on the application of psychoanalytic thinking to such issues as diversity, homelessness, incarceration, and schools. In addition, there was a strong spirit of enthusiasm in the air, as the admixture of learning and collegial social interactions took place.

Before even arriving in Baltimore, we were honored with a certificate of recognition for our conference by the City Council of Baltimore. It was a special welcome! (See the document on our website, www.aapcsw.org/events/conference.) Once in Baltimore, our hospitality co-chairs, Dan Buccino and Teresa Mendez, introduced us to the city, the birthplace of American Psychoanalysis. Before the opening of the program, Dan led the

walking tour of historical sites, from the psychoanalytic to the religious and political (see page 3 for highlights of the tour). Additionally, in welcoming remarks at the opening of the conference, Zeke Cohen, Baltimore City Councilman of the 1st District, gave us an insider’s report on the issues confronting a city.

Furthermore, Dan and Teresa succeeded in getting impressive press coverage for us, and the conference was featured both in print and on the air. “The Sublime Psychology of Baltimore,” written by Teresa and Dan, appeared in the *Baltimore Sun* on March 23. The article describes Baltimore’s “psyche”—its history and its relationship to psychoanalysis—with a powerful image of “a sublime place, both horrifying and beautiful” (www.baltimoresun.com/news/opinion/oped/bs-ed-baltimore-psychology-20170323-story.html). And WYPR 88.1FM Radio conducted an interview with Dan and Teresa (approximately 17 minutes) on March 24 about clinical social workers and contemporary psychoanalysis: “As the American Association for Psychoanalysis in Clinical Social Work gathers here this weekend, we talk to two therapists about Baltimore’s special spot in the development of psychoanalysis, the challenges for therapists and residents in a city suffused with trauma, and how that influences the approach social workers take in therapy” (listen at wypr.org/post/baltimorespot-history-psychotherapy). These two moving media features will surely resonate with you and stimulate your thinking.

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editor'sword

Donna F. Tarver, MSSW



Congratulations and thanks to everyone who had a part in making the Baltimore conference a great success. In particular, thanks to Conference Hospitality co-chairs Teresa Mendez and Dan Buccino. Their introduction to Baltimore, the city where American psychoanalysis was born, along with the walking tour of Baltimore historical sites and publicity of the conference in the city itself, made this setting a great learning environment that invited collegial interaction.

The opportunity to see and hear from our past presidents as well as the opportunity to meet and hear from so many of our newer, younger members created an atmosphere of collaboration and excitement about our future that I found to be contagious and exhilarating.

We are excited to bring you a new feature beginning in this issue. In recognition of Selma Fraiberg's centenary arriving in 2018, over the next year Joel Kanter will be presenting a series of short articles about various episodes in her life and career. We thank Joel and look forward to the articles.

The *Newsletter* welcomes readers' letters, articles, and opinions on topics of the day and clinical issues; book reviews; notices of or reports on conferences; and news of interest to our membership. We encourage members with an interest in writing to use the *Newsletter* as a vehicle for converting their interest into the writing process.

Thanks to all who contributed to this issue—Lana Ackaway, Dan Buccino, Michael De Simone, Jay Einhorn, Sharon K. Farber, Joel Kanter, Steven Kuchuck, Jeffrey Longhoefer, Christie Hunnicutt, Penny Rosen, David Vortuba, and Wendy Winograd.

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- Recognize the dignity and worth of each human being.
- Acknowledge the intersection of each individual's inner and outer worlds.
- Convey a psychoanalytic sensibility in our work with all populations and in all settings.
- Integrate concerns for social justice with clinical practice.
- Promote inclusivity and affirm the diverse identities of our colleagues and of those with whom we work.
- Cultivate a community of professionals that advocates for open inquiry and respect for difference.

Newsletter articles are opinion articles representing the authors' viewpoints and are not statements of any positions of AAPCSW itself. AAPCSW is not responsible for the accuracy or content of information contained in the articles.

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Please address the *Newsletter* at:

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Donna Tarver, Editor
5924 Royal Lane, Suite 216
Dallas, TX 75230

Fax: 214.692.6572

Phone: 214.691.2171

E-mail:

dftarver@sbcglobal.net

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Selma Fraiberg's Magic Years

Joel Kanter, MSW, LCSW-C

Selma Fraiberg was a social worker, a psychoanalyst, an author, and a pioneer in the field of infant mental health. She devoted her career to understanding the developmental needs of children, to creating programs that promote infant mental health, and to reaching parents and policymakers through her clear, persuasive prose. In her brief sixty-three years, she accomplished enough to fill three careers.

With the approaching centenary of her birth in 1918, I will share some pieces of my ongoing research into her life and career in a series of articles. Here, in part 1, I offer some insights into her early life and career.

As one of the first social workers to complete psychoanalytic training, Fraiberg wrote *The Magic Years* (1959), a luminous account of the child's mind that is a classic in its genre. Her early work with blind infants and their mothers produced techniques to promote attachment in the absence of visual cues. Fraiberg's close observation of infant-mother interactions deepened our understanding of attachment and led to the development of new intervention strategies for babies at risk for neglect, abuse, or "failure to thrive." During the last phase of her career, Fraiberg started the Child Development Project at the University of Michigan, which served impaired mother-infant dyads, trained clinicians, and developed a treatment model that has been widely replicated; her co-authored paper "Ghosts in the Nursery" (1975) has become a classic in social work and infant mental health, cited nearly two thousand times.

Selma Fraiberg (nee Horwitz) was born in Detroit on March 8, 1918, the oldest of three children. Her father, the son of Russian Jewish immigrants, took over the family poultry business; her mother's family were Hungarian Jews who had come to the United States in the nineteenth century. Fraiberg had an especially close relationship with her maternal grandmother, Jennie Jacobs, a strong-minded former suffragist. Fraiberg received a BA and an

MSW from Wayne State University in Detroit, where she met Louis, a teaching assistant whom she married in 1945, as she completed her graduate degree.

Her social work education at Wayne State was dramatically impacted by events in Europe, since three talented analysts from Vienna found their way to Detroit: Fritz Redl, Editha Sterba, and Richard Sterba. Redl, a psychologist and educator, was analyzed by Anna Freud and mentored by August Aichorn. He arrived in the US on a fellowship in 1936 and remained as war clouds gathered. Richard Sterba, a psychiatrist, was a member of the first graduating class of the Vienna Psychoanalytic Institute, and his wife, Editha Sterba, was a lay child analyst who collaborated with Anna Freud in establishing Vienna's first psychoanalytic clinics for children. After the Nazi regime asked Richard Sterba, as one of the only non-Jews in Vienna's analytic community, to assume leadership of the Vienna Institute, he and his wife decided to flee Austria and eventually settled in Detroit in 1939. In an autobiographical letter, Fraiberg wrote, "[I had the] good fortune of studying under Fritz Redl and Richard and Editha Sterba both during the time I was a student (at Wayne State) and during the first post-graduate years. It is to these three analysts that I owe my own interest in psychoanalysis. Like many young people of this generation, I was familiar with the writings of Freud and very much influenced by psychoanalytic ideas, but I would never have become a child analyst if the war had not brought these three teachers from Vienna to Detroit."

Besides the didactic education she received from all three while she studied at Wayne State, Fraiberg spent several summers working at University

She devoted her career to understanding the developmental needs of children, to creating programs that promote infant mental health, and to reaching parents and policymakers through her clear, persuasive prose.

of Michigan's Fresh Air Camp, which, under Redl's leadership, served disadvantaged youth from the Detroit area as part of the Detroit Group Project. This was a formative experience for Fraiberg, exposing her to children from diverse backgrounds.

Fraiberg described some of her work at the Detroit Group Project in her master's thesis and first published article, "The Spontaneous Drama as a Technician in Group Therapy" (1945). She was twenty-seven years old when this was published, and it appeared under her given name, Selma Horwitz. The paper describes play groups of children who were given the task of developing a brief drama that explored their personal conflicts. She described an event with one group of six children, ages eight to eleven, in which she introduced them to five puppets representing an array of family members. Fraiberg begins as the "mother" and passes out puppets to the other children.

After some casual interaction, they develop a drama about the death of the "wicked father." This begins after Fraiberg tells the group members, "We can do anything we want to do." The children are excited about beginning this exercise, and Fraiberg gives the "mother" puppet to a girl in the group.



At the Fresh Air Camp, circa 1944: Selma Fraiberg (standing, right) and director Fritz Redl (kneeling, right).

Soon, one of the boys, "Jim," sees a nude statuette elsewhere in the room and brings it to the table. He asks another boy for the "father" puppet:

Jim makes the father puppet climb up the nude statue. The movements of the puppet are provocative. The puppet lingers seductively at the statue's breasts. There is laughter from the children and Sammy's rings out above all of the rest. Then when the father gets to the top of the statue, he falls down and gets killed! (Shrieks of delight from the children.)

Then Sammy suggests, "It's time for a funeral!" and Fraiberg describes "sounds of weeping, wailing and laughter" from the children. The funeral continues, the "father" becomes a ghost, and the drama soon comes to an end. Fraiberg explicates the group's interaction:

It is apparent that each of the three children who participate actively in the murder and funeral of the father is a child whose history reveals trauma in relation to the father.

Jim has observed his father and his mother's many lovers in coitus with his mother. He is himself engaged in a lover-like relation with his mother. In the drama, Jim, at the crucial moment, trades his little boy puppet for Sammy's father puppet, causes the father to climb and embrace the nude statuette, then with the wild approval of the older children throws the father into the ocean. Here clearly he re-enacts a scene of parental intercourse and ends with the child's wishful destruction of the father for the sake of his own possession of the mother.

Yet, Fraiberg does not congratulate herself on what might appear to be an effective therapeutic intervention. She discusses the impact of the session and the group on each of the six participants:

In this analysis we see clearly that acting out and release of emotion are not in themselves integrating, and do not by themselves constitute therapy. The failure of the leader to handle the material that was communicated to her resulted in damage for one child and little or no benefit for the others. The changes in in-group behavior are of little significance when we consider that there were no effects beyond the group.

The article continues with a description of a second group in which Fraiberg was more attentive to the group members' defenses. She concludes with a measured evaluation of such therapeutic interventions:

A comparison of the two illustrative dramas reveals in each case deep and far reaching effects of the drama for the children involved, but shows as clearly the failure and success of the techic. . . . Nonhandling and passivity on the part of the therapist in the drama of the death of the wicked father created dangers and actual damage in the cases of certain children, with only small effects in the cases of others. . . . The therapist in the group . . . must see the production of fantasy material in terms of the content and transference implications, and must utilize his professional understanding of all he sees for the guidance of the child in his care.

At age twenty-seven, Fraiberg's sensitivity to the clinical process and her professional integrity

were already quite remarkable. Even among mature clinicians, it is rare that authors publish materials that so highlight the shortcomings of their clinical interventions. More than sixty years later, in his text on drama therapy, Phil Jones (2007), apparently unaware of the author's future accomplishments, summarizes Selma Horwitz's 1945 article and notes her "laudable clarity about the aims, purpose, the therapeutic value of drama and her role within the dramatic therapy" (50). Fraiberg's gifts were evident even in her first professional years.

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Announcing a Special Issue of *Clinical Social Work*

In a special issue of *CSWJ* due out in the September 2017, authors from a broad range of disciplines make a case for the continuing relevance of the case study. Guest editors Jeffrey Longhofer, Jerry Floersch, and Eric Hartman explore the use of the case study across the disciplines and make a strong argument for its relevance in the production and dissemination of new knowledge.¹ In education, Gary Thomas, one of the leading proponents of the case study in educational research, explores the importance of ethnographic case studies in understanding the dynamic relationships among schools, teachers, and students. Lance Dodes and Josh Dodes use the case study to articulate a psycho-analytic approach to addiction. In policy and generalist practice, Nancy Cartwright and Jeremy Hardie elaborate a model for a case-by-case approach to prediction and the swampy ground that prediction serves up to practitioners. Christian Salas and Oliver Turnbull persuasively write about the role of the case study in neuro-psychoanalyses and illustrate it with a case vignette. In political science, Sanford Schram argues

for a bottom-up and ethnographic approach to studying policy implementation by describing a case of a home ownership program in Philadelphia. Eric Hartman queers the case study by articulating its role in deconstructing normative explanations of sexuality. In applied psychology, Daniel Fishman develops an argument for what he calls the paradigmatic case study. Finally, Richard Miller and Miriam Jaffe explore the writing of the case and the use of multimedia.

—Jeffrey Longhofer, PhD, MSW



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1. Jeffrey Longhofer, Jerry Floersch, and Eric Hartmann, "A Case for the Case Study: How and Why They Matter," *Clinical Social Work Journal* 45, no. 3 (2017): 1–12; DOI: 10.1007/s10615-017-0631-8.



Above: Jerry Floresch and Jeff Longhofer, AAPCSW Co-Presidents Elect, with Joel Kanter. All three were conference presenters.

Right: William Myer, Conference Consultant and Film Committee Chair, tips his hat to Baltimore.

Top left: Karen Redding and Sheila Felderbaum, masked for the Saturday night Gala at the Grand Hotel.

Top right: Social work pioneers Marsha Wineburgh and John Chiaramonte.

Above: Dan Bucinno, Marilyn Palasky, and Theresa Mendez, at the Gala. Dan and Theresa were Hospitality Co-Chairs for the conference.



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mind&milieu
 from the consulting room to the community and back

A Walk into Baltimore's Intellectual and Psychoanalytic History

Daniel Buccino, MSW, BCD

To open the 2017 AAPCSW national conference, "Mind and Mileau: From the Consulting Room to the Community and Back," attendees were invited to join Conference Hospitality co-chair Dan Buccino for a walking tour of Baltimore, the birthplace of American psychoanalysis. What follows is an overview of the tour, noting the most significant stops.

On the eve of the civil war, Baltimore was the fourth most populous city in the US, a booming, industrial town with significant wealth and several prominent merchants who had built their fortunes trading Turkish opium with China.

It was a majority foreign-born city, boasting the largest population of free blacks in the US and a strongly abolitionist mayor. However, being a border state, tensions were high, and, during the Pratt Street Riots of April 19, 1861, the first bloodshed of the Civil War occurred just blocks from the AAPCSW conference site. Within fifty years, Baltimore would become the birthplace of redlining and racial covenants, resulting in the racial segregation of many of its neighborhoods.

Nevertheless, a formidable civil rights history was forged here: the first black Supreme Court justice, Thurgood Marshall, was from Baltimore; the Clarence Mitchell courthouse is named after the "101st US Senator," who was relentless in passing the Civil Rights, Fair Housing, and Voting Rights Acts; the first black trade union was established here; and the *Afro-American* remains one of the longest continually operating black newspapers in the country.

Established in 1782, just three blocks north of the conference location, Lexington Market is the oldest continuously operating public market in the US, prompting Ralph Waldo Emerson to declare Baltimore "the gastronomic capital of the world."

Baltimore is also home to the first municipal department of public health, founded after a yellow fever epidemic in 1793. The city still pushes the public health envelope, prescribing long-term birth control in its schools and providing every citizen a standing order for naloxone, the heroin-overdose-prevention medication.

Across from the conference hotel, Oriole Park at Camden Yards led the trend in bringing baseball parks back into downtowns and urban locations,

and its "retro" brick design has been copied around the world. Since its construction in 1992, not a single US ballpark has been built with concrete.

The Grand

The site of our Saturday Gala, one of the most unique and historic buildings in Baltimore, the Grand served as headquarters for the Maryland Freemasons for 130 years. Inspired by French and Italian architecture, the original building was ninety thousand square feet and included ten meeting rooms. It features ornate moldings, a marble staircase, stained glass windows, and rococo chandeliers.

Old St. Paul's Episcopal Church

Next to the Grand is Old St. Paul's Church. Originally deeded in 1692, it is the longest continuously deeded property in Baltimore, sitting on what was once the highest point of the original city limits. Following a series of fires, the current building dates to 1856. The church has long, but erroneously, been associated as the site of the famous 1927 poem "Desiderata" by Max Ehrmann.

Basilica of the National Shrine of the Assumption of the Blessed Virgin Mary

Baltimore is widely considered the Birthplace of American Catholicism and is the home of the country's first cathedral. Constructed between 1806 and 1821, the Basilica is among the most significant religious structures built after the signing of the US Constitution. Designed by Benjamin Henry Latrobe, America's first professionally trained architect and architect of the US Capitol, it was built under the guidance of the first American bishop, John Carroll.

The Basilica was consecrated on May 31, 1821, by the third Archbishop of Baltimore, Ambrose Maréchal, and held the funeral of Charles Carroll, the only Catholic signer of the Declaration of Independence. Pope John Paul II visited in 1995, Mother

Teresa of Calcutta visited in 1996, and Ecumenical Patriarch Bartholomew I of Constantinople in 1997.

In addition, Baltimore was home to the first ordained rabbi in the US and the oldest Jewish Community Center, and one of the country's largest Jewish and orthodox populations. It was the site of the first general meeting of the Quakers in the US, whose Society of Friends remains active. Baltimore is also home of the First Unitarian Church, the longest continually operating church in the US, currently celebrating its bicentennial year.

Washington Monument

Though the Washington Monument in Mount Vernon is four hundred feet shorter than the one in DC, it is fifty years older, making it the first public monument to President George Washington. Designed by Robert Mills (who would also later plan the DC monument) and made with local white marble in 1829, it inspired one of the city's many slogans: "The Monumental City."

APsaA founded at Stafford Hotel

The American Psychoanalytic Association was founded on May 9, 1911, in Baltimore, at the Stafford Hotel on the northwest corner of Mount Vernon Square.

Present at creation were James Putnam (president), Ernest Jones (secretary), Adolf Meyer, Trigant

Burrow, Ralph Hamill, John MacCurdy, G. Lane Taneyhill (thought to be the first in the US to use the couch in treatment), and G. Alexander Young. Early records are not available, but some accounts suggest G. Stanley Hall, A. A. Brill (who had founded the New York Psychoanalytic Association shortly before), and Smith Ely Jelliffe may also have been present in Baltimore.

Undoubtedly, one of the main reasons the American association was founded in Baltimore is because Baltimore and Hopkins Hospital were the home to Adolf Meyer, the father of "psychobiology" and one of the preeminent psychiatrists in the US at the time. Originally from Zurich, Meyer had attended lectures by Jung and was taken by Freud's ideas, then the leading edge of clinical theory and technique. Meyer's own psychobiological approach was an effort to capture the unique place of psychiatry with its interest in the ultimately unknowable and unbridgeable brain(bio)/mind(psycho) gap.

Jacques Lacan 1966

On October 18, 1966, the Johns Hopkins University hosted the symposium "The Languages of Criticism and the Sciences of Man." Meant to inaugurate its Humanities Center, the conference also served to position Hopkins as the gateway for contemporary, interdisciplinary, and intersectional French thought into North America.

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Organized by Rene Girard, Eugenio Donato, and Richard Macksey, this symposium brought Charles Moraze, Georges Poulet, Jean-Pierre Ver-nant, Tzvetan Todorov, Guy Rosalato, Jean Hyppo-lite, Roland Barthes, Jacques Derrida, and Jacques Lacan together for the first and only time.

Participating at Hopkins as commentators were, among others, Norman Holland (then at SUNY-Albany), Roman Jakobson (Harvard), Jacques Ehrmann (Yale), Angus Fletcher and Edward Said (Columbia), and Paul de Man (Cornell). A few days later, on October 21, 1966, Lacan traveled uptown to speak at the staff meeting of the venerable and psychoanalytic Sheppard Pratt Hospital.

The Hopkins conference was so foundational that, in 1990, at UC-Irvine's conference "The States of Theory," Derrida reflected, "What is now called 'theory' in this country may have an essential link with what is said to have happened [at Hopkins] in 1966."

In his presentation at the Hopkins conference, Lacan's remarks about Baltimore are memorable:

When I prepared this little talk for you, it was early in the morning. I could see Baltimore through the window and it was a very interesting moment because it was not quite daylight and a neon sign indicated to me every minute the change of time, and naturally there was heavy traffic, and I remarked to myself that exactly all that I could see, except for some trees in the distance, was the result of thoughts, actively thinking thoughts, where the function played by the subjects was not completely obvious. In any case the so-called Dasein, as a definition of the subject, was there in this rather intermittent or fading spectator. *The best image to sum up the unconscious is Baltimore in the early morning.*

The emphasis is mine. And Lacan's words are perhaps truer now than ever—you can't make this up!

our response

The AAPCSW Diversity & Social Action Committee responded in February 2017 to the unfolding executive order on immigration and the travel ban: aapcsw.org/pdf/about_us/AAPCSW-Response-Travel-Ban.pdf

From the Acting President, continued from page 1

In line with the conference theme, the plenaries called for reflection on some of the following ideas:

- "Our Patients' Relationship to Their Communities: An Underutilized Psychoanalytic Perspective"—Dorothy Holmes, PhD, ABPP, emphasized the relevance of patients' communities to the treatment process and consequently urged psychoanalytic organizations to take action.

- "Baltimore Then and Now: A Call to Action?"—Boris Thomas, JD, PhD, LCSW, poignantly depicted aspects of the internalization of milieu and its effects on the individual, both patient and therapist.

- "The Human Sciences and Psychoanalysis: Rapprochement or Separate Roads?"—Jeffrey Longhofer, PhD, LCSW, described how the human sciences are using psychoanalytic ideas to think about social problems.

- "The Uses of Literature in the Psychoanalytic Process: Clinic, Culture, and Cases"—Vera Camden, PhD, identified the power of the humanities in the psychoanalytic process.

- "Gender Myths: Elucidation or Obfuscation"—Cathy Siebold, DSW, LCSW, posed questions about the degree to which the body informs our psych-ic experience.

- *Life Animated* (film by Roger Ross Williams)—William Meyer, MSW (discussant), highlighted how one finds a way to enter the inner world of a child or patient. This riveting documentary touched us deeply.

- "Preserving Parity and Long Term Treatment: Psychoanalysis and Psychodynamic Therapy in Danger"—Barbara Berger, PhD, LCSW; Judy Ann Kaplan, MSW, BCD-P; Crayton Rowe, MSW, BCD-P; Marsha Wineburgh, DSW, LCSW; and Rosemarie Gaeta, MSW, BCD-P (moderator) brought to light the current issues in our profession that we need to keep vigilant about and address.

The conference program, which is on our web-site, can be viewed for the rich contributions by the presenters, moderators, discussants, and conference committee members. Special appreciation is extended to Cathy Siebold (Program Consultant); William Meyer (Conference Consultant); Patricia Macnair (Treasurer); Michael Jokich (CE Chair); Dan Buccino and Teresa Mendez (Hospitality Co-Chairs); Karen Baker and Kim Sarasohn (Call for Papers Co-Chairs); Susan Sherman (Call for Student/Candidate Papers Chair); Rebecca Mahayag and Louis Straker (Volun-

teers Co-Chairs); Andrea Alpert (Book Exhibit Chair); Janet Burak and Jessica Hallberlin (Exhibits Co-Chairs); all of our readers, moderators, and presenters; musicians Jerry Brandell and John Chiaramonte; and the many committee members and on-site conference volunteers (see page 25 of the PDF program at www.aapcsw.org/events/conference for a full list). We thank our staff—Lawrence Schwartz (Conference Administrative Coordinator) and Tamar Schwartz; Barbara Matos (AAPCSW Administrator); Kelly Martin (graphic artist); and Olivier Massot (web designer)—and we are also grateful for the support of the Washington Center for Psychoanalysis.

Recent Developments

Golnar Simpson, PhD, LCSW, chair of the Diversity / Otherness Committee, with her committee, prepared “AAPCSW Response to the Unfolding Executive Order—Immigration and Travel Ban.” With the board’s input and approval, the statement was posted on our website on February 21, 2017. It invariably reinforces that “we know about shame, humiliation, wounding and trauma of ‘dignity violation.’ . . . We also know about resiliency. . . . We choose to respond.” See the complete statement

on our website (www.aapcsw.org/pdf/about_us/AAPCSW-Response-Travel-Ban.pdf). In addition, at the in-person board meeting on March 23, 2017, the committee’s name was changed to the Diversity and Social Action Committee.

It is in our interest to preserve psychodynamic, clinical practice and theory at graduate schools. Because of our commitment to this goal and as a result of several 2017 conference panels, including “Reveille for Radicals: Advocating for Psychotherapy in Graduate Education,” the board created the Committee on Graduate Education. Mario Starc, PhD, LCSW, dean emeritus of the Sanville Institute for Clinical Social Work and Psychotherapy, was appointed to chair the committee. His other affiliations are with the Psychotherapy Institute and the C. G. Jung Institute, both in Berkeley, CA. Some plans for the committee are being considered, and we will apprise you as they develop.

We have been invited to offer AAPCSW members an opportunity to participate, confidentially and voluntarily, in a survey. The project, with professors Faye Mishna (AAPCSW member) and Marion Bogo, at the Factor-Inwentash Faculty of Social Work at the University of Toronto, is funded by the

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Classes will meet once a week on Wednesday evenings from 7-9 PM at PPSC, 80 Fifth Avenue, New York City, NY 10011.

Please visit our website at PPSC.org for more details about the program. You may also phone Susan Sherman D.S.W. at 212-860-7102 with any questions.

Social Sciences and Humanities Research Council (SSHRC) and has been approved by the Research Ethics Board (REB). The online survey is designed to capture the use of information and communication technologies (e-mail, social media, videoconferencing) in direct practice with clients. With an increase in the use of technologies, new opportunities and challenges arise in how clinical services are managed and delivered. The information gathered from Canadian and American participants in the study will inform future education, policy, and research.

AAPCSW is one of the sponsoring organizations of the second edition of *The Psychodynamic Diagnostic Manual (PDM-2)* published in June 2017 by the Guilford Press. The publisher will be offering our members a discount and the code will be e-mailed as soon as we get it. We anticipate that the publication

will be used widely. Additionally, Vittorio Lingiardi and Nancy McWilliams, the editors of *PDM-2*, organized a conference in New York in early June. You will find the links to the flyer on our website (www.aapcsw.org/events).

Advisory Board News

The board made the following appointments and changes on May 1, 2017:

Matthew Brooks, LICSW, will be the new area chair of Washington State. Mathew is completing his psychoanalytic training at the Seattle Psychoanalytic Society and Institute; he completed their two-year psychoanalytic psychotherapy course in 2008, and he received his MSW from the University of Washington. His social work experience is in case management and supervision in HIV public health

book&filmreviews

Book Reviews

Psychoanalytic social workers are writing more and more books! Following is our new system for handling reviews:

- When you have written a book you wish to have reviewed or have read a recently published book that you feel would be of interest to our members, please send the book title and a sentence about the subject of the book to the Book & Film Review Editor, Wendy Winograd (wendywinograd@gmail.com).
- Copy Barbara Matos, our administrator, on the e-mail (barbara.matos@aapcsw.org) and send the book to her. She will keep records of all books received. Once she receives the book, we will choose a reviewer, and Barbara will send the book to the reviewer.
- If you have a colleague in mind as a reviewer of your book, please let us know. We are always interested in adding reviewers to our list.
- Reviews should be four to six double-spaced pages. The book title and publisher should appear at the top of the page followed by the reviewer's name. At the end of the review, the reviewer should include a sentence or two about themselves.
- The review should then be sent to Wendy so she can read it. She will then send the review to Newsletter Editor Donna Tarver for publication in the *Newsletter*. We review only books; we do not review book chapters or articles.



- On some occasions, a film relevant to our field may be reviewed, and if you see such a film and would like to review it, please write directly to Wendy.

We thank all the authors and reviewers who have made such excellent contributions to the *Newsletter* over these many years.

Wendy Winograd, MSW • Book & Film Review Editor • wendywinograd@gmail.com

as well as management of various Ryan White Programs. Former area chair Amy Ferlazzo, LICSW, is involved in the transition. We thank her for chairing the area and serving on our board. She has also been a call-for-papers reader and a moderator at our conferences. We look forward to Amy's return to the advisory board in the near future.

Brian R. Smith, LCSW, will be the new area chair of Colorado. Brian is the director of Adult Intensive Services at Aurora Mental Health Center and is president-elect of Colorado Society for Clinical Social Work. He was a fellow (2013–14) at the American Psychoanalytic Association and has authored articles on hate in the countertransference, ethical obligations to self, and queering theology. At the 2017 conference, "Mind & Milieu," he presented "This Couch Has Bedbugs: On the Psychoanalysis of Homelessness and the Homelessness of Psychoanalysis." He is in private practice in Denver, CO. Former area chair Cathy Krown Buirski, LCSW, BCD-P, is involved in the transition. Cathy has served AAPCSW for many years in various capacities, including area chair, reviewer of call-for-papers, presenter and moderator at our conferences, and much more. We are grateful to Cathy for her many contributions and look forward to her continued involvement.

The Technology Committee, chaired by Louis Straker, MSW, LCSW-C, has been renamed the Social Media Committee, and Louis will now co-chair with Brian R. Smith, LCSW. Benjamin Lang, MSc, MSW student and a volunteer at the conference, joined the committee.

As mentioned earlier, Mario Starc, PhD, LCSW, will chair the newly formed Committee on Graduate Education, and the Diversity Committee, chaired by Golnar Simpson, PhD, LCSW, in now named the Diversity and Social Action Committee.

We look forward to continued growth at AAPCSW, engaging our current, past, and new leadership.

aapcsw aims & purposes

- To represent and protect the standing and advancement of psychoanalytic social work practitioners and educators.
- To provide an organizational identity for social work professionals engaged in psychoanalytically informed practice.
- To promote and disseminate the understanding of psychoanalytic theory and knowledge within the social work profession and the public.
- To affect liaisons with other organizations and professions who share common objectives for social work and the advancement of psychoanalytic theory and practice.
- To advocate for the highest standards of practice and for quality mental health care for the public.
- To bridge social work and psychoanalytic discourses by integrating concerns for social justice with clinical practice, and to conceptualize psychoanalytic theory and practice within its broader social-political context.

Summer in the City: Seminar Series on The Therapeutic Attitude

What does it mean to be "therapeutic"? This series, using clinical theory in combination with personal and case examples from small panels of ICSW faculty and doctoral students, will explore the fundamentals of the therapeutic attitude.

When & Where

Held at ICSW

401 S. State St. Suite
822, Chicago IL 60605

Fridays, June
23-August 18, 2017

9:00-12:00 pm

3 CEU's for each
Seminar

June 23: Curiosity

June 30: Freedom

July 7: Empathy

July 14: Play

July 21: Listening

July 28: Authenticity

August 4: Courage

August 11: Faith

August 18: Imagination

Registration:

Visit icsw.edu/upcomingevents/summer-in-the-city-the-therapeutic-attitude to register and learn more.

Board Certification for the Clinical Social Worker Psychoanalyst

William A. MacGillivray, PhD, ABPP

The Accreditation Council for Psychoanalytic Education, Inc. (ACPEinc.) is the independent accrediting body for psychoanalytic institutes and programs.

The American Board of Examiners in Clinical Social Work offers a Board Certified Diplomate in Psychoanalysis (BCD-P) credential that is an advanced specialty in clinical social work. It advances the notion that independent accreditation and certification are important steps in the development and recognition of psychoanalysis as a profession requiring advanced training. Yet many institutes and many clinical social work psychoanalysts have not sought independent confirmation of their training standards or training. We want to address what seems to us the curious indifference of our colleagues to independent certification.

Certification is integral to the wider issue of accreditation. Here are reasons why:

- Certification with an advanced specialty (i.e., the BCD-P for social workers, ABPP for psychologists) benefits the profession by clearly recognizing that psychoanalysis is an advanced specialty within clinical social work. Our colleagues worked long and hard to obtain this recognition from the American Board of Examiners in Clinical Social Work (ABE), and this recognition is solely maintained by its use; that is, by demonstrating that psychoanalytic social workers continue to seek this specialty. Regular applications to ABE are necessary, or this specialty may be sunsetted.
- Certification in Psychoanalysis in Clinical Social Work is an important way for institutes and programs to demonstrate that their faculty, super-

visors, and graduates have demonstrated expertise to an independent organization (ABE). This parallels the process of having independent accreditation of psychoanalytic institutes and programs through the Accreditation Council for Psychoanalytic Education, Inc. (ACPEinc.). Both certification and accreditation in turn are vitally important in demonstrating that psychoanalysis is an advanced specialty of the mental health disciplines.

- Certification also benefits the public by informing potential patients and candidates that clinical social workers with the BCD-P in Psychoanalysis in clinical social work have demonstrated their expertise to an independent body.
- Finally, certification should benefit the clinical social worker who is able to demonstrate to the public, healthcare and educational organizations, and colleagues that they have demonstrated competence in psychoanalysis.

While the BCD-P may not directly benefit one's practice and income, it would greatly benefit the profession to have more BCD-Ps. We have done a poor job informing our colleagues of the importance of the BCD-P. Even so, a number of clinical social work psychoanalysts have applied for this credential. They have not done so for personal gain or for the lifelong privilege of paying dues to another organization. It is no surprise, of course, that personal connection trumps rational argument.

All of you have shown that we are committed to ongoing psychoanalytic learning. Whether we graduated from a psychoanalytic program or demon-

newprofessionals

This **mentorship program** is an opportunity for AAPCSW members who are seasoned professionals (eight or more years post-license) to work with new professionals, giving guidance and direction to help with career development and career enhancement.

Contact Cole Hooley, LMSW • colehooley@gmail.com, 801.636.3634

strated learning in other ways, the bottom line is that our members are mainly committed to ongoing personal and psychoanalytic learning. The BCD-P is the best way to demonstrate this dedication.

It is important to acknowledge that obtaining the BCD-P does cost money and does mean a commitment to financially support ABE through membership. We need more of our BCD-P colleagues to take up the challenge, to reach out to your colleagues and peers to apply for independent certification. We need a concerted effort to communicate to our candidates the importance of preparing to seek the BCD-P when eligible. All eligible members who qualify need to be recipients of the one public recognition of our specialty.

When the issue is broached to a colleague, the response often moves to this question: What's in it for me? Hanging out a shingle that says you have a BCD-P in Psychoanalysis is unlikely to result in hordes of potential analysands beating down your door. The four core reasons listed above may seem largely unrelated to our immediate concerns to make a living at what we love. So maybe a little fear is in order.

The changing climate in healthcare means that all professions will have to demonstrate specialized

skills to advance in the profession. Independent certification has become vitally important in demonstrating to the public and policymakers that professionals have recognized competencies. And, the growing recognition and acceptance of ACPEinc. standards in institutes and programs also means that obtaining the BCD-P will be essential for teachers and supervisors in these institutes. Demonstrating that graduates of these programs went on to obtain the BCD-P will be an important measure of a program's success.

Many applied because colleagues asked them and they wanted to be part of an organization that not only would recognize their own commitment to psychoanalytic learning, but also would consolidate their psychoanalytic identity. Here are two proposals: (1) We ask that members who have a BCD-P reach out to at least one colleague and encourage him or her to apply for the credential. (2) We ask every member who does not have a BCD-P to consider applying as a way to support our profession and our institutes as well as recognition of your commitment to psychoanalytic learning.

Adapted with permission from "President's Column" in *The Round Robin*, Winter 2015.

About the BCD-P

The Board Certified Diplomate in Clinical Social Work–Psychoanalysis (BCD-P), offered by the American Board of Examiners in Clinical Social Work (ABE), enables clinical social workers to be recognized for proficiency in Psychoanalysis. For example, the Accreditation Council for Psychoanalytic Education, Inc. (ACPEinc.), expects of its accredited psychoanalytic institutes that their "analysts of candidates" be "certified by their relevant board" (as by ABE and the BCD-P, in the case of clinical social workers) or "demonstrate equivalent clinical expertise through a process independent of the institute or program."

The BCD-P is based on practice competencies identified through research and consultation and embodied in ABE's position statement, *The Practice of Psychoanalysis: A Specialty of Clinical Social Work*.

Applicants must hold ABE's advanced generalist certification, the Board Certified Diplomate in Clinical Social Work (BCD), or, in the process of applying, fulfill the requirements for the BCD; and they must meet the criteria (below) whether a graduate of a psychoanalytic institute or not.

To apply for board certification as a Clinical Social Worker Psychoanalyst, email Kate at kab@abecsw.org or call 1.800.694.5285, ext. 16.

Graduated from an Institute:

Training: graduate of a psychoanalytic institute training program

Personal analysis by a training analyst or equivalent (who had at least 5 years of post-graduate experience as a psychoanalyst), in-person, for a minimum

of 40 weeks/300 hours during a year (at a frequency of 3–5 sessions per week, on separate days)

Supervision:

- 1) Received supervision in practice for at least 150 hours by a training analyst or equivalent
- 2) Under supervision, conducted 2 in-person adult psychoanalysis cases—at least 1 supervised to completion—lasting at least 2 years in one instance, and at least 1 year in the other

Specialty Practice Experience:

- 1) Within the past year, amassed a minimum of 300 hours of clinical social work practice informed by psychoanalytic theory and formal psychoanalysis with at least 2 analysts
- 2) Within 3 years or more, amassed 4,500 hours of post-master's clinical social work practice informed by psychoanalytic theory

Continuing Education: within the past 3 years, amassed 40 clock hours of clinical continuing education, of which 50% was psychoanalytically oriented

Evaluation of Practice: 2 successful evaluations by colleagues/supervisors/consultants who are psychoanalysts and who are clinical social workers, psychologists, or psychiatrists

Did Not Graduate from an Institute:

Training: achieved equivalency of knowledge in history of psychoanalysis, psychoanalytic theory, psychoanalytic technique, normal and abnormal growth and development within the context of psychoanalytic models, and sociocultural factors and gender issues

Personal analysis by a training analyst or equivalent (who had at least 5 years of post-graduate experience as a psychoanalyst), in-person, for a minimum of 450 hours, meeting at least twice a week

Supervision:

- 1) Received supervision in practice for at least 150 hours by an analyst(s) equivalent to a training an-

- alyst and who, at the time of supervision, had 5 years post-graduate experience as a psychoanalyst
- 2) Under supervision, conducted 2 in-person adult psychoanalysis cases—at least 1 was supervised to completion—lasting at least 2 years in one instance, and at least 1 year in the other

Clinical Consultation: in the past 2 years, was a consultee or consultant for at least 20 hours (in formal or informal setting) in the practice of psychoanalysis

Continuing Education: within the past 3 years, amassed 40 clock hours of clinical continuing education, of which 50% can be identified as psychoanalytically oriented

Specialty Practice Experience:

- 1) Within the past year, practiced at least 300 hours (post-grad) informed by psychoanalytic theory and formal psychoanalysis with at least 2 analysts
- 2) Within 3 years or more, practiced at least 4,500 hours (post-grad) informed by psychoanalytic theory

Evaluation of Practice:

- 1) Successfully evaluated by colleagues/supervisors/consultants who are psychoanalysts and who are clinical social workers, psychologists, or psychiatrists, and
- 2) Subject of favorable letter of assessment from at least 1 of 2 colleagues who served as consultant or supervisor while you were obtaining your practice knowledge.

Annual Recertification Requirements to Maintain Credential:

- Currency of practice (at least 300 practice hours) and active practice of psychoanalysis with at least 1 analyst
- 20 hours of clinical continuing education, of which at least 25% must apply to psychoanalysis
- Highest clinical-level state licensure in good standing and adherence to ABE Code of Ethics.

book&journaldiscounts

Online forms and links at www.aapcs.org/membership/benefits/journals.html

membernews...

Lana M. Ackaway, LCSW-R, CASAC, a NY State-licensed clinical social worker and certified psychoanalyst in private practice for more than twenty-seven years, is starring in a new web series—*The So-So You Don't Know*, a dark comedy of loneliness in any major city. It depicts an offbeat psychotherapist, struggling with loneliness and challenged by single men and women who come to therapy only to find that their feelings of emptiness is an inside job. The



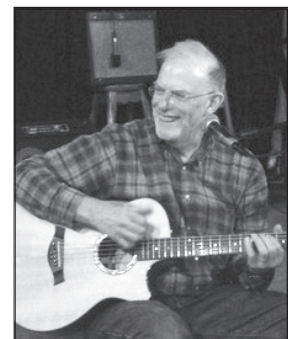
pilot episode has just wrapped production in New York, and the show needs ongoing support to continue filming. Marlene Rhein, Lana's niece, is the director, writer, and one of the actors. She attended Ithaca College on a Rod Serling

Screenwriting Scholarship and has gone on to direct music videos (including 2Pac's latest and Amy Winehouse's *F-Me Pumps*), commercials, the feature film *The Big Shot Caller*, short films, and web series, and was selected by *Filmmaker Magazine* as one of their "Top 25 New Faces of Independent Film." Lana finds it a wonderful challenge having the character of Rhonda (the therapist) wash over her. (www.LanaAckaway.com; TheSo-SoYouDon'tKnow.com)

Michael De Simone, PhD, LCSW, presented a seminar to the Staten Island Chapter of the New York State Society of Clinical Social Work in early May. Titled "Working with Dreams in Individual Treatment: A Case Study of a Young Adult Male Presenting with Depression and academic Difficulties," the seminar addressed the value of integrating dream analysis into the fabric of the therapeutic process.

Sharon K. Farber, PhD, presented "The Complex Question of Retirement: Is Psychotherapy a Profession for an Immortal?" at the AAPCSW conference in March in Baltimore. Her third book, *Celebrating the Wounded Healer Psychotherapist: Pain, Post-Traumatic Growth, and Self-Disclosure*, was published in 2016 by Routledge, and she is working on a fourth. Recent journal articles include "Unresolved Grief Disguised as Self-Injury: The Message from *Silver Linings Playbook*," in *Attachment* 10 (2016), and her paper about the treatment of an older chronic anorexic, "Tell Them It Is Not Too Late for Someone Like Me: A 'Failure-to-Thrive Child' Grows Old and Begins an Attachment-Based Psychotherapy at Sixty-Seven," is in the same journal. Another article is "The Hunger for Ecstasy: An Under-the-Radar Phenomenon," in *Psychoanalytic Social Work* 21 (2014). Her blog *The Mind-Body Connection* can be found at www.psychologytoday.com/blog/the-mind-body-connection. Her paper on mental telepathy, "Becoming a Telepathic Tuning Fork: Anomalous Experience and the Relational Mind," is forthcoming in *Psychoanalytic Dialogues*.

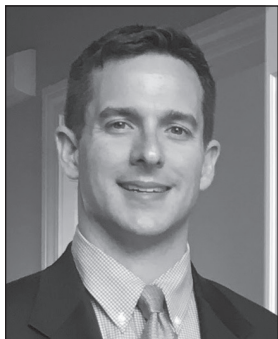
Jay Einhorn, PhD, LCPC, presented "Psychotherapy, Religion, and Spirituality," to Division 36 of the American Psychological Association, Psychology of Religion and Spirituality, in April in Chattanooga; "Inclusive Psychodynamic/Cognitive Behavioral Consultation: Overview and Demonstration," to the Society for the Exploration of Psychotherapy Integration, in May in Denver; and "Election 2016



What's your news? Graduations, presentations, publications, awards, appointments, exhibits, and so on are all items the AAPCSW membership would like to acknowledge in the this column. Feel free to include a photo. **New to AAPCSW?** We invite you to introduce yourself. Contact me at christiemhunnicut@gmail.com.

Christie Hunnicutt, MSW, LCSW • Member News Editor; Associate Editor, *Newsletter*

WTF: The Pie Chart,” to the International Psychohistory Association, in May in New York. While in New York, he performed a singer-songwriter music set at the Sidewalk Cafe in Greenwich Village. In August, he will be doing a mini-residency at the Bayview Association Chautauqua in Petoskey, Michigan, where he will present, on three consecutive days, “Psychotherapy, Religion, and Spirituality”; a singer-songwriter performance of songs with psychological and spiritual themes; and “Psychoeconomics: Psychology of Money and Meaning” (jay@psychatlarge.com)



David Votruba, PhD, LMSW, graduated from Michigan Psychoanalytic Institute’s adult psychoanalysis program in February. He is in private practice in Ann Arbor, MI.



Congratulations to **Steven Kuchuck**, LCSW, who was recently voted president-elect of the International Association for Relational Psychoanalysis and Psychotherapy (IARPP). Steven, a longtime AAPCSW member, is the first social worker to ever be elected to this position. His presidency for IARPP will begin in January 2018.

aapcswconversations...

Conversations with Past Presidents is a **three-part video series** focusing on our early years, the identity of clinical social workers practicing psychoanalysis and/or psychoanalytic psychotherapy, and the future of AAPCSW and psychoanalytic practice: www.aapcsw.org/about_us/conversations.html.

...&benefits

AAPCSW members can get a discount to **Psychoanalytic Electronic Publishing** (www.pep-web.org), a fully searchable digital archive of classic psychoanalytic texts. While it is free to browse the archive and access lists of texts and abstracts, you must subscribe to be able to read complete texts online.

AAPCSW offers the PEP subscription to members for \$80 per year: www.aapcsw.org/membership/benefits/pep.html.

child&adolescent

Working with children, adolescents, and their parents? *The Newsletter* welcomes your articles pertaining to child and adolescent practice, as well as to working with their parents. Submissions should be 800–1000 words and e-mailed as an attached Microsoft Word file to kembaker1@comcast.net. Next deadline is September 15.



Karen E. Baker, MSW • Child & Adolescent Column Editor

**Board of Directors
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Acting President

Penny Rosen, MSW, BCD-P
rosenpmsw@aol.com • 212.721.7010

Co-Presidents Elect

Jerry Floersch, PhD, MSW
jerry.floersch@gmail.com
216.346.3469

Jeffery Longhofer, PhD, MSW
jeff.longhofer@gmail.com
732.932.9758

Past President

Penny Rosen, MSW, BCD-P (2013-15)

Secretary

Wendy Winograd, LCSW, BCD-P
wendywinograd@gmail.com
201.919.0108

Treasurer

Michael De Simone, PhD, LCSW
mikeb2s2@aol.com • 718.650.9000

Member-at-Large for Small Areas

Susan Bokor Nadas, LICSW
sbnadas@gmail.com • 617.999.8458

Member-at-Large for Large Areas

Andrea Harris Alpert, PhD, LCSW
andrea@alperrtherapy.com
312.409.7272

Member-at-Large,

Liaison to Professional Organizations

Barbara Berger, PhD, LCSW, BCD
bbergerphd@sbcglobal.net
312.346.7757

**Advisory Board
Committees**

Child & Adolescent

Karen E. Baker, MSW, Co-Chair
kembaker1@comcast.net
734.996.8185

Wendy Winograd, LCSW, BCD-P, Co-Chair
wendywinograd@gmail.com
201.919.0108

Diversity & Social Action

Golnar Simpson, PhD, LCSW, Chair
golsimpson@verizon.net • 703.356.3033

Education / CE

Marcia Spira, PhD, LCSW, Co-Chair
mspira@luc.edu • 847.446.5122

Margaret Arnd-Caddigan, PhD, LCSW,
Co-Chair
arndcaddigan@gmail.com
252.258.2636

Leah Harp, PhD, Online CE Chair
leahharp@gmail.com • 773.490.6217

Graduate Education

Mario Starc, PhD, LCSW, Chair
mariostar@pacbell.net • 510.883.0156

Hospitality

Carol Thea, LCSW, BCD, Chair
csthea1@aol.com • 212.861.3308

Myrna Ram, MA, LCSW, BCD
mramlcs@aol.com • 212.755.3202

Listserv Moderator

Joel Kanter, MSW, Moderator
joel.kanter@gmail.com • 301.585.6126

Membership

John Chiaramonte, LCSW, BCD, Chair
johnlcs1@verizon.net • 908.918.1192

New Professionals

Cole Hooley, LMSW, Chair
colehooley@gmail.com • 801.636.3634

Newsletter

Donna Tarver, MSSW, Editor
dftarver@sbcglobal.net • 214.691.2171

Christie Hunnicutt, MSW, LCSW,
Associate Editor
christiemhunnicut@gmail.com
203.562.0142 x0

Wendy Winograd, LCSW, BCD-P,
Book & Film Review Editor
wendywinograd@gmail.com
201.919.0108

Online Monograph

Sheila Felberbaum, MSW, LCSW, BCD,
Co-Editor-in-Chief
sfelberb@optonline.net

Debra Kupper-Smith, MSW, LCSW,
Co-Editor-in-Chief
debrakupper-smith@gmail.com

Mark Massullo, LCSW, Editorial Committee
cmmassullo@gmail.com

Public Relations

Penny Rosen, MSW, BCD-P, Chair
rosenpmsw@aol.com • 212.721.7010

Debra Kupper-Smith, LCSW, MS
debrakupper-smith@gmail.com
914.693.8631

Adriana Passini, MS, LCSW
adrianapassini@aol.com • 212.505.3588

Richard Karpe, LCSW, BCD-P
rjkarpe@att.net • 212.777.0035

Scholarship

Jerry Floersch, PhD, LCSW, Chair
jerry.floersch@gmail.com
216.346.3469

Social Media

Louis Straker, LCSW-C, Co-Chair
loustraker@gmail.com • 443.478.3670

Brian R. Smith, LCSW, Co-Chair
brsmith2368@gmail.com
303.617.2773

Administrator

Barbara L. Matos, MS
barbara.matos@aapcsw.org
703.369.1268

Area Representatives

Northern California

Velia Frost, LCSW, Co-Chair
vkf1@mac.com • 415.387.9991
Rita Karuna Cahn, LCSW, Co-Chair
ritakaruna@mac.com • 415.751.7004

Southern California

Los Angeles Chapter
Ellen Ruderman, PhD, PsyD, LCSW, Chair
eruderman@aol.com • 818.784.7090
Orange County Chapter
Karen K. Redding, LCSW, PhD, Chair
kredding@mac.com • 949.715.7007

Colorado

Brian R. Smith, LCSW, Chair
brsmith2368@gmail.com
303.617.2773

Connecticut

George Hagman, LCSW, Chair
gahagman@optonline.net
203.253.3033

Illinois

Andrea Harris Alpert, PhD, LCSW, Co-Chair
andrea@alperrtherapy.com
312.409.7272

Mary Beth Golden, MSW, Co-Chair
mbgoldenlcsw@yahoo.com
773.710.3636

Kentucky

Michael Spare, MS, BCD, Membership Liaison
michaelaspere@yahoo.com
606.438.8499

Massachusetts

Susan Bokor Nadas, LICSW, Chair
sbnadas@gmail.com • 617.999.8458

Michigan / Ohio

Karen E. Baker, MSW, Co-Chair
kembaker1@comcast.net
734.996.8185

Lisa Larson, LMSW, Co-Chair
lrlarson@gmail.com • 734.635.9365

Minnesota

Beverly Caruso, MSW, Co-Chair
bevcaruso@gmail.com • 612.374.2618
Kathleen Fargione, MSW, LICSW, Co-Chair
kfargione@hotmail.com
952.212.8439

Nebraska

Sally Fine, MSW, MA, Chair
swfine@cox.net • 402.391.0589

Nevada

Marilyn Hamlin Palasky, PhD, MSW,
Membership Liaison
mhhlv@cox.net • 702.324.8416

New Jersey

Wendy Winograd, MSW, BCD-P, Co-Chair
wendywinograd@gmail.com
201.919.0108

Deborah Bunim, PhD, MSW, Co-Chair
dbunim4@gmail.com • 201.569.7575

New York

Penny Rosen, MSW, BCD-P, Chair
rosenpmsw@aol.com • 212.721.7010
Janet Burak, MSW, LCSW,

Co-Membership Liaison
jburak3@nyc.rr.com • 212.362.1866

Danita Hall, MSW, LCSW,
Co-Membership Liaison
danitahall@me.net • 518.439.9599

North Carolina

William S. Meyer, MSW, BCD, Co-Chair
william.meyer@duke.edu
919.681.6840

Sonia Hsieh, MSW, Co-Chair
hsieh.sonia@gmail.com

Pennsylvania

Diane Frankel, MSS, LCSW, BCD,
Membership Liaison
dfrankel@brynmaur.edu
215.680.5756

Greater Washington DC / Baltimore

Joel Kanter, MSW, Co-Chair
joel.kanter@yahoo.com • 301.585.6126
Rebecca Mahayag, LCSW-C, Co-Chair
rebeccamahayag@gmail.com
301.651.8711

Washington State

Matthew Brooks, LICSW, Chair
matthewbrooks_@hotmail.com
206.234.9765

- Renewing Member New Member

Profile Information

First Name _____
 Middle Name _____
 Last Name _____
 Credential(s) _____
 (preferred directory listing, e.g., PhD, LCSW, BCD, etc.)
 E-mail _____
 Website _____
 Grad School _____
 Post-Grad _____
 Degree(s) _____

Treatment Issues & Areas of Practice

Check all that apply

- | | |
|--|---|
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| <input type="radio"/> Asberger's Syndrome | <input type="radio"/> Grieving/Loss |
| <input type="radio"/> Attachment Disorders | <input type="radio"/> Hypnosis |
| <input type="radio"/> Autism | <input type="radio"/> Interpersonal Relational Problems |
| <input type="radio"/> Biofeedback | <input type="radio"/> Learning Disabilities |
| <input type="radio"/> Chemical and Other Addictive Behaviors | <input type="radio"/> LGBTQ Issues |
| <input type="radio"/> Cognitive/Behavioral Therapy | <input type="radio"/> Mediation |
| <input type="radio"/> Critical Incident Stress Debriefing | <input type="radio"/> Parental Loss |
| <input type="radio"/> Depression | <input type="radio"/> Post-Traumatic Stress Disorders |
| <input type="radio"/> Developmental Disorders | <input type="radio"/> Psychoanalysis |
| <input type="radio"/> Eating Disorders | <input type="radio"/> Psychodynamic Psychotherapy |
| <input type="radio"/> End-of-Life Care | |

Modalities Check all that apply

- Individual Group Couple Family
 Consultation Supervision

Client Population Check all that apply

- Infants Children Adolescents Young Adults
 Adults Older Adults

Mailing Address

Preferred Mailing Address _____

 City / State _____
 Zip _____ Country (if not USA) _____
 Home Address _____

 City / State _____
 Zip _____ Phone _____
 Office Address _____

 City / State _____
 Zip _____ County _____
 Phone _____ Extension _____
 Cell _____ Fax _____

The AAPCSW online **Member Directory** is public and includes name, credentials, office address/phone, and practice areas. Do you want to be included in the directory?

- No Yes Yes, but **do not include** my office address
 Yes, and please include my home address

Membership Categories

- Full** (\$85) Any clinical social worker with master's or doctorate
- General** (\$85) Members of other mental health disciplines; includes all rights and privileges of Full members except the right to hold office on national executive board
- New Professional** (\$30) New members, having received their MSW no more than three years ago, may join for up to two years at the New Professional level
- Retiree** (\$55) Retired members working 0–15 hours weekly
- Friend** (\$55) Any person who supports the aims and purposes of the AAPCSW but is not a mental health professional; includes all rights and privileges of General members except the right to hold office or to vote
- Candidate** (\$30) Available for two years during training; name of institution _____
- Student** (\$15) Full-time MSW, DSW, or PhD student
Proof of full-time student status required—please include copy of current student ID with date or letter from an administrator at the institution; send to address below.

Member Benefit

Discount to Psychoanalytic Electronic Publishing (PEP)

PEP provides online access to a number of psychoanalytic journals from the late 1800s to the present. Included with the PEP are Freud's *Standard Edition* and other well-known books. To learn more about PEP, go to www.pep-web.org. The annual fee for a PEP subscription as a member benefit through AAPCSW is \$80. For subscription and sign-up details, visit www.aapcsw.org/membership/benefits/pep.html.

Optional Contributions

Members may make tax-deductible contributions to NIPER (National Institute for Psychoanalytic Education and Research, the education arm of AAPCSW), the NIPER Student Conference Fund, and the National Advocacy for Psychoanalytic Social Work. Please visit www.aapcsw.org to learn more.

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Mail form and Member Dues to:

AAPCSW
 Attn: Barbara Matos, MS, AAPCSW Administrator
 10302 Bristow Center Drive
 PMB 159
 Bristow, VA 20136

Questions?

Barbara Matos, MS, AAPCSW Administrator
barbara.matos@aapcsw.org • 703.369.1268

John Chiamonte, LCSW, AAPCSW Membership Chair
johnlcsw1@verizon.net • 908.918.1192

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**American Association for
Psychoanalysis in Clinical Social Work**

5924 Royal Lane, Suite 216
Dallas, TX 75230



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