

From the *President*



Cathy Siebold, DSW

This year congress passed new health care legislation that is potentially transformative for our country. What the practical consequences of such legislation will be remains to be seen. This year also brings the passage of a federal parity law. Although not as simple as it would appear from descriptions by the news media, this legislation's intent is to increase access to mental health services. Issues associated with changing health care policy and parity for mental health services have aroused lively debates on our listserve. As many others have noted, our listserve has increasingly become a place where discussion and divergent viewpoints are shared. Although we hope that federal legislation will result in greater access and improved quality of mental health services, the issue is complex. Social problems such as child abuse and neglect, or war and the consequences of war, for example, are not always best served by traditional mental health services. One could argue that the increased need to label those who have suffered as a result of external trauma also increases the sense of shame and defect that are common companions of traumatic experience.

It is the complexity of intrapsychic, interpersonal, and environmental issues that social work practitioners have been trained to think about and work with. In 2011, our Los Angeles conference will provide opportunities to explore and discuss these complex issues. At present AAPCSW has three committees that seek to deepen our knowledge and understanding of culture, otherness, the impact of war, and trauma. The Study Group, the Social Responsibility/Social Justice Committee, and the Diversity-Otherness Committee are ways that as an organization we support the underlying beliefs and values of social work practice. President-elect Karen Baker has also begun a new committee that will emphasize practice with children and adolescents. Despite the large number of clinicians who work with children, less attention has been given to providing training to child therapists both at the MSW and post-MSW levels. In this newsletter, Karen describes some of what she hopes to achieve with this new committee (see page 3).

Our annual board meeting in February of 2010 provided an opportunity for discussion of new initiatives that compliment our expanding membership. First it was agreed that MSW and doctoral students should be extended a greater reduction in their annual dues to facilitate their participation in our organization. As of March 1, 2010, the annual dues are \$15 for MSW, DSW, and PhD students. We have also decided to extend a reduced rate of \$45 to candidates attending institutes for any two years of their candidacy. This decision reflects our desire as an organization to encourage membership and participation by those who are pursuing further training and education.

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Editor's Word

Time is flying! Our 2011 Conference—Connection in a My Space World: Embracing Culture and Creativity in Psychoanalytic Thought—will be here before you know it. Please save the dates March 17–20, 2011. The conference will take place in Los Angeles, California. We hope you will plan to join us there. Joan Rankin and her committee are fast at work making preparations. The Call for Papers Committee, chaired by Jennifer Tolleson, is busy receiving papers and essays, and readers all over the country are busy reviewing them.

As Cathy Siebold and Karen Baker have mentioned in their articles, new committees and activities are underway addressing areas new and old. Karen Baker is heading the formation of the Child and Adolescent Practice Committee, which is one of the most exciting new initiatives. You will hear more about the progress of the initiatives in the next newsletter. Additionally, we thank Ellen Ruderman for giving us a comprehensive update on the activities of the National Study Group. It was exciting to read the new “Member News” and to learn what members across the country are doing. Please keep the news coming!

The newsletter welcomes readers' letters, articles and opinions on topics of the day, clinical issues, book reviews, notices or reports of conferences, and news of interest to our membership. The Newsletter encourages social workers that have an interest in writing to use the Newsletter as a vehicle for converting their interest into the writing process.

We thank the contributors to this issue: Karen Baker, Rita Karuna Cahn, Bill Meyer, Susan Nadas, Ellen Ruderman, Cathy Siebold, Diana Siskind, and Ashley Warner. ■



Donna Tarver, MSSW

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American Association for Psychoanalysis in Clinical Social Work

AAPCSW

From the *President-Elect*

In my last column, I outlined the aspirations and goals that I would like to achieve during my tenure as president-elect. Since then, there has been a flurry of activity pertaining to these goals and I would like to bring you up to date on what has been happening.

You may recall my hope to expand the organization's scope to include the work of children and adolescents. As I contemplated this endeavor and prepared to present the proposal to the board of directors at the in-person meeting in New York on February 27–28, I reviewed our conference programs from 2000 through 2009 to assess the number of child and adolescent presentations compared to adult presentations. The percentage ranged from 11 to 19, with an average of 14.6 percent of the presentations focusing on issues related to children and adolescents. This statistic supports my viewpoint that child therapy and child analysis is under-represented as compared to adult therapy and adult analysis. This fact will soon be changing within our organization as the board unanimously approved establishing the Child and Adolescent Practice Committee. The initiative that I presented to the board included the following:

Purpose:

- To promote and expand the educational mission of the AAPCSW.
- To develop a national presence for social workers who are child clinicians who practice psychoanalytic psychotherapy and psychoanalysis.
- To conduct research in the field of child psychotherapy and child psychoanalysis.

Possible Goals:

- To produce a scholarly project such as a book, video, or training materials.
- To support area chair programs and conferences related to the clinical and theoretical issues relevant to child psychotherapy and psychoanalysis.
- To develop peer supervision groups, reading groups that could publish articles in social work and child journals.



Karen E. Baker, MSW

- To have a special issue in *Clinical Social Work Journal* or *Psychoanalytic Social Work Journal* pertaining to children.
- To have a round table discussion at our conference.
- To include more child presentations at our national conference.
- To build relationships between child clinicians as a means of developing a more connected child community.
- To develop relationships with other national organizations dedicated to child work, perhaps leading to a collaborative project such as a panel presentation representing the different organizations.

The members of the committee include Karen Baker (MI), chair; Sally Fine (NE); Anne Gearity (MN); Jeffrey Longhofer (NJ); Susan Sherman (NY); Diana Siskind (NY); and Donna Tarver (TX). I am pleased to announce that the kick-off to this enterprise will be to launch a new section in the *Newsletter* called “Child and Adolescent Practice.” I will serve as the editor of this new section. On behalf of the committee, I would like to invite our members who work with children and adolescents to submit articles or vignettes relevant to the topic. Article submissions can be sent to kembaker1@comcast.net. I look forward to receiving your articles for “Child and Adolescent Practice.”

There is also news regarding the area chairs. Nathan Dougal (IL) has stepped down as the area chair in Chicago. I would like to thank Nathan for serving in this role for the past several years. As Nathan stepped down, Judith Aronson and Diane Leamy stepped up to the plate as the new co-chairs for Illinois. It was a pleasure to introduce them at the April area chair meeting, along with Lee Whitman Raymond (RI) and Danita Hall (Albany, NY), who represent two new areas in our expanding group of AAPCSW areas. A big welcome to all of them! Golnar

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AAPCSW

Coming soon to the *Newsletter*. Article submissions can be sent to kembaker1@comcast.net

Child & Adolescent Practice...

Crayton Rowe Jr. & Ed Ross: Long Day's Journey from the Theater to Self Psychology

ER: Most NPAP members know about your contributions to the development of self psychology, through your lectures, writings, and the self psychology course you taught for many years. You are one of many NPAP members who came to psychoanalysis after a career in the arts—in your case, theater. In addition, you successfully advocated for the rights of clinical social workers and psychoanalyst social workers as a profession equal to psychiatrists and psychologists, as well as within psychoanalysis. Tell us about the problems clinical social workers faced and what has changed.

CR: In 1971, there was an effort by psychologists in New York State to pass a law that would subsume clinical social work under the supervision of psychologists. NASW offered no support for clinical social worker psychotherapists, and if anything was bent on diluting the rights of clinical social workers to practice psychotherapy. So I became active with the New York State Society for Clinical Social Workers, which succeeded in defeating the bill.

Later, I conducted a survey that showed that clinical social workers comprised the vast majority of candidates enrolled in non-medical psychoanalytic institutes. Yet, only small percentages were faculty, directors, or training analysts—suggesting that clinical social workers were not afforded equal opportunity. The publication of this information caused some controversy within the institutes and even led the Freudian Society board to censure me—for publishing factual information! Attitudes and practices in the world of psychoanalytic training were very different then.

It became apparent that clinical social workers practicing psychoanalysis needed national representation, to promote respect for the profession and to represent our interests, given efforts in many states to limit the scope of practice of social workers.

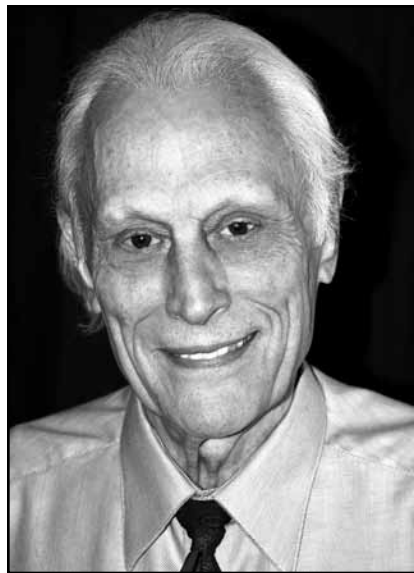
So I founded the National Membership Committee

on Psychoanalysis in Clinical Social Work, which is now named the American Association for Psychoanalysis in Clinical Social Work. This organization became recognized as a highly respected standard setting and advocacy organization.

No longer is the profession of clinical social work limited in scope and, thanks to the efforts of Dr. Marsha Wineburgh, the clinical social work license has achieved parity in New York with psychologists and psychiatrists as practitioners of psychoanalysis.

I am especially proud of the AAPCSW's equal representation on the Accreditation Council for Psychoanalytic Education, along with the American Psychoanalytic Association, the American Academy of Psychoanalysis and Dynamic Psychiatry, and Division 39 of the American Psychological Association. Clinical social workers are now well represented in the ranks of faculty and training analysts in the institutes.

ER: Without you and people like you, psychoanalytic social workers would be disadvantaged today. What personal characteristics inspired you to take leadership when so many others did not?



Crayton Rowe Jr., MSW • Photograph by Robert Irwin Wolf

CR: In those days, there was an attitude of subservience on the part of many clinical social workers. There was the saying that social workers were the handmaidens of psychiatry. I remember in my 1965 graduation ceremony from the Hunter College School of Social Work, a prominent psychiatrist instructed the graduates that they were to avoid dealing with transference, that they lack the training as social workers. This was demeaning. Since few clinical social workers were willing to challenge that attitude, I saw that someone had to do it.

I grew up in North Carolina, in a time and place that was highly prejudiced against blacks. The African American workers had to eat on the porch. This enraged me, and I sought out friends among the African American

community. We would go hunting together, which earned me excoriation from the white community. Maybe this was a prototype for me.

ER: Did those experiences have something to do with your getting into psychoanalysis?

CR: Perhaps. I always wanted to help people. I originally planned to become a speech therapist, and enrolled in a Master's degree program at Teacher's College of Columbia University. But I disliked the behavioral conditioning techniques in use then to train children not to stutter, which to me bordered on abuse. I switched my focus to acting, which was not such a leap, because my university speech program was under the umbrella of the theater department, which was not uncommon in those days.

ER: Tell us about your acting career and how it led to psychoanalysis.

CR: I had a varied career in acting. I worked my way up from summer stock to off-Broadway, Broadway, radio, and TV. I worked with and appeared with performers like Bruce Dern, Sandy Dennis, Jean Seberg, James Earl Jones, and Merv Griffin. I played the part of Matt in the first version of *The Fantasticks*, which played off-Broadway at Barnard College.

Acting isn't so far from the understanding that takes place in analysis, as it teaches you to get into the shoes of others. I studied acting in New York City with Nola Chilton, who had adapted the Method technique to tune into the experience of other characters (rather than into oneself only). In an off-Broadway production of Tennessee Williams' *Orpheus Descending*, I had to repeat the line "I didn't know" several times in answer to one of the lead character's revealing secrets of her tragic past.

It was a good lesson in learning empathy, in that I discovered that if I wasn't fully tuned in to the experience of the character revealing her thoughts, my response would seem unauthentic and the audience would giggle. The show ran for 444 performances, so I had lots of time to learn attunement.

Acting wasn't enough for me, though. The prospect of working with a real person rather than a paper character was infinitely more interesting, and when I transi-

tioned into clinical social work and psychoanalytic training, I never looked back. There's no comparison. But in theater, what I learned about getting into the shoes of another person served me well in my development as an analyst, and is why self psychology made so much sense to me.

ER: Was the transition into social work difficult, and how did that lead to your training at the New York Freudian Society?

CR: It certainly had its challenges. Bud Collyer and Johnny Olson, who were noted television and radio personalities, wrote my recommendations for Hunter. I later learned that my admission as an actor was an "experiment" on Hunter's part. I was in analysis at the time. I chose training at the Freudian Society because my analyst was a member there.

ER: Your original psychoanalytic training was classical. How did you become interested in Kohut?

CR: Training at the Freudian Society was very classical Freudian. Kohut was considered a classical analyst at the time. There was wide recognition that psychoanalytic theory and technique needed to better account for narcissistic personality disorders. I attended one of Kohut's early lectures, and the concept of the selfobject and his emphasis on empathy and the patient's experience made eminent sense to me. It wasn't until the publication of *The Restoration of the Self* in 1977 when he considered the self as a supraordinate concept that Kohut began to get a lot of flak.

ER: Many members of NPAP remember you from the self psychology course, which you taught for many years. Tell us a bit about your experiences at NPAP.

CR: I always revered NPAP for the quality of the training and its openness to new developments in psychoanalytic thinking; I wanted to become a member for that reason, and did so after I graduated from the Freudian Society. I chaired the Ethics Committee from 1978 to 1980, and served as a member of the committee later on. I found the candidates were very open to learning self psychology in the years I taught the course.

See Rowe & Ross on page 6

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about getting into the shoes
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ER: Your recent work has focused on your uncovering the Undifferentiated Selfobject. What sorts of clinical data led to this most original discovery?

CR: I perceived an experience of a very disturbed, suicidal patient expecting that something more and greater would be forthcoming in the future. There was no target to this experience, no expected object or selfobject response and it was not a fantasy. It became attached to suicide—that something would grow from deterioration and death. This knowing had sustained her through significant trauma, loss and disappointment.

I came to see that in this patient and many others this experience was rooted in fixations caused by interferences in development within the first year of life, prior to mirroring. When this experience is recognized and interpreted in the transference, patients like this can begin to accept mirroring for their accomplishments. Reconstructions of the patient's early childhood experiences have also shown that deprivations of mirror experiences that emerge in the second year of life lead to symptom formation. Once the undifferentiated selfobject experience is recognized and understood, symptoms soon disappear.

ER: You have expressed concern that some perspectives within Self Psychology are moving away from Kohut's seminal contributions.

Crayton E. Rowe Jr., MSW, is a senior member of NPAP, and member of the New York Freudian Society and the International Psychoanalytical Association. He is founder of the American Association for Psychoanalysis in Clinical Social Work and founding member of the New York Institute for Psychoanalytic Self Psychology. He is author of *Treating the Basic Self*; co-author of *Empathic Attunement: The "Technique" of Psychoanalytic Self Psychology*. He is contributor to *Progress in Self Psychology* and author of several psychoanalytic papers. He is in private practice in Manhattan.

Ed Ross, MSW, is a member of NPAP and past chair of MITO. He serves as faculty and training analyst at the New York Institute for Psychoanalytic Self Psychology, and was past faculty at the Harlem Family Institute. He directs the Behavioral Health Division of ICD-International Center for the Disabled, and is a board member of the Coalition of Behavioral Health Agencies. He has lectured widely on the subject of brain injury, mental health disorders and substance abuse. He is in private psychoanalytic practice in Manhattan.

CR: To me, Kohut's genius was the idea of the analyst's attunement to the inner life of another person—an intrasubjective perspective, in that both analyst and patient experience the inner life of the other. Theories that bring two worlds together deviate from the primacy of the patient's inner experience. While Kohut identified three types (mirroring, idealizing and twinship), he was aware that there were many other selfobject transferences to discover. The interest in pursuing these discoveries is what is missing in the field.

ER: Your contributions have greatly extended our understanding of selfobject transferences, and your tenacious pursuit of fairness and equity have benefited psychoanalysis. Thank you for sharing these thoughts with *News & Reviews*. ■

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Photograph by Robert Irwin Wolf

AAPCSW National Study Group Report

by Ellen G. Ruderman, PhD; Chair, AAPCSW National Study Group, 2008–2010

Historical Overview

In April 2008 the National Study Group met for an in-person meeting in New York City. The aims and purposes of the Study Group were (1) to frame a Mission Statement; (2) to conceptualize a presentation for the pre-conference day of the AAPCSW Conference in February 2009; and (3) to submit a series of papers by each Study Group member and produce a monograph and/or book. By the end of its first meeting, the group became a cohesive working body and the culture of the group was set as a shared partnership. A considerable amount of creative thinking came out of the group's discussion. It was their hope that they could elicit in the clinical audience attendees of the forthcoming 2009 pre-conference day the same openness of feeling and expression they experienced in discussing salient societal and practice issues with their colleagues at the meeting. As they discussed the serious concerns affecting clinicians and all Americans in a post-9/11 world with their Study Group colleagues, they determined to impart the same feeling of relief that collective dialogue afforded them to their conference colleagues. After agreeing that another in-person meeting was in order to continue the discussion and concretize plans for the forthcoming conference, Study Group members met in Los Angeles on September 27, 2008, at the home of chair Dr. Ellen Ruderman, to further explore concepts and applications for the February 2009 conference and attend to other Study Group matters. The process that occurred between those attending the meeting (Carole Bender, Barbara Berger, Rosalyn Benitez-Bloch, Judith Kay Nelson, Jane Rubin, Ellen Ruderman, Pat Sable, Jen Tolleson, and Billie Lee Violette) led to the following:

(1) a Mission Statement was finalized; (2) a decision was made that the National Study Group's pre-conference day's presentation would revolve around the subject "The Im-pact of the Outside World—Health Care, the Economy, the War, Politics, and the Environment" (though attendance was low, the conference presentation was well received and evaluations of those clinicians who attended extremely positive); and (3) the Study Group members committed to a book or monograph as a contribution to AAPCSW and the mental health community; the book would reflect the Study Group's 2009 pre-conference day presentation and elaborate on the same subject.

After lengthy discussion, it was decided that the traditional AAPCSW method of having a Thursday pre-conference day given by the National Study Group should be changed. Two major reasons were given for this decision: First, Study Group members felt that the Study

Group needed to be seen as a more integral part of the larger AAPCSW and of its conference. Second, in these trying economic times, to request that clinical practitioners leave their practice on a Thursday imposed a hardship on them; the poor attendance of the last 2009 pre-conference day bore this out.

Current Study Group Action & Plans

In Person Meeting: In an attempt to replicate the successful April and September 2008 meetings, a meeting was planned for April 24, 2010, in Los Angeles. The meeting once again took place at the home of Dr. Ellen Ruderman. Study Group members living in the Southern California area, as they did for the 2008 meeting, graciously opened their homes to those members attending from out of town. All members of the National Study Group were invited. The in-person meeting

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AAPCSW National Study Group

There are currently twelve members:

Jeff Applegate,
Carole Bender,
Barbara Berger,
Rosalyn Benitez-Bloch,
Dennis Miehl,
Judith Nelson,
Jane Rubin,
Ellen Ruderman (chair),
Pat Sable,
Jennifer Tolleson,
Carol Tosone,
Billie Lee Violette

The following people were asked to join but were unable to at this time:

Joyce Edward, MSA
William Meyer, MSW

The following people were asked to join and are considering the request:

Samoan Barish, PhD (past president)
Karen Redding, PhD
(chair, Orange County Chapter)

Member News . . .

Jerry Brandell, PhD, BCD, has been a Visiting Scholar this spring at Lund University School of Social Work (in Lund, Sweden) while on sabbatical leave from Wayne State University School of Social Work. In addition to ongoing consultation with faculty and graduate students, he has also presented the workshop “Therapeutic Storytelling with Children” and a research colloquium titled “The Focal Conflict Model: A Dynamic Method for Analyzing Clinical Process.” On a separate visit to Stockholm, Jerry presented the seminar “Integrating a Psychodynamic Perspective into Social Work Instruction” to faculty and students at Stockholm University School of Social Work.

AAPCSW members **Deborah Bunim**, MSW, PhD; **Judy Ann Kaplan**, MSW, BCD-P; **Crayton E. Rowe Jr.**, MSW, BCD-P; **Charlotte Schwartz**, MSS, CSW, LCSW; and **Sylvia Teitelbaum**, MSW, presented at the NJ Institute for Training in Psychoanalysis, Inc. (NJI) conference “The Supervisory Experience: What Really Resonates?” on April 18, 2010. AAPCSW co-sponsored this conference, and Judy Ann Kaplan was our official representative.

Diane Barth, MSW, has become a blogger on the Psychology Today website. Check it out by clicking <http://www.psychologytoday.com/blog/the-couch>.

Sharon Farber, PhD, BCD, presented to Montefiore Hospital, Department of Psychiatry, Grand Rounds in the Bronx on patients who harm themselves (eating disorders, self-mutilation, compulsive piercings, and tattoos). The program was a briefer version of her June 2009 two-day workshop for the Continuing Education Program at Dalhousie University Social Work Department in Halifax, Nova Scotia.

Other presentations included “The Dissociative Spectrum: From Normal to Pathological” for her local Clinical Social Work Society chapter, as well as for the Training Institute for Mental Health. Also for her local Clinical Social Work Society chapter she spoke on the topic of stalking as an occupational hazard for mental health professionals, a presentation that grew out of her

own experience of having been stalked by a patient. “The one good thing that came out of this harrowing experience,” she says, “is a much greater understanding of stalking, what we may inadvertently do to maintain it, what we can do when it occurs, and preventive measures.”

Farber’s most recent publication is “The Last Word: The Comorbidity of Eating Disorders and Attention-Deficit Hyperactivity Disorder,” published in *Eating Disorders: Journal of Treatment and Prevention* (vol. 18, no. 1, 2010, pp. 81–89).

Daniel Farrell, MSW has published a paper titled “The Paradox of Chronic Homelessness: The Conscious Desire to Leave Homelessness and the Unconscious Familiarity of the Street Life” in the March edition of the *Journal of Human Behavior in the Social Environment*, special issue, “The Complexities of Homelessness: Theoretical and Empirical Analyses.” As director of the Park Avenue Women’s Shelter, he was also interviewed on WNYC in March, which can be heard/read at <http://www.wnyc.org/news/articles/152844>.

Jerry Katz’s article “Reconsidering Therapeutic Neutrality” has been accepted for publication in the *Clinical Social Work Journal*.

David MacIsaac, PhD, presented the four-part class “Empathy in a Non-Empathic World” in Englewood, NJ, as part of the Spring 2010 workshop series for the New York Institute for Psychoanalytic Self Psychology, Extension Center for the Study of the Self. The Extension Committee is co-chaired by AAPCSW member **Katherine McEwen**, MSW, LCSW. Please visit nyipsp.org for more information.

William S. Meyer, MSW, BCD will be this year’s recipient of Smith College’s School for Social Work’s Day-Garrett Award. The award was established in 1967 to honor Florence Day and Annette Garrett.

The NJSCSW announces the **Luba Shagawat Clinical Social Work Scholarship**: **Janice Victor**, MSSW, president of the

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... and Highlights

IDAHO

Michael Lee, LCSW, a graduate of the University of Washington, Seattle, is the co-founder of the Emmett Family Services, LLC, and Payette Family Services, LLC, based in Emmett and Payette, Idaho, respectively. Michael has over 30 years' experience as a psychotherapist and sees both children and adults in his practice. He is a field-instructor for Boise State University, Idaho State University, Northwest Nazarene University, and Walla Walla University's Counseling and Clinical Social Work programs.

Michael misses the interaction of dynamically informed colleagues in Idaho and would like to develop a network of like minded analytically oriented professionals in his locale. To this end he is making efforts to increase Idaho membership in AAPCSW and develop a professional analytic network.

KANSAS

Karen Bellows, LCSW, PhD, a longtime member of AAPCSW, received her MSW from UC-Berkeley and PhD from Smith. She also completed postgraduate training in psychotherapy at the Menninger Clinic and taught in the Post-Masters Fellowship program at the Karl Menninger School of Psychiatry for seven years in Topeka. In addition, she has just begun the psychoanalytic writing program at New Directions in Washington, DC. She has a full-time private practice in Topeka, Kansas, treating adults and adolescents. Karen's doctoral dissertation was a study of how therapists' personal therapy influences their clinical practice; this has led her to a growing interest and clinical expertise in treating fellow mental health professionals and others in the "caring professions."

NEBRASKA

Sally Fine, LCSW, grew up in a pastoral section of Frederick, Maryland, and has lived and worked in Nebraska for many years. Her specialty is working with children, adolescents and families. Sally has been an instructor of Social Work in the Departments of Psychiatry at both the University of Nebraska Medical Center and Creighton University. She is semi-retired (being an octogenarian), but maintains a part-time practice. When not working, Sally enjoys spending time with her husband, Paul, a child psychiatrist and active member of the American Academy of Psychoanalysis and Dynamic Psychiatry, and watching

her 4-year-old, very active, very verbal grandson develop. As Sally says in her wisdom, "He keeps us in touch with what it's really all about."

NEW YORK CITY

Dorothy Yang, LCSW, is a Mandarin Chinese-speaking psychoanalyst and LCSW in private practice in New York City. Born in China, she grew up in Taiwan. Over the past twelve years, she has presented widely on the impact of culture in the treatment of Chinese patients. Her strong interest is in the struggle resulting from conflicting bi-cultural values.

As there has been a large increase in the use of psychotherapeutic treatment among Chinese and Chinese-Americans, it behooves psychoanalysts to recognize the strong imprint of thousands of years of highly defined traditional Chinese social structure, and the way it plays out in psychotherapeutic treatment. This is especially true in her work with couples, particularly those where one partner is Western and the other Chinese.

Dorothy's use of mindfulness practice offers a space in which the patient can consider a multitude of experiences of self in a nonjudgmental way. For example, a wish to respect and obey parents may exist alongside an internal need for independence. While mindfulness brings awareness of all feelings and thoughts, past and present, awareness centers on the present moment, informing Dorothy's clinical work.

Dorothy also does SKYPE sessions (via internet web-camera), providing a service to Chinese patients living outside of NYC who do not have access to psychotherapy with clinicians who understand the culture. Visit Dorothy's website at DorothyYang.net for more information.

Share Your News

Dear AAPCSW Members,

We want to hear from you! Please call, write, or e-mail me with your news: graduations, presentations, publications, awards, appointments, exhibits, and so on, are all items the AAPCSW membership would like to acknowledge in the "Member News" column.

Feel free to include a photo, if you like.

Ashley Warner, MSW, BCD

Assistant Newsletter Editor

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New Jersey Society of Clinical Social Workers (NJSCSW), received a letter from a society member requesting that a scholarship be created in honor of the successful advocacy work that's been achieved by **Luba Shagawat**, LCSW, on behalf of clinical social workers. The board raised the issue at their March 2009 meeting and it gives us great pleasure to announce that the NJSCSW board has voted to create the Luba Shagawat Clinical Social Work Scholarship.

The scholarship will be available to "clinical" social workers only. Details of the scholarship will be announced in the near future.

From the President, continued from page 1

There is another new initiative that I would like to make the membership aware of. For many years now AAPCSW has had an exemplary bi-annual conference. We have also had some notable local area conferences that are listed on our website. Members have expressed a wish to have more possibilities for large-scale conferences that bring our membership together. In response to the request for conferences, we are creating a proposal that would help facilitate a regional conference for the years in-between the bi-annual conference. We will be seeking proposals for the year 2012 and hope that this trial project will be successful and increase access to quality conferences for psychoanalytic and psychodynamic social work clinicians. Stay tuned.

Along with new directions, AAPCSW has also had a long-standing commitment to impact and support psychoanalytic social work education. There have been many efforts by members of our organization over the years, and currently we are participating in a project with the American Psychoanalytic and Division 39 to develop a teaching and mentoring program that will aide faculty members, who are interested but do not have expertise, to incorporate psychoanalytic and psychodynamic perspectives into their curriculum. Our partnership with these two allied organizations was initiated by Samoan Barish, past president.

The new project by the three organizations is titled the Psychoanalytic and Psychodynamic Teacher's Academy. The goal is to nurture and develop educators interested in teaching. This academy will provide the opportunity for clinical teachers in psychiatric residency programs, psychology graduate programs, and social work

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graduate programs to engage in a professional development experience designed to facilitate their knowledge of psychoanalysis and psychodynamic ideas and increase their teaching effectiveness. The program allows six teachers (two each from psychiatry, psychology, and social work) to attend the national meeting of the American Psychoanalytic Association (APsaA), participate in programs at that meeting that are specially designed for them, receive individualized mentoring, and have the opportunity to work together to develop their teaching.

Because the goal of the Teacher's Academy is to promote effective dissemination of psychoanalytic and psychodynamic ideas to new audiences, applicants to the academy should have some prior experience in teaching about psychoanalysis or psychodynamic therapy, and have a course or a clinical rotation that they are creating or developing further. Those who teach in settings with less psychoanalytic or psychodynamic resources are especially attractive applicants. There will soon be a formal application for this project, which will be available on the AAPCSW website. I hope that all our members who have ties to academic settings or agency-based teaching units will facilitate spreading the word about this new collaboration. ■

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Area Representatives' Corner

North Carolina

Reported by William S. Meyer, MSW, BCD

The spring workshop of the North Carolina Chapter of AAPCSW, "Under the Surface—Revealing and Healing the Deeper Wounds of Self Injury," was presented May 1, 9:00am–1:00pm, at the UNC School of Social Work. The presenter was Carolyn Lee, MSW, LCSW, with discussant Mary Beth Tobin, MSW, LCSW.

When words cannot convey unspeakable pain, mental anguish may be self-inflicted on the body. Physical wounds then mirror emotional torment as unseen scars become visible. Carolyn discussed the multiple meanings and functions of self-injury, exploring how the attachment relationship and the use of creativity in psychotherapy help the therapist and client decipher and heal the deeper pain from these afflictions. This presentation illuminated how psychoanalytic psychotherapy can foster a shift from self-harm to self-reflection by transforming primitive actions into symbolic meaning. ■

Northern California

Reported by Rita Karuna Cahn, MSW

The Northern California Chapter has been pleased to see a growth spurt in attendance at our educational meetings. This is likely related to our ability to send out announcements and reminders to various e-mail lists in addition to our own. We are getting responses from a broader spectrum of clinicians, both in age and professional training, and even from a wider geographic area. It is also likely related to our focus on topics that have previously been taboo or rarely if ever discussed. Although our meetings are larger we have been able to maintain the informal atmosphere that allows for a lot of group participation and personal sharing. This was certainly the case at our recent meetings.

In February Cheryl Jern, LCSW, MFT, PhD, presented "Chronic Illness in the Therapist: The Last Taboo?" Drawing from her dissertation research for the Sanville Institute, she discussed the therapist's subjective experience of hidden chronic illness. Her presentation addressed a variety of clinical issues that challenge the ill therapist,

and also revealed the dedication of these therapists to holding the frame and remaining available and useful to their patients. Participants' appreciation for Cheryl's information was profound and led to deep sharing. It was particularly surprising and moving to hear from younger new clinicians who are dealing with obstacles related to their own hidden chronic illnesses.

A significant feature of our meetings is the opportunity for a clinician to present work in progress. On April 17, Jill Horowitz, LCSW, presented her paper in progress, "Understanding and Treating Psychosomatic Patients." Jill is a psychoanalyst who has been practicing, teaching, and supervising in the San Francisco Bay area for over 35 years. ■

Massachusetts

Reported by Susan Bokor Nadas, LICSW

The Massachusetts area has recently organized and is pleased to announce that we had a very successful program on April 17, featuring Bill Meyer, MSW, BCD. Bill's topic was titled "A Retrospective on Ethics—When Prejudice Masquerades as Science: On the Diagnosis and 'Treatment' of Homosexuality."

Bill gave a multi-media history of the evolution of how homosexuality was viewed in the modern era. Most compelling were film clips from the 1940s, '50s, '60s, and '70s, which portrayed the agony of being discovered and the shame and dread that caused many characters portrayed in films as homosexual to commit suicide, mirroring how homosexuals were viewed in America. Bill talked about how psychoanalysis has treated homosexuals, causing great pain for homosexual analysts and analysands. It surprised many present to learn that Freud himself did not view homosexuality in and of itself as a major character flaw, and in fact advised against any kind of "conversion" therapy. However, the American Psychoanalytic Association, along with the American Psychiatric Association, proved much less willing to recognize the diverse nature of human sexuality, and a long period of prejudice



based on false “science” and a basic misunderstanding of the complexity of sexual desire caused a great deal of harm.

Bill took us through a sad period in psychoanalysis in which the power structure of American psychiatry and psychoanalysis viewed homosexuality as a serious problem in development that they believed could be “cured” through psychoanalysis. For decades those who acknowledged their homosexuality were treated with various efforts at conversion therapy and lived with the belief that there was something fundamentally wrong with them.

Bill conveyed this unfortunate history through a discussion of the development of psychoanalytic theory and how ideas have changed and been influenced by major theorists. Ultimately, we have now seen a major shift in thinking about the range and diversity of human sexuality in psychoanalytic theory, with an embrace of differences and an effort to de-stigmatize those with lifestyles and choices outside the traditional heterosexual model. However, Bill recognizes that these changes are not universal, and many people continue to suffer from the vestiges of these prejudices. There continues to be a movement that considers homosexuality and any sexual behavior that is not heterosexual to be “sick” or “deviant” and in need of conversion. Bill urged us, as therapists, to be cognizant of these ideas and their effect

on our patients, their families, and ourselves. His effort to educate us about the subtle and sometimes unconscious beliefs we ourselves hold, and how they affect how we understand and treat our patients was embraced and appreciated by all those fortunate enough to have attended.

Cathy Siebold, DSW, was Bill’s discussant. She followed Bill’s presentation by calling to our awareness the hidden shame of many in the LGBT community who continue to struggle with how they, their families, and their communities respond to their sexuality. She spoke of the complex emotional struggles and internalized shame that can have a deep and long lasting effect on our patients and those of us privileged to work with them. Both Bill and Cathy were extremely well received, and it was a terrific inaugural program for the Massachusetts area. ■

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 - To promote and disseminate the understanding of psychoanalytic theory and knowledge within the social work profession and the public.
 - To effect liaisons with other organizations and professions who share common objectives for social work and the advancement of psychoanalytic theory and practice.
- To advocate for the highest standards of practice and for quality mental health care for the public.

concerned itself with finalizing a plan for the 2011 conference opening plenary, which has been entrusted to the Study Group. The meeting also concerned itself with planning for future Study Group projects, that is, increased collaboration with the already existent Social Action Committee (Jen Tolleson, chair) and the promotion of supportive projects and activities beneficial to social work clinicians and the mental health community. Study Group members in attendance at the April 24 meeting were Jeffrey Applegate, Carole Bender; Rosalyn Benitez-Bloch, Dennis Miehl, Judith Nelson, Jane Rubin, Ellen Ruderman, Pat Sable, Carol Tosone, and Billie Lee Violette.


Themes Under Consideration for the 2011 Conference:

Revolving around the themes of culture, connection, and creativity, with a focus on generativity and development, the following are possible subjects for the plenary and areas that we discussed in the April 2010 meeting.

- “A Tribute to Social Work’s Early Contributions to Contemporary Psychoanalysis—Developmental Generativity in the Analytic World.” “In the future of psychoanalysis, all roads go back to early social

work teachings and philosophy” (Ruderman 2002). This idea also includes a tribute to AAPCSW’s enormous contribution to bringing analytic social work the credit it deserves, and a tipping of our hats to our early AAPCSW (then NMCOP) founders whose ideas about parity in institutes spawned a new awakening of our own value to the profession and to psychoanalysis.

- “Women of All Cultures in Obama’s Time, in This Year of the Woman.” We might present a program about women in America and around the world, focusing on emotional, cultural, and economic considerations of the emotional status of women today, but also on the themes, once again, of creativity, generativity, and development. In keeping with the above and the 2011 conference theme of connection, culture, and creativity, a focus on the “Mothers” of Psychoanalysis—Ferenczi, A. Freud, Klein, Mahler, Horney, and Winnicott—and their enormous contribution to psychoanalytic thought might be considered as a possible presentation.
- “The World Outside—the Economy, Healthcare, Politics, and Commercialism—and Its Impact on the



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'Holding Environment.'" Title speaks for itself. This was the compelling subject of the Study Group's pre-conference day presentation in 2009. Many felt we should continue to embellish this theme in 2011.

Study Group members are asked to consider these ideas and elaborate upon them, or suggest other topics of interest. Please email your thoughts on this matter to eruderman@adelphia.net.

The Study Group's Book: Dr. Carol Tosone is in the process of writing a proposal to be submitted to Springer Publishers. The book will be co-edited by Dr. Ellen Ruderman and Dr. Carol Tosone. The very tentative titles under consideration include "The World Outside: Its Impact on the 'Holding Environment,'" "The World Outside: Issues Affecting the Treatment Situation (The Economy, Healthcare, Politics, Education)" (i.e., evidence-based practice and its impact on the future of psychoanalytic psychotherapy training and practice), and "The World Outside: Issues Affecting the Clinician." To all Study Group Members who have contributed to the book, there is still time to modify your titles, rework or, if you choose, update your chapters. To date, the

book offers the following:

1. Introduction and overview chapter, Ellen G. Ruderman, PhD, Chair: "The World Outside: The Impact of War, the Economy, Healthcare, and Education on the Treatment Situation; Clinical Perspectives"
2. Jeffrey Applegate, PhD: "The Erosion of the Sociopolitical Holding Environment and the Collapse of the Potential Space for Creative Repair"
3. Carole Bender, JD, LCSW: "What Happens to Confidentiality When the Government Enters the Treatment Room via the Patriot Act, Hipaa, and Managed Care"
4. Rosalyn Benitez-Bloch, DSW: "Integrating the Internal and External Worlds of Clinical Social Work: A Philosophical and Political Search"
5. Barbara Berger, PhD: "The Politics of Fear and Political Correctness: Its Impact on Social Work Education"
6. Judith Nelson, PhD: "Grief and Loss in an Age of Global Trauma: Protest and Despair versus Attachment and Reorganization"
7. Jennifer Tolleson, PhD: "On Being at the Margins: The Loss of Dissidence in Psychoanalysis"
8. Carol Tosone, PhD: "Attachment, Collective Trauma, and the Clinician"
9. Billie Lee Violette, PhD: "Psychoanalysis and War: On the Way to a New Paradigm"

Please feel free to address any inquiries about the above report or future Study Group activities to Ellen G. Ruderman, PhD, AAPCSW National Study Group chair, at eruderman@adelphia.net or 818.784.7090. ■

References

Ruderman, E. 2002. "Future Directions in Psychoanalysis: A Return to Early Social Work Concepts—Integration and Applications to Clinical Practice." Conference paper.

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Simpson, chair of the Diversity-Otherness Committee, joined us on the call as an invited guest. She informed us about her committee as well as the Social Responsibility/Social Justice Committee chaired by Jennifer Tolleson. Golnar proposed and encouraged the local areas to support the committee's mission by planning local programs and conferences on related topics and issues. Golnar and Jennifer will be available to work with the area chairs to discuss local programming and will assist in generating topics and speakers. This is a wonderful opportunity for committees and area chairs to work collaboratively to promote our educational activities.

Last, but not least, is the update on the Public Relations and Fundraising Committee. In my last column, I noted that a good fundraising program is not only about raising money but also about building relationships. There are many benefits that can be gained from a good fundraising plan. However, if there isn't support within the organization to raise funds, then efforts in this direction will be fruitless. In order to garner the level of support for this endeavor, I conducted an informal survey. It was rewarding to learn from the survey results that there is support from our membership to contribute at different financial levels to support expanding educational efforts as well as legislative activity. As the work of this committee moves forward you will learn more in future newsletters about the fundraising efforts. ■

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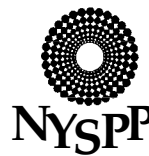
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