

Newsletter
Fall 2007

Formerly NMCOP—
National Membership
Committee on
Psychoanalysis in
Clinical Social Work

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From the *President* Marsha Wineburgh, DSW

By the time you are reading this message, fall will be well underway and Samoan Barish (CA) will be our new president. Having worked with her closely for two years, I have no doubts about her competence, integrity or commitment to continuing our efforts to promote and sustain the psychoanalytic perspective in clinical practice.

In my final president's report, I'd like to briefly review our progress over the past two years. In upstate New York, where I was raised, there is an expression which seems to capture the issue of sturdy reality testing: "Talk is cheap; it takes money to buy liquor." Or, to paraphrase former New York City Mayor Ed Koch (D), "How are we doing?"

In the fall of 2005, our board adopted three main objectives: to make our 2007 national conference a successful educational and social event, to expand membership, and to increase our visibility as a national clinical social work organization.

The Conference

As I said in my last listserv report, our March 2007 conference, "The Examined Life," was a lollapalooza. Barbara Berger (IL) and her Chicago committee are to be congratulated for an excellent program, one which required hours of work, thousands of details, many brunches, and no pay. The plenary speakers were articulate and knowledgeable, the intellectual level of the papers and workshops was exciting and relevant, the atmosphere was energetic and warm, and the hotel provided exceptional service (and was very clean). A subcommittee of the Study Group, chaired by David Phillips (NY), organized an edifying preconference program on supervision which was well attended and entertaining.

The break-even point for conference expenses this time was in excess of \$100,000 and we made it, with a little to spare for our next effort. If you missed Chicago in March, the next one is in New York-Manhattan in February 2009, with our talented Penny Rosen (NY) in charge and President-elect Cathy Siebold (NJ) as program chair.

Membership

Membership has been basically stagnant for the past few years as aging out and retirement from the field have taken their toll. Then we found John Chiaramonte (NY/NJ)! As of July 2007, there is a 27 percent increase in new members under his persistent, energetic leadership. Thank you, John. Membership cards and certificates are at the printer's; discount subscriptions for books and journals are available (see pages 4 and 16); and credit card

Psychoanalysis— Clinical Social Work Style

Editor's Word

The new academic year is here and the winds of change are blowing at gale force through AAPCSW this fall. We welcome Samoan Barish as our new president and look forward to what her vast experience will bring us. We thank Marsha Wineburgh for her hard work and vision over the past two years. Waiting in the wings as president-elect, Cathy Siebold brings with her a thoughtfulness and personal integrity, energy and vision that we have called on and depended on often over the years.

Congratulations to Barbara Berger and everyone who contributed to making the Chicago conference a success! We were delighted to learn that the conference was not only a great learning experience, a great opportunity to meet and get to know our colleagues, and great fun, it was also financially successful, giving us seed money for the next conference.

Speaking of the next conference—it is to be in New York, February 26–March 1, 2009 at the New York Marriott Financial Center Hotel and is entitled “Meaning, Memory, and Myth in a Time of Turmoil.” The conference chair, Penny Rosen, already has her committees hard at work planning the event. Call for papers will be out soon. Readers and other volunteers will be needed. Anyone interested, please contact Penny Rosen.

We are sad to say goodbye to two longtime board members. After ten years as our treasurer, Terrie Baker has resigned. When Bill Meyer resigned as treasurer in 1997, we were sure that he could not be replaced. But we quickly found that Terrie brought with her the financial and computer skills that enabled the organization to move to a new level, with assurance that sound accounting practices were still being followed. Amazingly, Terrie seemed to always have right at her fingertips whatever numbers one needed and has always been willing to give her time. Thanks to Terrie for her dedication and energy given so generously to the organization! Similarly, when Laurie Curtis first introduced us to Anne Gearity as our new membership chair, we were skeptical. Yet, while Laurie had led us into the computer era, Anne seamlessly laid the foundation for a viable membership process. She carefully forged and supported our working relationship with Deborah Dale, who soon had our membership database in place and the process for targeting renewals underway. With the organization of the membership chair position in place, in 2005 Anne turned this job over to John Chairamonte, who has followed her lead in developing our membership.

See Editor's Word on page 16



Donna Tarver, MSSW

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Call for Papers announcement will shortly be ready for distribution

American Association for Psychoanalysis in Clinical Social Work

AAPCSW

Current Status of the Accreditation Council for Psychoanalytic Education

By Ronald M. Benson, MD

Introduction from Barbara Berger, PhD

In the February 2006 edition of *Free Associations: The Newsletter of the Michigan Psychoanalytic Institute and Society*, Ronald Benson, MD, chair of the American Psychoanalytic Association's Board of Professional Standards (BOPS), published this article. We are reprinting it here for the benefit of our membership. The ACPEinc is an organization that emerged from the Consortium, composed of four psychoanalytic organizations, including the AAPCSW, formerly known as NMCOP. The Consortium itself is committed to working on parity and other issues concerning the preservation of quality and stability for psychoanalysis in this country. Crayton Rowe, the founder of NMCOP, is treasurer of this new organization. Others of our most admired members who currently serve on the ACPE Board of trustees include our first president, Rosemarie Gaeta, Joe Palombo, and Penny Rosen. Joyce Edward has also served on the ACPE Board.

The AAPCSW, the American Psychoanalytic Association, the American Psychological Association Division 39, and the American Academy of Psychoanalysis have all supported the creation and continuity of the ACPEinc. This represents the first, and arguably most significant, joint achievement of these organizations. Recognition of the power we have to support psychoanalytic training standards when there is a genuine working alliance is paramount. In this spirit, we are grateful to Ronald Benson for his creativity and effort to focus the attention of the American Psychoanalytic Association on the ACPEinc, its history, and the need to use it effectively.

Barbara Berger, PhD

Consortium/ACPE Liaison, Former president of AAPCSW

In January, 2005, I was elected to the board of trustees of the Accreditation Council for Psychoanalytic Education (ACPEinc). When some of our members learned of my ap-

pointment, the most frequent comment was, "What's the ACPE?" I thought it might be useful to describe the organization.

The Accreditation Council for Psychoanalytic Education was incorporated in 2001. It was spun off from the Consortium, an organization composed of four major U.S. psychoanalytic membership organizations: The American Academy of Psychoanalysis and Dynamic Psychotherapy, The American Psychoanalytic Association, Division 39 (Psychoanalysis) of the American Psychological Association, and the National Membership Committee on Psychoanalysis in Clinical Social Work. Together, these organizations represent the majority of psychoanalysts in the United States. The original incorporators were Ann-Louise S. Silver, MD, FAPA (Academy); Richard P. Fox, MD (APsaA); Nathan Stockhamer, PhD, ABPP (Division 39); and Crayton E. Rowe, MSW, BCD-P (NMCOP).

As early as 1994, the intention to develop an accrediting board for psychoanalytic training programs was agreed upon by the Consortium organizations. The process of developing a set of standards that were acceptable to all parties took several years. Extensive discussions at Consortium meetings and frequent checking with the parent organizations resulted in a compromise set of standards that allowed for some variability in requirements for any particular training program, provided that such standards amplify and are not in conflict with the core standards of ACPEinc. These carefully negotiated standards were adopted by ACPEinc when it was spun off as an independent corporation.

The initial board of trustees of the ACPEinc consisted of the four incorporators, one representative of each of the four Consortium organizations. They, in turn, elected a board of fourteen. There were three nominees from each of the four organizations and two public members. Future members of the board of trustees will be elected by the board itself.

The officers of ACPEinc are Nathan Stockhamer, PhD, president; Sheila Hafter Gray, MD, secretary; Crayton Rowe, MSW, treasurer; and Joseph Palombo, MA, LCSW, financial secretary. The Executive Committee of ACPEinc was created and voted in during the last annual meeting in Chicago, March 11, 2007. Its members are the

See ACPEinc on page 4

This article first appeared in Free Associations: Newsletter of the Michigan Psychoanalytic Institute and Society V, 36:1, February 2006. It has been slightly revised.

officers plus myself, one of the trustees.

By-laws for the new organization were adopted in 2003. A detailed business plan was also adopted. This was a precondition for financial support of the fledgling accreditation board by Consortium organizations. It is anticipated that the ACPEinc will eventually be self-supporting from the fees paid by training programs that seek its accreditation. The first several accreditation applicants will not be required to pay a fee in order to establish the reputation of the new accreditation credential.

The ACPEinc sees its mission as twofold. It aims to protect the public by evaluating and accrediting psychoanalytic training programs in the United States and to promote excellence in psychoanalytic education. By this dual mission, it hopes to ensure that practitioners of psychoanalysis are educated to appropriate standards by the institutes in which they are trained. The ACPEinc, therefore, mandates that psychoanalytic training programs require their students to participate in the three components that are nationally and internationally recognized as essential to psychoanalytic education: a comprehensive course of didactic study; a personal psychoanalysis of a frequency, intensity, and duration adequate to provide a deep psychoanalytic experience; and substantial experience treating patients with the supervision and support of senior faculty.

To date, the ACPEinc has developed an application procedure and a self-study protocol, and is close to developing a site visit protocol. It has received several applica-

tions from institutes and has so far accredited one.

The ACPEinc standards are similar to those of the APsaA, but differ in important ways. The principle differences are in the number and duration of supervised cases and the minimum frequency for training analyses and supervised analyses. The relationship between the accreditation by the board on professional standards (BOPS) of the APsaA and the accreditation by ACPEinc remains to be considered. Perhaps, the accreditation by BOPS might serve as data for accreditation by ACPEinc. The accrediting process by BOPS is much more a consultative and ongoing matter that is the usual relationship between the organization to be accredited and its accrediting agency. How this might dovetail with the ACPEinc process will need to be negotiated.

It is hoped that accreditation by ACPEinc will become widely accepted and create a national core standard for all psychoanalytic training in the United States. However, licensure

laws in New York state and other places already seem to accept a much lower standard both for prerequisite training before psychoanalytic training and for the training itself than these ACPEinc requirements. This is a matter of concern for all the Consortium organizations and all who advocate for high standards of psychoanalytic training. These apparent trends place the ACPEinc in a challenging uphill battle as a champion of high quality training standards for psychoanalytic training.

Further information about the ACPEinc can be obtained at its website, www.ACPEinc.org. ■

The ACPEinc sees its mission as twofold. It aims to protect the public by evaluating and accrediting psychoanalytic training programs in the United States and to promote excellence in psychoanalytic education.

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Area Representatives' Corner

California (Northern)

Area Representative: Velia Frost, MSW

It is not insignificant that our group presentations have been focusing on the impact of culture and war on our work. The current political climate and the suffering of veterans and their families pose unique challenges to practitioners. How do we differentiate pathology from normal reactions to social pressures? How do we excavate family secrets that are fueled by the unspeakable agonies of war that contribute to lifelong depression? These are some of the issues we have explored and will continue to explore this fall. Our group meets on Saturday mornings several times a year at the home of Velia Frost. The atmosphere is informal and we often have intimate moving and informative discussions.

Judy Schiller's presentation on March 31, "Psychoanalysis in Context: How American Culture Co-opted and Impacted Psychoanalysis," vividly described the competition for "the American soul by religion and science, while the Puritan ethic and homegrown spiritual movements pushed the agenda for economic success." Freud came to America with trepidation that his theory would be degenerated by American practicality and this presentation showed how in fact it was. Film clips from the documentary *Century of the Self*, illustrating the exploitation of his ideas by the development of the field of public relations as manifested in the media, was disturbing to all of us. The paper's message stimulated an examination by the group of how the culture influenced us to define pathology with group members sharing personal revelations.

Denny Liebowitz's presentation, "Mourning Averted and The Transgenerational Transmission of Trauma," was profoundly moving. Her ideas are based on her own family story of her uncle who was missing in action in WWII and the absence of any effort on part of the government to address this issue. The death was not discussed until a French Organization contacted the family after forty years with the knowledge that her uncle was part of a group whose plane was shot down in Cannes, an event commemorated yearly by the city. This enabled the family to mourn and Denny to examine how this trauma impacted the psychological life of the family. The power of the presentation motivated the group to take a moment for meditation.

Our meeting November 10, 2007, will address the psychological costs of war and political repression and their significance in the clinical hour. A panel of speakers from Therapists for Peace and Justice will present "The Impact of War and Repression on the Psychotherapy Relationship, Political Activism, and Clinical Work." Using case examples highlighting themes of transference/countertransference, self-disclosure, and balancing authenticity with neutrality, the panel will consider a variety of clinical issues and dilemmas. We will have the opportunity to continue our focus on the clinical dyad in the context of social and political issues, and we anticipate a stimulating discussion.

~ Velia K. Frost, LCSW, and Rita Cahn, LCSW



California (Orange County)

Area Representative: Karen K. Redding, PhD, LCSW

The newest chapter of AAPCSW has continued to grow, offering seminars and networking opportunities to analytically minded clinicians in Orange County. Since our last newsletter, we hosted Ellen Ruderman, PhD, as our featured speaker on May 5, 2007. Ellen presented a thought-provoking and exquisitely sensitive paper entitled "Life Stages and the Blind Curves They Hand You: From Dynamism to Vulnerability." This paper described three dynamic and over-achieving individuals and the traumatic physical and emotional assaults on their being suffered through unexpected illness and surgeries. Two were patients and the third was the analyst herself. Written in an up-close-and-personal manner, the paper highlighted the analyst's countertransference and inner process as it was complicated by her own illness, along side those of her patients. How the analyst negotiated this convergence of events, with equal weight on relationship, authenticity, and self-disclosure, was the focus of this paper. The seminar was held in a lovely courtyard and art studio (adjacent to my psychotherapy office suite) in Laguna Beach and

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was attended by 35 clinicians. Participants' feedback was outstanding, as was their appreciation for the brief guest appearance of Stan Breckenridge, an internationally recognized pianist, who honored Ellen with several selected piano pieces at the end of the seminar.

Our fall seminar will feature a panel of four Orange County clinicians: Karen Redding, PhD, LCSW; Judy Friese, LCSW; Graciela Rodriguez, PsyD, LCSW; and Karen Smirl, MFT, all of whom will present a paper entitled "The Examined Life Through the Eyes of a Weekly Consultation Group." We are honored that Samoan Barish, PhD, the in-coming president of AAPCSW, will serve as our discussant. This event will be held on October 27, 2007, in the same rustic and artistic setting of Laguna Beach. The paper examines the experience of four psychoanalytically informed clinicians within a weekly consultation group: a social worker psychoanalyst who facilitates the group and three clinicians who have been in the group for seven years. The panel hopes to shed light on the conditions for a deeper learning experience where clinicians feel the freedom to make use of each other to learn and grow. We hope that this venue will serve as a meaningful platform for our Orange County activities to continue to grow.

~ Karen K. Redding, PhD, LCSW

California (Southern)

Area Representative: Joan Rankin, PsyD, MSW

AAPCSW-Los Angeles is proud to present our 2007 Fall Reflections Series: "Reflections Upon The Examined Life." It has shaped up to be a wonderfully collaborative series that we are sure you will enjoy.

September 29

Ellen Ruderman, PhD, presented her paper "Life Stages and the Blind Curves they Hand You: From Dynamism to Vulnerability." Discussant: Karen Redding, PhD, our new Orange County Chair. Themes of authenticity, self-disclosure, and countertransference were beautifully interwoven throughout this presentation of the complexities of three dynamic individuals who experience unexpected illness and grapple with the requisite assault on omnipotent defenses, feelings of helplessness, and the forced reliance upon others.

November 10

AAPCSW-Los Angeles will present a panel with the Sanville Institute, featuring a presentation from our national conference, "When Spouses Stray: A Developmental Affair." This panel will be moderated by Samoan Barish, PhD, the new president-elect of AAPCSW and former dean and current faculty of the Sanville Institute. Presenters: Bonnie Bearson, MSW; Muriel Kessler, MSW; Lynn Rosenfield, MSW; and Susan Spiegel, PhD. Members of this consulting group will discuss their experiences of patients who are having affairs, and notice a theme emerge: the affairs of their patients seem to be attempts at fulfilling developmental strivings. This topic will be set in a psychosocial context and will include a review of the psychoanalytic literature, and, with confidentiality in mind, select cases will be presented. Lively discussion is welcomed!

December 1

"Legal and Ethical Issues for the Advanced Clinician." Presenter: Carole Bender, JD, LCSW, current director of the UCLA Department of Social Welfare on Child Welfare. Ms. Bender is past president of SCSCW board of directors



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and current chair of the Ethics Committee. This six-hour course fulfills the BBS requirement for licensure renewal for MFTs and LCSWs. Come enjoy learning about legal and ethical issues in private practice from the expert in our field who makes it fun and easy! This workshop will provide the advanced clinician with an update on laws, regulations, and ethical standards affecting the practice of psychotherapy in California. Look for the place and time of day in the next *Clinical Update!*

Michigan / Ohio

Area Representative: Karen E. Baker, MSW

Since September 2006, the Michigan chapter has offered several programs in our Sunday Salon Series. These programs feature esteemed colleagues in the Ann Arbor and metro Detroit area and provide the group with interesting and intellectual stimulation on a variety of topics.

At the meeting and brunch that took place on October 22, 2006, Morton Chethik presented a paper titled "The Play Relationship and the Therapeutic Alliance." The fo-

cus of the paper was on the development of play in therapy. Mr. Chethik discussed the early development of play that begins in the early relationship between the infant and mother. He emphasized the function of play and noted that generative empathy, affect regulation, and dependability are some of the elements of play within the mother/child relationship and the therapeutic relationship. He discussed the emergence of creativity of play in the therapeutic alliance using clinical material from three cases: a toddler, a six-and-a-half-year-old boy, and an adult client.

In November 2006, Anne Segall presented the paper "Social Work Education and Clinical Learning," which she co-authored with Golnar Simpson and Jay Williams and developed in conjunction with the Clinical Social Work Association. Ms. Segall gave those in attendance the history of this paper from its genesis to the final paper that has since been published in *Clinical Social Work Journal* (spring 2007).

The paper offers an extensive perspective on the state of graduate clinical social work curricula. In the paper, the authors define clinical social work, a controversial definition within academia; in their definition they state that clinical social work is a specialty practice within the field of social work. Social work core orientation and values of the person-in-situation and relationship are also addressed in the paper. The second part of the paper concerns itself with contemporary biopsychosocial knowledge and clinical skills. This is an important paper, as it addresses the education of future social workers and was written with the intent and hope of generating dialogue about this issue. In keeping with this intent and spirit, Eda Goldstein, a member of the AAPCSW, and Bruce Thyer, who is a proponent of evidence-based practice, have responded to the paper. These two thought-provoking rebuttal papers have also been published in *CSWJ*, as well as a response by the three esteemed authors of the original.


Once the holidays were over, the Sunday Salon Series reconvened on January 8, 2007. Daniela Wittman gave a PowerPoint presentation titled "Grief and Schizophrenia," based on her current research and her clinical thinking in working with patients diagnosed with schizophrenia. Ms. Wittman presented the ongoing research project being conducted at Wayne State University in the Services for the Treatment of Early Psychosis (STEP) program. She noted that there is a shift toward early intervention in the treatment of individuals with schizophrenia and that pro-

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Freud's Free Clinics: Psychoanalysis and Social Justice, 1918–1938

By Elizabeth Ann Danto

New York: Columbia University Press, 2005; 348 pages

Reviewed by Golnar A. Simpson, PhD

In these early years of the twenty-first century when problems of healthcare delivery especially in the area of mental health continue to present enormous challenges, reading about the history of free clinics in Europe in the early part of the last century is both informative and energizing. In this finely researched book, Elizabeth Danto, with the knowing voice of a skilled storyteller, tells the story of a twenty-year period in the psychoanalytic history that we do not hear much about. In reading this book, as the story unfolded, not only did I find myself totally absorbed in its richly detailed narrative but, particularly as a social worker, I also wondered about the similarities with social work's own early history, the impact of psychoanalysis on social work profession, and the implications of this history for today's education and practice. The book is divided into three broad sections, presenting twenty-two chapters with titles that provide the reader with a meaningful outline and a clear sense of the important themes of the story.

Section 1 1918–1922: Society Awakes

The book opens with a bang! On the first page of the introductory chapter, there is a picture of a “voucher” for two hundred Austrian shillings, signed by Freud. The author explains that in the Vienna of the 1920s and 1930s, doctors who were busy would give vouchers to current or prospective patients who would use them at a later date to pay other doctors. This system was very popular among psychoanalysts and allowed private practitioners the choice of endorsing a voucher “to a clinic as a pledge to redeem (in cash or in time) the treatment hours they would ordinarily

donate in person” (1). In this introductory chapter as well as in the first section of the book, the author then turns to the discussion of the confluence of diverse forces that provided the right context for the development and growth of the free-clinic movement. The political conflicts and socioeconomic hardships associated with World War I, the yearning for social justice, absence of prejudice and civil liberties embedded in the modernism philosophical principles and the “1919 achievement of universal suffrage by the Austrian women” (6), were all among the important contributing factors.

In this regard, Freud's 1918 address to the Fifth International Psychoanalytic Congress in Budapest played a pivotal role in harnessing the energy and enthusiasm of his colleagues rooted in social-democratic ideals. As the author suggests, Freud had prepared this speech with much care, and, uncharacteristically, he read his comments, stating that he did not wish to leave wrong impressions. In the celebratory atmosphere of the Congress with his daughter Anna and his son Ernest present, he basically gave a “State of Psychoanalysis” speech which “con-

centrated specifically on the future, not the war or individual conflict” (17). “He invoked a series of modernist beliefs in achievable progress, secular society, and social responsibility of psychoanalysis. And he argued for the central role of the government, the need to reduce inequality through universal access to service, the influence of environment on individual behavior, and dissatisfaction with the status quo” (17). Emphasizing the poor's right to assistance for their minds; the danger of psychoanalysis ending up serving only people of privilege; and the fact that suffering stemming in part from the socioeconomic positions in society did not have to be so widespread, Freud ended his “Budapest speech with a demand for free mental health treatment for all” (18).

Freud's implicit “call to action” was taken up with such energy and willingness that in a relatively short

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Books & Films

The *Newsletter* welcomes reviews of books and films relevant to membership concerns, and members who author books and/or chapters are encouraged to contact Diana Siskind, book review editor, upon publication.

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Diana Siskind, MSW ■ Book Review Editor

What Do Mothers Want? Developmental Perspectives, Clinical Challenges

Edited by Sheila Feig Brown

Mahwah, N.J.: Analytic Press, 2005; 304 pages

Reviewed by Naomi J. Schlesinger, LCSW, BCD

As I read this book, various patients came to mind: a pregnant woman who fears she will not be a “good enough” mother; a couple longing to become parents, dealing with the pain of infertility; a woman anxiously and joyfully anticipating the birth of her first grandchild; a woman past the age of being able to become pregnant, mourning the loss of her hopes for motherhood; a young mother whose child needs psychotherapeutic treatment, struggling with her feelings of failure as a parent. Such is the scope of this book that its words led me to associate not only to my clinical work but also to my role as mother and grandmother and to the universality of the maternal ego ideal.

The book brought to mind another with a rich exploration of the maternal ego ideal: *The Inner World of the Mother*, edited by Dale Mendell and Patsy Turrini. *What Do Mothers Want?* consists of a collection of fourteen papers, each forming a chapter that presents thinking about what is in a woman’s heart and mind when she becomes a mother. The contributing authors were each requested to respond to the question posed by the book’s title and to think about what mothers need from their parenting partners, extended family, friends, colleagues, communities, and government-sponsored programs. A broad spectrum of topics are addressed, including the physical and psychological aspects of pregnancy; infertility; the role of fathers; gay and lesbian parents; the relationship between a child’s therapist and the mother; the mother/daughter relationship dealing with an eating disorder; transitioning to parenthood; and grandmothers. The book’s editor, Sheila Feig Brown, wrote an informative introduction in which she summarized the history of the book’s conception and provided an overview of the contents of each of the papers. The book was born from the collective work and collaboration of a group of women, meeting as psychoanalysts and mothers to study aspects of mothering. Many of the papers were originally presented at a conference sponsored by the William Alanson White Society.

The opening paper of the book’s first and longest section, *What Mothers Want and Need*, is “The Psychic Landscape of Mothers” by Daniel Stern, in which he describes

“the motherhood constellation” as composed of the same processes as those involved in falling in love. Stern states that “most mothers either fall in love with their babies, or want to, or wish they could, or regret that they have not.” Mothers think their babies are extraordinary, get lost in mutual gazes with their babies, long for physical closeness with them, and create a unique world with them. Stern avers that the mother’s ability to fall in love with her baby is the cardinal issue in her psychic landscape during this time in her life, and that a mother’s relationship with her own mother when she was a little girl is the principal determinant of how she will now act with regard to attachment to her baby.

In an excellent, thought-provoking paper, “What Mothers and Babies Need: The Maternal Third and Its Presence in Clinical Work,” Jessica Benjamin, writing from an intersubjective framework (as do many of the writers in this book), describes how a process of mutual understanding of needs enfolds between mother and baby. Benjamin stresses that as the infant grows, the mother must represent the principle of separation by having her own personal relation to a person other than the baby. By the mother’s desiring an “other” (“the third”), she demonstrates her ability to accept having her own aims separate from those of her child. The concept of “the third” is also exemplified by “the understanding of necessity” so that an exhausted mother’s conflict between her desperate need for sleep and the infant’s need to be fed can be resolved as a surrender to reality rather than being experienced as submission to a tyrannical demand. The mother is able to feel “I am doing what must be done” rather than “I am being done to.” The mother’s ability to maintain both attunement and awareness that infant distress is natural and transitory enables her to bear and soothe her child’s discomfort without “dissolving into anxious oneness with it.”

Sara Ruddick, in a moving paper entitled “What Do Mothers and Grandmothers Know and Want?” begins with what mothers want and need (to protect their children, to foster their capacity for joy, to teach them to behave in socially acceptable ways, to help them to do well in school, to teach them the value of friendship) and later writes of her longing for a peaceful world so that all grandparents might know that their beloved grandchildren are safe and protected. She speaks of the doubly layered delight grandmothers derive from seeing their children now enjoy their own children. She writes compassionately of

See *Mothers* on page 12

time after the speech, Poliklinik, the first psychoanalytic treatment center, opened its door as a free clinic in February 1920 in Berlin. Two years later, after much “strained negotiations with Vienna’s entrenched medical patricians” (90), the Psychoanalytic Ambulatorium in Vienna opened its doors on May 22, 1922. Subsequently, “[f]rom 1920 until 1938, in ten cities and seven countries, the activist generation of psychoanalysts built free treatment centers” (3). Private financial contributions from a variety of sources played a pivotal role in the establishment and maintenance of the free clinics, and as described in the book, the struggles encountered by the clinics’ founders and administrators were at times quite overwhelming. As to the people involved in this grand adventure, the author supplies an impressive list, and states: “Erik Erikson, Erich Fromm, Karen Horney, Bruno Bettelheim, Alfred Adler, Melanie Klein, Anna Freud, Franz Alexander, Annie Reich, Wilhelm Reich, Edith Jacobson, Otto Fenichel, Helen Deutsch, Alice Balint, Frieda Fromm-Reichmann, Herman Nunberg, Rudolph Loewenstein, and Martin Grotjahn—these were just some of the free clinic analysts who later fanned across the Western world, some carrying the torch of pro-

gressivism and others burying it” (4).

In the last three chapters of this section of the book, chronicling the joys and difficulties of establishing the Poliklinik and the Ambulatorium, the author’s detailed, lively, and powerful narrative covering the early pioneering years brings to life the efforts of a group of psychoanalytic luminaries and other interested individuals who, in spite of enormous challenges, had the courage of their social, political, and professional convictions and strived to make the world a better place. “They were ‘radical functionalist’ intellectuals, who parlayed their inventiveness into an ongoing dialogue on nontraditional approaches to clinical practice” (Danto 1999, p. 271). It is interesting that in a similar fashion, the “pragmatism” philosophy of the late nineteenth and early twentieth century in America was also influential in the work of Jane Adams, the Settlement Movement, and the establishment of the Hull House in Chicago (Knight 2005), as well as in Mary Richmond’s work with the Charity Organizations, her role in the development of the case work method, and the professionalization of social work (1917).

Section 2

1923–1932: The Most Gratifying Years

I found this section of the book “most gratifying” as well, even though it took more than one reading to absorb the author’s panoramic depiction of all the exciting goings-on about the growth and development of the free clinics. In regards to psychoanalytic training, themes that emerge from the pages of this section have continuous relevance for today’s clinical education and practice. As the author makes clear, along with the establishment of functional administrative policies and procedures for the enhancement of service delivery, a fundamental aspect of the free-clinic movement had to do with the promotion of excellence in psychoanalytic training and practice. As the need for the expanded services developed, so did the efforts towards innovative ways of responding which required further flexibility in following some of the theoretical orthodoxies that had been established.

It was during this period that the place of Training Institutes in psychoanalytic education and practice were secured. For example, in 1925 the Training Institute in Vienna started with a small staff, fifteen students, and a rigorous four-year curriculum modeled after the Berlin Program (160). It is also remarkable that, in spite of the internal politics and rivalry among the different clinics in the promotion of their educational activities and passion-

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ate debates over controversial issues, many important training standards for working with adults, adolescents, and children were established during this period. General practice issues such as guidelines for time-limited analysis, clarification of the impact of fees on the treatment process, and other aspects of “setting the frame” were passionately and vigorously debated. “Eventually all the analysts treated gratis at least one-fifth of their practice, an unspoken custom shared by even the most accomplished doctors in Vienna. In the privacy of their home offices or in the open and often less comfortable rooms at the clinic, analysts were known to volunteer up to a full day of their workweek” (97).

Contrary to popular perception of gender distribution, statistics showed that there were more male applicants for treatment than women (241) and that the applicants presented the whole spectrum of mental health issues. Regarding the length of treatment, “[i]n actuality most analysts, especially Freud, exercised nearly all variations of clinical flexibility. The dispute over what constitutes an appropriate length of treatment reappeared in every clinic and in almost every series of clinical notes” (143). While in Berlin a form of brief therapy called “fractionary” analysis was eventually sanctioned, in Vienna people continued to wrestle with the value of coming up with ways of shortening the treatment (143).

From a social work perspective, a welcomed part of this section of the book deals with the link between social work training and practice in America and what was happening in Europe. The author highlights Mary Jarret’s leadership role in psychiatric social work and her belief that “supplying society with highly educated activists would reinvigorate the waning American commitment to public mental health” (205); the work of Margaret Powers, who studied at Poliklinik; and lecturers at Smith College School for Social Work with connections to the European Institutes. She states that “[t]oday American social work is wont to follow in many ways the Berlin model of urban psychoanalysis, while American psychoanalysis remains generally allied to the more functionalist model of mental hygiene” (207).

Section 3

1933–1938: Termination

In this final section of the book, chapters with titles such as “The Berlin psychoanalytic . . . Polyclinic . . . came to an end,” “These were traumatic times and we talked little about them later,” and “Fate of psychoanalysis depends on

the fate of the world” tell the poignant story of the impact of Nazi policies on the free clinics and their demise. The author’s emotionally strong narrative helps the reader with the possibility of imagining how, at the beginning, the events left the analytic community in that very difficult place between hope and dread: the hope for doing whatever they could to salvage the gains and the dread of the consequences of loss and trauma for many of the analysts at the personal and professional levels. On the other hand, many in the group showed awesome courage and resiliency in preserving the legacies of the free-clinic movement as symbolized by how the daycare center where Anna Freud did her research on early childhood development stayed open until her “very last days in Vienna and was soon reconstructed in London complete with the original baby furniture” (295).

Conclusions

Recent advances in our clinical knowledge affirm that the complexities of human functioning can only be understood from a holistic biopsychosocial perspective. With this fine book, Elizabeth Danton has constructed a valu-

See Free Clinics on page 12

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able space for reflecting on the implications of the issues she has raised regarding human condition and the future of clinical work. I highly recommend her book to those who want to learn more, and I would like to end this review with Freud's beginning statements in his 1918 Budapest speech: "As you know, we have never prided ourselves on the completeness and finality of our knowledge and capacity. We are just as ready now as we ever were earlier to admit to imperfections of our understanding, to learn new things and to alter our methods in any way that can improve them" (159). ■

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Golnar Simpson is the founding and current dean of the Clinical Social Work Institute in Washington, D.C. She is also in private practice of clinical social work in McLean, Virginia.

the troubling conflict between maternal and nonmaternal desires characteristic of women who are mothers. Gently and reluctantly, knowing that "the shadow of the bad mother" may haunt many ordinary mothers struggling to do a good-enough job, Ruddick offers a suggestion for an ideal standard of good mothering. She states that a mother must learn to "hold a child in personhood," conferring dignity, being "unwilling to humiliate, unwilling to cling to righteous rage, to continue assault past its moment of anger, unwilling to make her child's body a site of pain and shame."

Two chapters deal with contemporary thinking about family constellations from the perspective of gender and sexual orientation: "What Is a Mother? Gay and Lesbian Perspectives on Parenting" by Jack Drescher, Deborah Glazer, Lee Crespi, and David Schwartz; and "It's A (p)Parent: New Family Narratives Are Needed" by Adria Schwartz. The former suggests that gay and lesbian parents may face increased demands in reconciling multiple self-representations related to gender, object choice, and motherhood. In a question posed to the psychoanalytic community, the writers wonder if psychoanalysis is up to the task of making sense of the experiences of lesbian mothers and gay fathers. Examples of topics to be dealt with include having to address questions children face about the nature of their birth, possible discrimination faced by these children, and the reawakening of early trauma. "Having one's child face bias or rejection may

See Mothers on page 14

AAPCSW Committee News . . .

Greetings from the New Professionals Committee

We hope you all had a great summer.

The committee wants to remind all new professionals (less than five years post-master's degree) that you are eligible for mentorship. This is an opportunity to receive professional guidance from a seasoned professional concerning career choices that you are contemplating. Mentors are members of the AAPCSW with eight years or more of experience post-licensure.

If you are interested in this service, or are a seasoned professional willing to give of your time and talent to someone relatively new to our profession, please contact Bob Adams at 708-567-4075 or at bobadams@mshv.org. Thanks.

Bob Adams

AAPCSW New Professionals Committee

Announcement of New Officers

The ballots have been received and counted, and the slate has been overwhelmingly approved. We welcome our new officers for the years 2007–2009 and feel very fortunate to have such an accomplished group.

Our new officers are Cathy Siebold, DSW (NY), president-elect; Marsha Wineburgh, MSW, DSW (NY), treasurer; and Karen Baker, MSW (MI), secretary. Congratulations, Cathy, Marsha, and Karen!

Samoan Barish, Chair

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cause the lesbian mother or gay father to reexperience the traumas of their own childhood recognition of same-sex longings and the coming-out experiences they faced in adolescence and young adulthood.” Schwartz’s paper asks clinicians to be sensitive to the dynamics that ensue in lesbian families comprised of biological and nonbiological motherhood. She states, “I have come to question whether there is a fundamental dyadic situation, established through the birthing and nursing relationship, where the nonbiological, nonnursing mom becomes a “third,” gaining importance later in development but holding a different psychic space in the family early on . . . [,] a space determined by position as well as by personality. Is there an intrinsic validity to the co-parent’s feelings of envy and exclusion? What might be the consequences of such feelings for the dyad and for the triad?”

In the final chapter of the book’s first section, “What Does a Mother Want and Need From Her Child’s Therapist?” Daniel Gensler and Robin Shafran address a mother’s needs when seeking treatment for her child. They emphasize that, should a therapist miss, minimize, or ignore maternal needs or reactions, a potentially fruitful thera-

peutic alliance may be lost. They point to the presence of both conscious and unconscious wishes within the mother regarding her child’s therapist, and the importance of the therapist’s acknowledgment of a mother’s likely feelings of shame, guilt, self-blame, and sad resignation. Wisely, they state that a mother wants a therapist who treats her gently and does not directly challenge her competence as a parent.

The book’s second section, *Women’s Bodies: Choices and Dilemmas*, explores the meaning of a woman’s relationship with her physical body and the interrelationship between her physical being and psychic life. Nancy Chodorow’s outstanding paper, “Too Late,” raises compelling questions about choices women make regarding the possibility of motherhood. Stating that motherhood is overdetermined and complex, replete with fantasies and layers of affect and meaning, so that the decision to have or not have children “can be freely chosen or pathologically driven, mired in conflict or relatively conflict free,” she advises therapists working with women to clarify the underlying meaning to their choices. Chodorow cautions that our current cultural climate and the influences of feminism may mask internal conflicts and fears, enabling

women to hide ambivalences and conflicts about motherhood itself by transforming those conflicts into ones between career and motherhood. She also reminds us to have a healthy and realistic respect for the concept of time and to analyze a possible unconscious denial of its passage when working with women, lest the desire for becoming a mother be “too late.”

Accompanied by an extensive review of relevant psychoanalytic literature, Sharon Kofman and Ruth Imber describe in detail the progressive physical and emotional transformations that take place during pregnancy in the chapter “Pregnancy.” They delineate possible conflicts and concerns that may be exacerbated during pregnancy, while also noting that pregnancy provides an enriching contribution to a woman’s psychological development. In their discussion of psychotherapeutic work with

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a pregnant patient, they point to the pivotal role of the pregnant woman's internalized representation of maternal support in determining her confidence in being a "good enough" mother. This is followed by a section dealing with the pregnancy of a therapist and potential issues of transference and countertransference.

In "Facts and Fantasies about Infertility," Allison

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Rosen writes sensitively about the feelings of shame, loss of hope, and depression that accompany infertility. Describing the psychological challenges of infertility, she points to the possible destruction of one's sense of control over one's health and sense of well-being and the loss of one's belief in the fairness of life. Rosen writes of the advances in medical technology to help those who wish to conceive a child with a range of contemporary possibilities such as surrogates, donor eggs, and donor sperm. Like Chodorow, she discusses the reality of biology and the passage of time and encourages therapists to be mindfully aware of this reality in their work with women in their thirties.

The book's final section consists of two chapters. The first, "Listen to My Words: Maternal Life in Colors and Cycles of Time," written by Jane Lazarre, poignantly speaks to her growth and wisdom as the white mother of biracial sons. In response to the book's titled question, she writes, "As long as we take care not to fall into the trap of generalizing about mothers, as if we were all the same in personality, character, temperament, and need, one part of the answer, is really no great mystery: For people to remember, or learn, that we are daughters, too, foolish rather than wise at times, sometimes weak when we would so love to be strong, moved by desire and self-doubt at every age just as when we were girls, unable to fix things at times, and at times—as much as we would love to do so—unable to provide." The final chapter, "To Be Partners and Parents: The Challenge for Couples Who Are Parents," is written by Carolyn Pape Cowan and Philip A. Cowan. They summarize results of their longitudinal studies of married couples beginning with the birth of their first child and conclude that a "central ingredient in achieving the goal (of being a good-enough mother) is the kind of relationships that mothers establish with the fathers of their children."

Space limitations preclude summarizing each of the book's chapters, so I want to conclude by saying that each of the papers stands on its own and most offer extensive references for further reading. They are elucidating from a variety of perspectives and will be enriching to clinicians eager to broaden their thinking about the wonders, struggles, ambivalences, and conflicts surrounding motherhood. ■

Naomi J. Schlesinger is a practicing psychoanalytic psychotherapist in Smithtown, New York. She is a supervisor and faculty member of the New York School for Psychoanalytic Psychotherapy and Psychoanalysis.

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Editor's Word, continued from page 2

At that time, Marsha Wineburgh asked Anne to develop the position of research chair. For, behind the scenes, all the while Anne had also been attending and then graduating from ICSW in Chicago. Even though upon admission to ICSW Anne had vowed never to do research, she received the honor of being accepted to a special research project that consults with Peter Fonagy. Now, Anne's ongoing research project with children in Minneapolis is offering information and reinforcement of the value of psychoanalytically informed practice in treating severely traumatized children. We thank Anne for her dedication and expertise and wish her well in her future endeavors!

The *Newsletter* welcomes readers' letters, articles, and opinions on topics of the day, clinical issues, book reviews, notices or reports of conferences, and news of interest to our membership. We encourage social workers to use the *Newsletter* as a vehicle for converting their writing interest into the writing process.

Thanks to all contributors to this issue: Bob Adams, Karen Baker, Samoan Barish, Barbara Berger, John Chairamonte, Velia Frost, Joan Rankin, Karen Redding, Penny Rosen, Naomi J. Schlesinger, Cathy Siebold, Golnar Simpson, Diana Siskind, and Marsha Wineburgh. ■

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grams around the world are developing a biopsychosocial-integrated model of treatment. The STEP program focuses on early intervention following the first psychotic break. Ms. Wittman went on to present the natural course of schizophrenia, outlining the recurrent themes of the illness, differentiating the positive and negative symptoms of schizophrenia, and underscoring that psychosocial interventions have significant results on negative symptoms, which include affect blunting and anhedonia.

Her research addressed two questions: How do patients move forward in their lives, accept treatment, and not commit suicide? And do people diagnosed with schizophrenia experience more loss because of their illness? Through the course of investigating these questions, Ms Wittman informed the group that the majority of completed suicides in patients with schizophrenia are due to a postpsychotic depression, not from a command hallucination. Through the course of the psychotherapy, she noticed that her patients did not have usable insight, but as the therapy progressed, patients gained some effective insights that were beneficial to them as they worked through the postpsychotic depression and began to move toward the process of mourning and grieving. She presented a clinical case from the research sample to illustrate this process. She concluded by stating the need for continued research and psychotherapy services for people with schizophrenia to further address the process of unresolved grief and to follow how grief develops in schizophrenics.

In addition to the Sunday Salon Series, the Michigan chapter has made attempts to reach out to graduate students in clinical social work and has provided AAPCSW gift memberships to students interested in clinical social work. We are also pleased to report that on April 29, 2007, we sponsored a special meeting highlighting the scholarly work of Michigan-area graduate students in clinical social work. Graduate students from any accredited social work program in the state had been invited to submit papers for inclusion in this symposium. The papers focused on a psychoanalytic theme or issue relevant to clinical social work theory or practice. Anton Babushkin and Jenny Bailey co-authored a paper titled "Comparisons of Two Models of Psychodynamic Treatment: Harry Stack Sullivan-Interpersonal Psychoanalysis and Heinz Kohut-Psychology of the Self." "Misconceptions and Naiveté: My Search for the Truth about Psychodynamic Social Work" was presented by Therese Janoch. The symposium was well received and a lively dialogue followed both presentations. ■

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President, continued from page 1

payment for dues is in the works, along with other membership benefits that a small organization like the AAPCSW can provide.

Our members-only listserve (Joel Kanter [MD], moderator) is very active, offering clinical discussion as well as practical information on practice changes, referrals, and office space. We established a second listserve that offers selected organizational announcements for members who want less e-mail and also serves non-members who are interested in our organization and want AAPCSW national and local educational program information.

Through the creativity and efforts of Joel Kanter, we have a new online journal, entitled *Beyond the Couch*.

Thanks to the long-standing efforts of Ellen Ruderman (CA), former chair of the Southern California Area Committee, and Joan Rankin (CA), the new chair, we have expanded to add a third California group, an area committee in Southern California, Orange County. Karen Redding (CA), is their first area chair. Welcome all!

Our National Presence

Of paramount importance, we have changed our name to the American Association for Psychoanalysis in Clinical Social work. It unmistakably says who we are and where our interests lie.

The board has adopted a position paper on standards for psychoanalytic psychotherapy. This paper, created by Penny Rosen (NY) and her committee, is available for distribution. Contact Penny at rosenpmsw@aol.com.

A second subcommittee of the Study Group, chaired by Eda Goldstein (NY), is working on a textbook for advanced clinical social work students in MSW programs. I believe its intention is to describe the relational theoretical perspective and what it offers clinical social work practice.

During this time, we have developed good working relationships with other major national psychoanalytic organizations. As Consortium members, we were invited to cosponsor a conference in Washington at the Austrian embassy (Freud's 150th Birthday celebration), and, thanks to Judy Kaplan (NY) and Sarah Pillsbury (DC), we are publishing the resulting papers in a joint effort with other Consortium members. We are members of the legislative committee of the American Psychoanalytic Association, and we were invited to submit

an article about the AAPCSW to the APsaA newsletter. Consortium members from Division 39 and the APsaA presented at our Chicago conference and were reportedly impressed by the positive energy and cordiality of the event. Finally, at the APsaA conferences in their areas, Sal Ziz (WA) and Cathy Buirski (CO) both hosted AAPCSW events for clinical social workers and other mental health professionals who attended.

We have been asked by the New Jersey State Certified Psychoanalysts Advisory Committee to introduce ourselves and our position on standards for psychoanalytic training. This is the state certification agency which is determining the standards for training for New Jersey psychoanalysts.

And finally, we added two committees: the Research Committee, chaired initially by Anne Gearity (MN), and the International Membership and Education Committee, chaired by Richard Karpe (NY).



As you can see, presidents can “talk” but it takes many hands to build and maintain an organization. We have an especially talented and committed group on the board of the AAPCSW. I want to thank Terrie Baker (NC), our dedicated and competent treasurer, who is leaving after many years of service; Karen Baker (OH), our attentive and tireless secretary, who has listened to and made sense of dozens of telephone conference calls; and finally Ellanor Toomer Cullens (GA), who has generously served on the board for many years, wearing many hats, including area chair, member-at-large, public relations, and website. Thanks also to Bob Adams (IL), for his work as chair of the New Professionals Committee; Deborah Dale, our administrator; and Gale Meyer, who has been our webmaster for many years. Last but not least is Donna Tarver (TX), who has prepared our intelligent newsletters for many years including this very one. She has made it a vital membership publication for all of us who are not computer-active, and it serves as an archival record of the AAPCSW’s activities and our contributions to the field.

I would like to conclude with three observations about what the AAPCSW offers our membership. First, we are the stewards for psychoanalytic knowledge and education which is unique in its social work perspective. Steeped in the psychoanalytic model, we value personal psychotherapy as an educational experience that enhances a clinician’s understanding of the significance of the therapeutic relationship, the ubiquitous presence of transference, and

the power of anxiety, resistance, and the defense mechanisms. Personal experience with the challenge of changing behavior can only makes us more empathetic with our patients.

Second, as a national organization of clinical social workers, we maintain parity with the other mental health professions which embrace psychoanalysis. This includes psychiatry, psychology as well as those psychoanalysts with no mental health background. Through collaborations with these organizations, we make contributions to joint conferences and protect in the state legislatures across the country the standards for training new psychoanalysts. This is one way to ensure licensing for clinical social workers continues intact and to protect our right to practice the modalities we have been trained for.

Third, in our own house of social work, we maintain a presence on behalf of clinical social work. For the larger social work profession, we are a reminder that clinical social work is far more than direct practice (meeting face to face with a client). It requires a specialized knowledge in

See President on page 20



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News from the New York Freudian Society

The New York Freudian Society awarded the Senior Plumsock Prize for new writing on a psychoanalytic topic to Ellen Sinkman, LCSW, at our annual graduation ceremony on May 18, 2007.

The winning paper is titled "Transitional Space and the Moment of Loss." A certificate representing the award and a check for \$1000 were presented to Ms. Sinkman by Edwin Fancher, chair of the Plumsock Prize Committee.

The Senior Plumsock Prize is open to members of the New York Freudian Society who have graduated more than five years ago but have never published in a juried journal. The Traditional Plumsock Prize is open to any candidate or member who has graduated in the last five years.

The judges for both prizes are six senior members of the New York Freudian Society. In 2007, there was no prize awarded for the Traditional Plumsock Prize. ■

The New York Freudian Society, Inc., is a component society of the International Psychoanalytical Association.

President, continued from page 19

the treatment of mental illness and extensive supervision in applying this knowledge to practice with human beings. We offer the best and most consistent national clinical conferences and, perhaps more important, we have 15 areas of activity across the country, where our members can meet, exchange ideas, publish, present cases, and network at the local level. These activities are enhanced by our online journal and our study group.

I hope you can see, your board has had a productive two years, and there are many reasons to be very pleased with the AAPCSW and its accomplishments. We have strong, experienced leadership who plan to continue this positive momentum. Thank you for the opportunity to serve as your president and represent your interests. It has been a pleasure. ■

AAPCSW Newsletter Winter Issue

Deadline for submissions: January 15, 2008

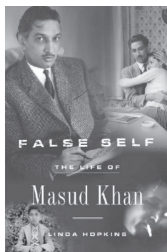
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Replaces Adriana Passini-Karp

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To further the understanding of psychoanalytic theory and practice within the profession of social work and to the public

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